

THE LUCKY 4-H'ERS GAZETTE



Volume 10 Issue 5
September-October 2009

MEMBER RECOGNITION NIGHT October 8th at 7:00 PM

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4-H'ers live out the 4-H pledge because they are driven by their commitment to "Make the Best Better" within themselves and their communities. They do not complete 4-H projects or perform community service out of expectation of reward. However, it is important that we recognize our 4-H'ers for all that they have accomplished.

On October 8th at 7:00 PM at the 4-H office, we will hold the Monmouth County 4-H Recognition Night. 4-H'ers will be recognized for their many achievements (record books, public presentations, community service, etc.). There are standard recognition areas such as project achievement awards, club community service award, leadership award, etc.) In addition, club leaders have the option to recognize their members in areas they deem appropriate for their club (e.g. sportsmanship, hospitality, etc.).

You can support this important event in a number of ways. You can serve on the event planning committee by contacting me at the 4-H office. You can recommend 4-H'ers for recognition. You can promote attendance at the event and assist with publicity prior to and after the event.

Our recognition night corresponds with National 4-H Week; we are proud of what Monmouth County 4-H'ers are doing to better themselves and their communities. Come be part of celebrating our 4-H'ers by sharing in Member Recognition Night!

DEADLINE FOR NEXT NEWSLETTER – October 16, 2009
PUBLICATION November-December

NEW LEADERS:

Katie Benson—Co-Leader for Horsin’ Around



ANIME/MANGA

Eric J. Guiliano
Justin S. Guiliano
Leah Krupnick

Gianna A. Ida
Marisa A. Ida
Holly Kasternakis
Kassy Kasternakis
Tiffany Kasternakis
Mark J. Soliman

**RISING STARS
RHYTHMIC ILLUSIONS**

Anika M. Adragna
Sara Drobish
Sara Sawaged

**BACKSTAGE TO
BROADWAY**

Olivia S. Douglas
Sara M. Douglas
Bridgette Hecht
Maria Elena Martino
Tyler A. Paladino

INDEPENDENT PROJECT

Steven R. Guy—Animal Science/
Photography

M-14

Emma L. McCarthy

HOT ROD CAR CLUB

Joseph J. Annunziata
Andrew D. Garcia
Thomas J. Garcia

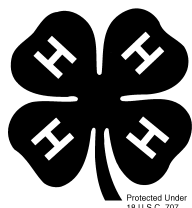
NATURE’S NAVIGATORS

Ella M. Cavanagh



Ellen Williams

Ellen Williams
4-H Agent



Virginia Krzyzanowski
4-H Program Associate

Rita Silvestri and Gladys Tarantino
4-H Secretaries

4-H Mission Statement

The Rutgers Cooperative Extension 4-H Youth Development program uses a learn by doing approach to enable youth to develop the knowledge, attitudes and skills they need to become competent, caring and contributing citizens of the world. The mission is accomplished by using the knowledge and resources of the land grant University system, along with the involvement of caring adults.

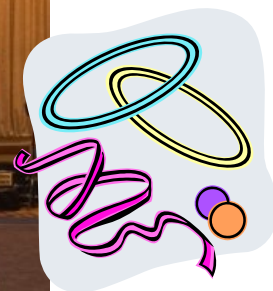
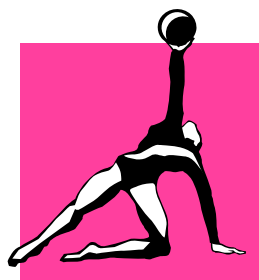
RHYTHMIC ILLUSIONS

By: Lauren Coleman

Our club, Rhythmic Illusions, capped off an exciting year by attending the 2009 USAIGC International Gymnastics Championships in Palm Springs, California! Ten of our club members: Jenna Antonaccio, Angela Antonaccio, Samantha Antonaccio, Jeanine Reeman, Kiera Kulaga, Summer Smagacz, Ivane Lee, Jen-nica Lee, Lauren Coleman, and Aarti Shah competed in California in the rhythmic gymnastics division of the championships. We had the opportunity to meet gymnasts and coaches from around the world, as athletes from the US, Canada, South Africa, Bermuda, and the Cayman Islands were all in attendance. Our ten club members brought home thirty medals from this competition...congratulations, girls!

Many of our club members also spent time sightseeing in the Southern California area, visiting locations such as Hollywood, Las Angeles, Malibu, Newport Beach, and San Diego. Palm Springs itself, located in the desert region of the state, gave us all the opportunity to see the Santa Rosa mountains and ride an aerial tramway to the top of Mount Jacinto State Park, the second-highest mountain in California. At 115 degrees nearly every day, the weather gave us plenty of chances to swim in the hotel pools and make new friends with the other gymnasts. After the competition, we attended a pizza party with the rhythmic team from Canada.

Our club also presented some of our routines at the Monmouth County Fair at the end of July. Besides our ten club members who competed in California, we also were pleased to showcase some of our other members. It was a fun event, and we are looking forward to next year!



14 Carrot Rabbit Club



By: Trisha Smith



The 4-H fair had many rainy days, but it still went off with a hit. With the 14 Carrot Rabbit Club giving a helping hand in the food booth and dunking stool, the 4-H fair was a great experience for all. With that said, the 14 Carrot Rabbit Club is now looking forward to another great year of 4-H. We are looking forward to participating in the State Small Animal show on September 12th, the Burlington Small Animal Show October 11th and the Fall Festival in Allentown, New Jersey.



NATURE'S NAVIGATORS

By: Lorraine Yoncak, Club Leader

We are planning our fall activities and the start of another great 4-H year. We meet the second Friday of the month at the 4-H office at 7 pm for our business and educational meetings, then have our recreational meetings in local county parks. We are looking forward to doing a lake clean up again this fall from canoes and kayaks. In October we are going to do the National 4-H Science experiment called Biofuel Blast and hope to get in a club bike ride with trail clean up. If you like the natural sciences and out-door recreation, give our club a try. E-mail leader Lorraine Yoncak at yrainepaul@aol.com for more information.

ANIMAL SCIENCE

By: Meg Whitehouse, Club Leader

The club had a busy summer. On June 27th, many of us went to Dawn Patrol at Monmouth Park. We toured the jockeys' room, watched the horses get trained at the starting gate, and even met the track mascot, a miniature horse named Cocoa Puff. Some members attended the Stars and Stripes Small Animal Show on July 11.

Animal Science had a terrific time at the Monmouth County Fair, from set up to break down. We worked the popcorn stand, ran the dunking booth, helped in the food booth and served as herdsman in the small animal, herpetology and livestock tents. The club submitted many project entries this year. Congratulations to all on a successful fair.

Heard Around The 4-H Clover (cont.)

HOT ROD 4-H CLUB

By: Ken Vaccaro, Co-leader

New members and their families, some bringing their hot rods, attended our first meeting in July at IDA Automotive. Father Bob and son Rob Ida, both co-leaders in this club, wowed the new members consisting of five girls and four boys with their nationally famed hot rod creations. They showed how they hand made all their custom cars and their new green car 1950 Oldsmobile. They gave everyone a tour of the shop and all the equipment used. Raceway Park in Englishtown has helped out by giving members and their families passes and behind scenes pit passes to old time drags and a Friday night 150 mph racing series which some members attended.

This club is a family (or with guardian) type of club which encourages all to participate. So if you love hot rods, cars, trucks and ATV's contact Ken Vaccaro, co-leader at 732-462-3511. Membership is limited.

THUNDERHOOFS



The members of the club and their parents made the fair fantastic. The members participated in so many areas of the fair including Prep Court, 4-H Ambassador Event, Presentations, Plants, Arts & Crafts, Visual Arts, Recycling, GMGH, Sewing, Small Animals, and lastly, Food Booth, Popcorn Sales and The Dunking Booth. WOW! Many thanks to every grandparent, parent, sibling and relative who helped us out at the fair; we really appreciate it.

We would also like to thank the Monmouth County Park System, the 4-H staff, the 4-H Association, the

Fair Chair Robin Bloom, and all the individual Fair Chairs for their willingness to give so much to the program. It really makes us proud to be a part of this amazing effort.

This is our booth banner that the club members made in June. The club decorated the booth with kites they had made at a meeting. The kites and the butterflies, birds, and flowers are a reminder to enjoy the beauty of nature and to take care of it, too.

We will be studying large and small animals, the environment, and presentations this year as our club starts up again in September. We want to continue our on-going projects of collecting glasses, valentines' cards for the nursing home, and collecting small items for Melissa's Treasure Chest. We are happy to report that we have received a grant from Cumberland Farms for the Treasure Chest Project. The grant will be used to purchase video games for patients to use during time in the hospital waiting room and also for toys, books and puzzles. We will be having a presentation ceremony at Centra State hospital in late October.

Lastly, we would like to wish Melissa Whoeler good luck as she moves into a new part of her life in 4-H. She is leaving us as a member, but staying with us as a co-leader. We look forward to her creativity, patience and determination to make the best better.



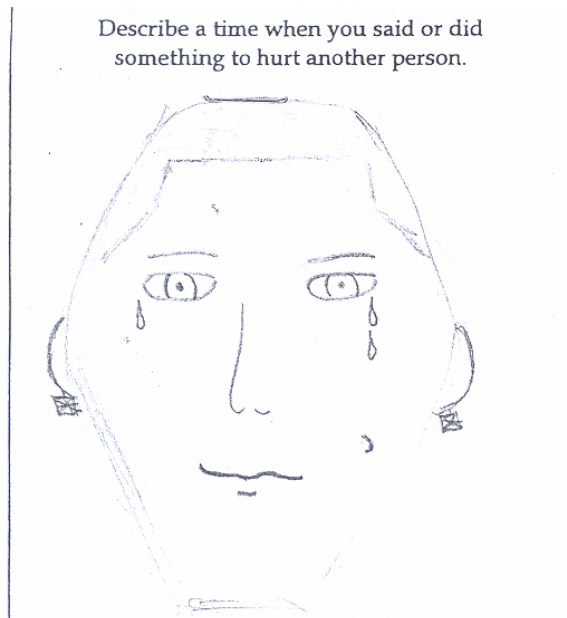
Two drawing by Jillian Milne, Anime/Manga and Animal Science



**YOUTH DETENTION CENTER
4-H SPECIAL INTEREST PROGRAM**

Monmouth County 4-H provides ongoing programs to youth incarcerated at the Monmouth County Youth Detention Center. Programs focus on such areas as workforce preparation, communications, personal development and conflict resolution. During a session on bullying prevention, one youth created the following

Describe a time when you said or did something to hurt another person.



I seen this one teenager joking on this kid on the basketball court. He was making fun of the way the kid shoots the basketball. So (me being the handsome young man I am), I walked over to the kid with his mother. She told him that he wasn't allowed to come outside for a week. And made him apologize to the kid.

ART WORK FROM YOUTH DETENTION CENTER



I LOVE THE 4-H RAGING REPTILES CLUB

By: Gabriella Ferraro-Negri , Raging Reptiles

Hi! I'm Gabriella and my lizard's name is Izzy. I always wanted a lizard for a pet but my mom and dad would not get me one. I researched reptiles and met my friend Miranda's lizards, and decided that a Bearded Dragon was the one for me. I asked Santa Claus because two years ago he brought us cats even though my mom doesn't like them. They don't bother Izzy. I like that I can hold Izzy and pet her. She climbs up to my shoulder and clings to my shirt. I like feeding her meal-worms, but I don't like feeding her crickets. They have such beady eyes!

I am really, really looking forward to my first 4-H fair. I can't wait to see the other reptiles and animals at the fair. I think it's so cool that other people like lizards as much as me. I am so lucky that I get to sleep over one night. I don't think my mom feels lucky about this because she has to sleep over, too. Wait until she sees the list for Santa this year. My little brother is asking for a snake!

A SNAKE INSTEAD OF A CAKE

By: Jeevan Boggavarapu, Raging Reptiles and Nature's Navigators



For birthdays, kids normally get to cut a cake. But, guess what I got for my birthday? A snake instead of a cake!

I got a snake for my eleventh birthday. My mom's friend used to have an iguana that lived in a giant handmade cage. When the iguana died, they were going to throw the cage out. My mom told them that we would take it.

We went to the pet shop to get an iguana. We asked how to take care of it and the guy said that they are very hard to take care of. He told us that snakes are much easier to take care of. Out of all the snakes they had, I chose a Baby King snake. He said it will grow four to five feet and live up to twenty years. For my birthday I got a snake instead of a cake.

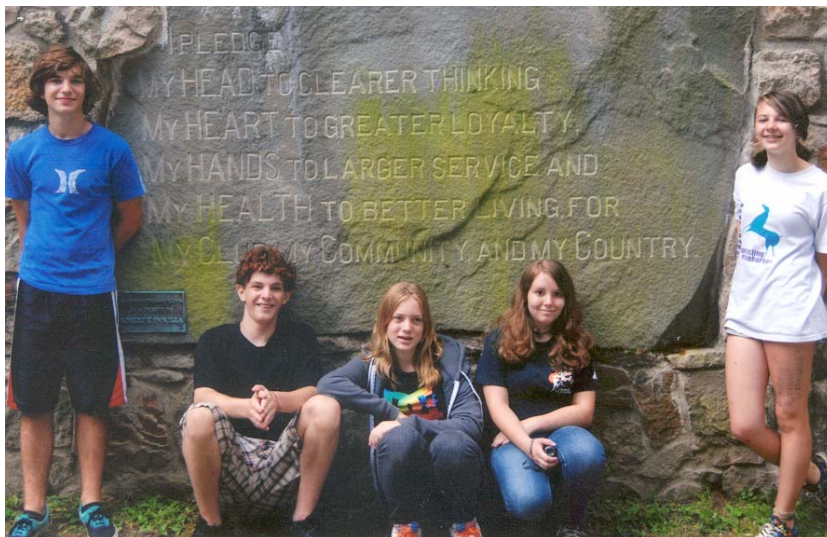
No, I didn't cut the ...

4-H CAMPING EXPERIENCE

By: Molly Kocsik, 14 Carrot Club

Members of the 4-H 14 Carrot Rabbit Club camped with Nature's Navigators at Lindley G. Cook 4-H camp in the beautiful Stokes forest. Paul Yoncak, Tom Schriber, Mikala Kocsik, Kim Wood, and Delaney Gray all enjoyed a week of fun, adventure, and a lot of activities.

They filled their week with boating, swimming, fishing, survival, and outdoor cooking. They even took a hand at archery, air rifles, and muzzle loader shooting. Above all, they managed to fill their heads with memories and are eagerly looking forward to winter camp.



POEMS

By: Cassandra Devine, Backstage to Broadway

MARKERS

By Cassandra Devine

Markers are to draw with.
A paper's best friend.
For if you put the caps on them,
Your markers never end.

THE SUN

By Cassandra Devine

Summer is when the sun is shining on you with a big bright smile and strong light.
And sounding like crackling fire in the sky.

CHRISTMAS

By Cassandra Devine

When I wake up Christmas morning
I see my pretty tree
And under it there are presents
Especially for me.
I'm grinning as I open them.
Short or tall.
I don't have a favorite
I just love them all.

PENCIL SHARPENER

By Cassandra Devine

I think there are a hundred bees inside the pencil sharpener
and they buzz and buzz and buzz until my point is sharp.

ICE

By Cassandra Devine

Ice melts quickly when in the heat.
Very cold.
Just an icicle with a different shape.

CATS

By Cassandra Devine

Cats are soft.
Like a blanket.
Some fast.
Some slow.
Some are lap cats.
Some are naughty.
Some are nice.
I love cats.



THANK YOU

THANK YOU!

As a member of the 4-H Fair committee, please accept my thanks to all the 4-H'ers and their families who helped with the set-up and break-down of the 4-H tent and booth equipment, the dance floor and the food booth. On Saturday, we pulled the large items from the barn and the county parks workers helped us place them under the tents for set-up on Sunday. The Saturday and Sunday set-up went smoothly, thanks to the many helping hands. It is always satisfying to see the fairgrounds come to life as the 4-H'ers, their leaders, volunteers and family members build the 4-H areas.

After a full and busy week, all the stuff under the tents must be taken down, cleaned, packed and put away for next year's fair. As we say every year, the fair is not done until we have packed all the equipment in the storage barn. That means the food booth equipment, the dance floor, the booth doors, the animal pens and cages, the lattice, the dunk tank, the panels, the fans and all the miscellaneous stuff we need to put on the fair. Just like 2008, we had a storm roll through just as the fair closed. Break down was postponed to Monday. Notwithstanding the inconvenience, many 4-H'ers and their families came back to dismantle and pack away their tent areas. Special thanks to the Small animal, Livestock and Horse tent families who cleared up their areas quickly. Many horse/livestock/small animal 4-H leaders were out in full force, cleaning, stacking and tidying up equipment. Particular thanks to Nyna McKittrick, Robin & Troy Bloom who helped stack up the dance floor and the booth tent.

This year's breakdown crew did yeoman's work and still buttoned up the barn by 9:00 PM. Most sincere thanks to the barn and food booth crews which included A.J. Santoriello; Anthony Santoriello; Dave Sagui; Debra, Ray & Delaney Gray; Robin Bloom; Amy & Matt Barker; Stacey & Wayne Smith; Stella Almeida; Rich Yoncak; Charlie Grega; Leigh, Charlie & Chris Whitehouse; Arlene LaMarca; Terri & Melissa Whoeler; and Randy Martin.

Great job done by all! The 4-H'ers, leaders and volunteers truly make the Fair great.

Thanks again,
Meg Whitehouse

Hi Everyone:

Thank you so much for supporting me in the AIDS Walk New York. I had an amazing time. I raised a total of \$375, and my team raised over \$28,000. Over 45,000 people joined me on the 10km walk (through Central Park and around the city) in May. This year the AIDS Walk NY raised over 5.6 million. It was long, but an enjoyable walk, nonetheless. There were many people cheering us on during the walk. It was a fantastic day, and I look forward to next year's walk in the hope that you will join me.

Sincerely,

Simone Khouzam
Allied Health Club & Teen Council

THANK YOU FAIR VOLUNTEERS AND 4-H'ERS

By: Ellen Williams, Monmouth County 4-H Agent

Thank you to all the volunteers who made the 2009 county fair a success. The fair involves a great deal of coordination; it could not occur without many 4-H hands and hearts. There is great generosity of spirit among 4-H'ers and 4-H volunteers at the fair—all join together to make the fair an impressive reality. Thank you to fair manager Robin Bloom for her outstanding coordination of the many fair details involved in such a large special event. Robin is interested in training co-fair managers to assume her leadership role for fair 2010. Thank you to Wayne Smith and Amy Barker for leadership of the fundraiser 4-H food booth. Our clubs provided volunteers to man the food booth throughout the fair. Thank you to Meg Whitehouse for supervision of the set-up and break-down of the fair which entails synchronizing volunteer efforts in our many project areas.

Thank you to the animal tent chairs: Small Animal Tent Chairs-Lorraine Yoncak and Randy Martin; Horse Tent Chairs: Stella Almeida, Denise and Jackie Knapp; Herpetology Tent Chair Lori Landry; Livestock Tent Chair Marie Shoemaker; and Booth Chair Person Nyna McKittrick. Thank you to all those who chaired our project areas and events. Without their dedication and time commitment, the fair would not have offered so many valuable learning opportunities to our 4-H'ers.

Thank you to our 4-H'ers for "Making the Best Better" by sharing their talents so generously through exhibits, shows and demonstrations. It is because of the positive impression our 4-H'ers make to the public that many youth decide to join 4-H and many adults decide to volunteer for 4-H.

"Thank you" is a very inadequate phrase to use when expressing heartfelt appreciation for all who made the fair the outstanding event it was. Your dedication is inspiring and brings pride to Monmouth County 4-H.

To: Teen Council, 4-H Alumni & 4-H Staff

Thank you for making the 4-H Ambassador Contest a ceremony I will always remember. It was so nice to have so many ambassadors on the stage with me. It was especially fun to see the first ambassador of Monmouth County.

I look forward to working on my platform which is to bring 4-H clubs together with local agencies in a conference format. It is my hope that we can coordinate the different clubs' community service projects with the needs of the area.

Many Thanks Again,

Clair McKittrick
2009 4-H Ambassador



RESOURCES

4-H EMBRACES 2009-2010 CAMPAIGN PENNIES FOR THE PLANET

An exciting conservation program for kids across America!

Colorful seabirds on a rocky island off the coast of Maine need your help. So do an ancient swamp in south Carolina and a vast sagebrush habitat in Wyoming. What can you do? Join Pennies for the Planet!

Pennies for the Planet is a nationwide campaign that taps into the amazing power of kids to help critical conservation projects. For the last several years, kids have been collecting pennies (and nickels, dimes, quarters, and dollars, too!) to help save wild places and wildlife in the United States and around the world. Working in classrooms, clubs, Scout troops, other groups, and on their own, kids just like you have turned pennies into an absolute gold mine for projects dedicated to protecting wild spaces and wild species.

Raising thousands of dollars for conservation, kids have proved that by working together, they can make the planet cleaner, greener, and wilder. That means you can, too!



Watch for more information in upcoming newsletters!

FOR PARENTS

Dear Parent or Guardian,

Pennies for the Planet is all about getting kids involved in protecting the environment. It's a chance for them to support three critical conservation projects nationally and also to take action locally. This annual kids' campaign started in 1995. This year, with support from Toyota, Audubon has teamed up with Weekly Reader to get kids involved in conservation around the country and in their own communities.

At Audubon, we recognize that engaging and motivating young people to take a more active role in conservation is critical if we want to protect the diversity of life for the future. For this reason, Pennies for the Planet links environmental education with environmental action. It helps kids learn about ways to protect nature at home and in other parts of the country. And it encourages charitable giving by showing kids how their support actually helps protect the Earth.

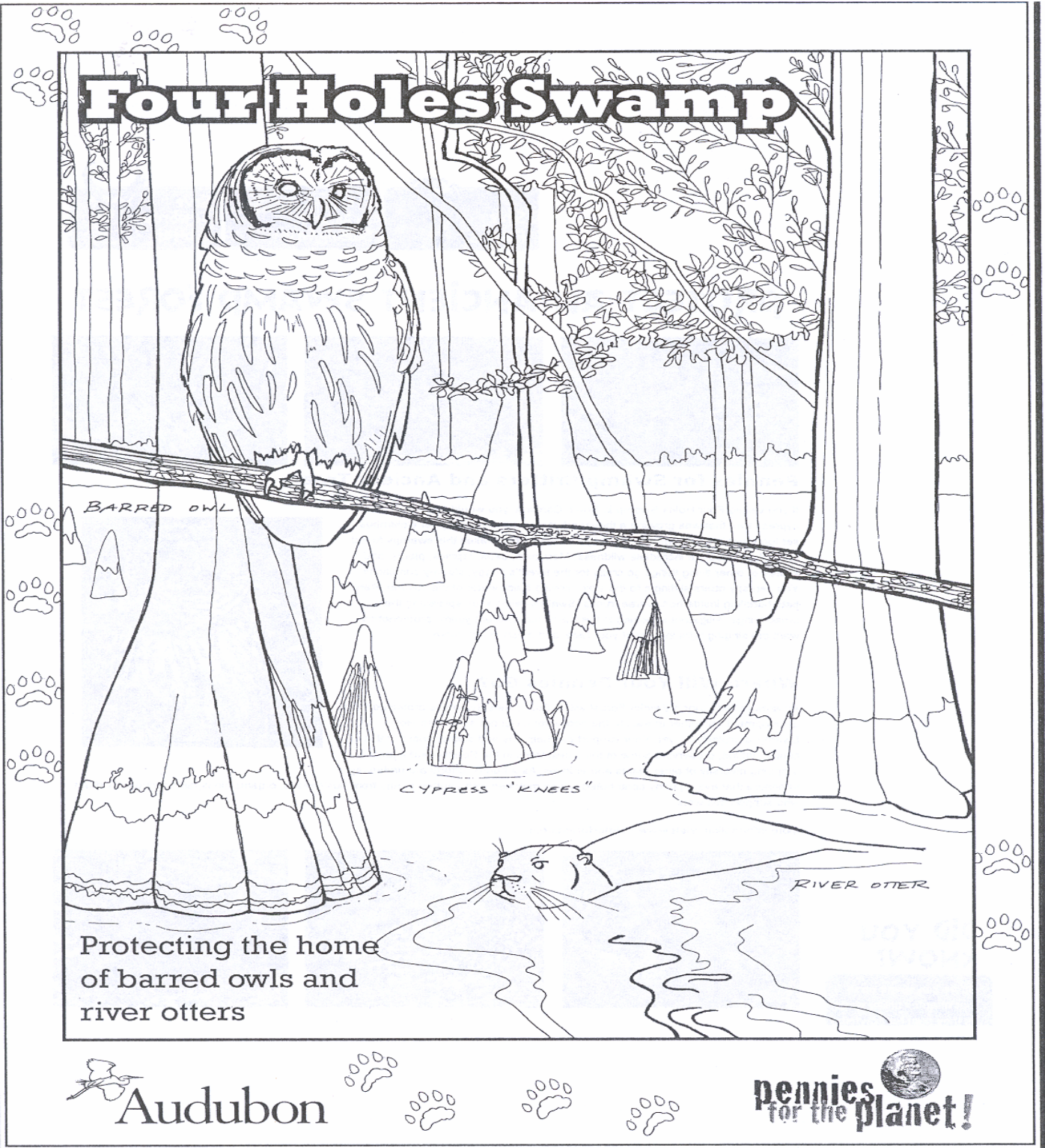
We hope your family can take part in this year's campaign. We know it will make a difference to the projects highlighted and to your own communities. And we hope it will make a difference to you and your kids.

(continued on next two pages...)



RESOURCES (continued)

NAME: _____ CLUB _____

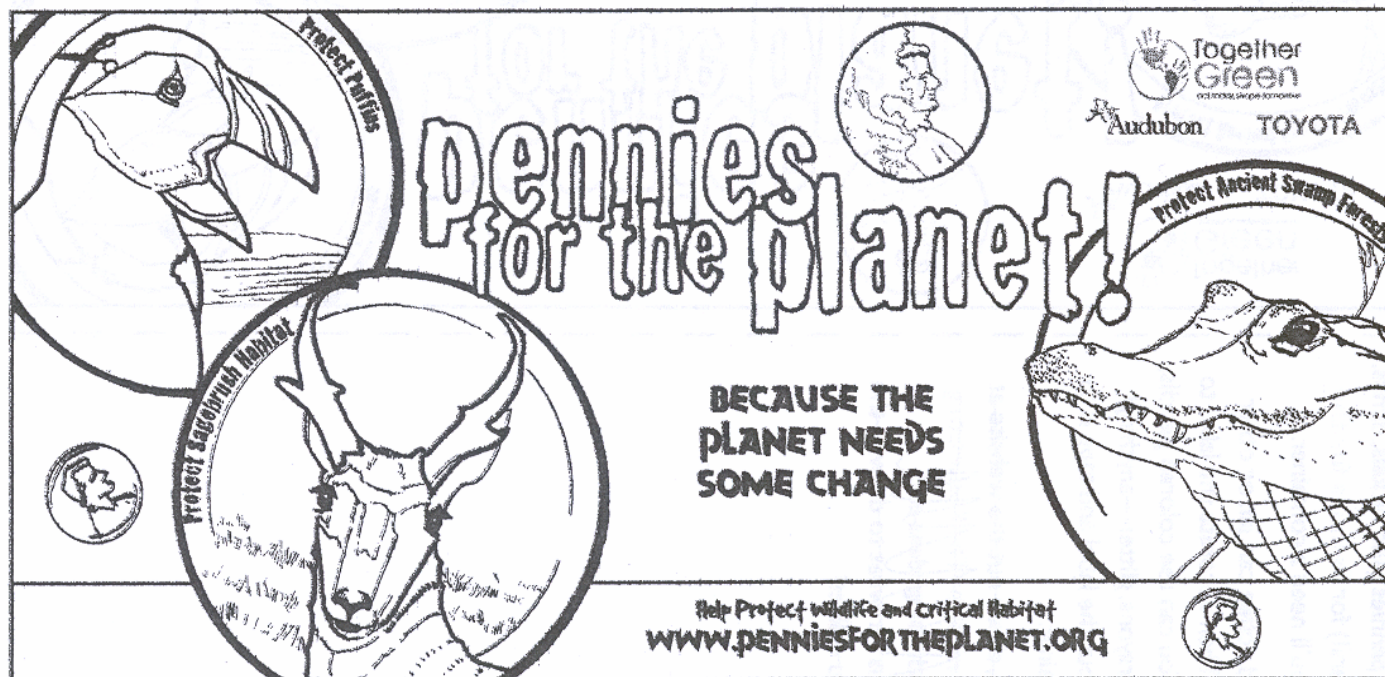


Return your picture to the 4-H office for a prize.



RESOURCES (cont.)

To collect pennies (and nickels, dimes, and quarters!) for Pennies for the Planet, you'll need a container. Find an old coffee can, jar, or other container. Then you can decorate the label below. You can use colored pencils, markers, crayons, glitter—anything! Then cut out the label and tape it to your container.



ASSOCIATION NEWS

By: Robin Bloom

The Association would like to thank everyone for a job well done at the fair. Every club that did popcorn or dunking stool should either have gotten their checks or they are on their way. The clubs did very well this year with dunking stool and popcorn. As some of you may know, the popcorn machine died this fair so we will be looking into possibly replacing it or maybe coming up with some other fundraiser for clubs during fair week.

The Association is having a flea market fundraiser on October 3rd from 9:00 am—3:00 pm at the 4-H office. The event is rain or shine. We will be serving food during the day. Spaces will be \$10.00 each or if a club is interested they will be 2 spaces for \$15.00. Bring your own tables. We may have some tables that we can provide for you. If interested in having a space, please contact myself at 732-840-6791 or you can e-mail me at crrabits@aol.com.

Our next meeting will be on September 24th at 7:00 pm at the 4-H office. All leaders, volunteers, and parents are invited to attend. We will be voting on the by-laws and going over the fair. See everyone soon.

ASSOCIATION NEWS (cont.)

FAIR NEWS

By: Robin Bloom

By now I hope everyone has recovered from the fair. I want to thank everyone for a job well done. I know that without Kelly this year things were a little more chaotic than usual and I want to thank everyone for their patience and understanding. I would especially like to thank all the division chairs for a job well done at running your project areas. Amy and Wayne, you did a great job co-chairing the food booth. I would like to thank the animal chairs for all your hard work and dedication to your specific tents; Lori Landry (Herp), Mrs Almeida (Horse), Denise Knapp (Horse), Jackie Knapp (Horse), Marie Shoemaker (Livestock), Lorraine Yoncak (Small Animal), and Randy Martin (Small Animal). With break down being cancelled Sunday night and being moved to Monday night I would like to thank the 15 or so volunteers who turned out to help. Too bad more people weren't willing to come out and help. Luckily no one was injured during the storm even though our tents were pretty destroyed. We only lost one big fan from the herpetology area since that tent half collapsed.

We will be having a fair recap during the Association meeting on September 24th at 7:00 pm. Everyone is invited to attend. Lastly if anyone is interested in being a 2010 Fair Co-Chair please contact myself or Ellen Williams. I will not be doing it next year and would like to get someone early enough so I can go over everything that is required for the position. Again, thank you to everyone for a great job. Maybe next year all the 4-H clubs will come to the fair and participate since that is our yearly highlight of the program.

ALUMNI NEWS

ALUMNI QUILT RAFFLE RESULTS AND SCHOLARSHIPS

By: Debbie McCandless

The fair was a great success for our raffle this year. Everyone thought the quilt was beautiful which was won by Loretta Cramer of Wall. People also wanted to win the Great Adventure passes, won by Mickey Szok of Howell and the iPod Nano won by Donna DeFranzo of Spring Lake Heights. Thank you to all of the volunteers for setting up the tent and taking a shift by sitting at the booth. It was a good time had by all. The money from the raffle will be used for the scholarships that the Alumni give each year. The deadline for the scholarships is October 15th and the applications can be picked up in the 4-H office. Any 4-H'ers recently graduated from high school and who have been in 4-H at least three years are qualified for the Francis Arbaczawski Memorial Scholarship. Other 4-H Alumni pursuing advanced education at an accredited institution should apply for the Alex and Louise Basista Scholarship

The new Monmouth County 4-H shirts that we debuted at the fair are still available for sale at \$10.00 each; contact the 4-H office or Lorraine Yoncak at 732-462-9703. They are the ones that say, "Some people wish it will happen, some people wait for it to happen, Monmouth County 4-H people Make it Happen". We have both youth and adult sizes.

Our next Alumni meeting is October 27th at the 4-H office at 7:00 pm.

IN THE NEWS

Holstein calf



Ducks on the lake



Flowers and info

AG FIELD DAY AT RUTGERS THE STATE UNIVERSITY April 25, 2009



Anthropology

Archeology



Sale items



Welcome



Kids dig



World's largest egg toss

History tent



4-H Dog Show



4-H friend

STAC table



IN THE NEWS (cont.)

MEET STEVEN GUY, Student Summer Worker in 4-H

My name is Steven Guy and I go to Collier High School where I will be a senior this year. I am interested in photography as well as many other subjects such as science, technology, and anatomy, as well as plants and animals. I am 17 years old and this is my first job I have ever worked. I am excited to be a part of 4-H because it covers everything I am interested in. I am primarily interested in the animal programs that 4-H offers because I love animals and want to help protect and learn about them, as well as teach other people about them.

In my school I am involved in an advanced technology program in which I have helped create several short films and have taken pictures for events such as the fashion show. I have also helped create websites for our school. According to my advanced technology teacher, I have a very good eye for taking pictures and I am very creative. I would love to help out with the animal, livestock, and photography programs that 4-H offers.

When I am an adult I want to be a photographer, a personal trainer, or an animal rights officer. I have a specific interest in all of these areas. A photographer because I have a good eye for photos and I am creative. A personal trainer because I like learning about human anatomy and how the body works. And an animal rights officer because I love animals and want to serve justice to those who mistreat or abuse animals. I will probably go to a community college after I finish high school to take courses for what I am interested in becoming when I get older.

When I am hanging out with my friends I enjoy listening to music, socializing with other people, bike riding, going to the movies, playing sports, or just driving around. I don't have that many friends, but the few I do have are very close to me and respect me greatly for who I am and some, I believe, look up to me. Overall, when I'm with my friends, I like to be outside because I like to enjoy nature which is why I enjoy mountain biking so much. That's basically all I can say about myself, I am excited about being a part of 4-H. I love nature, animals, and photography, and I hope to stay with this job for a long time.

MEET KATIE BENSON New Co-Leader of Horsin Around



IN THE NEWS (cont.)

News Release: July 29, 2009

A new Community of Practice (CoP), Families, Food, and Fitness (FFF): Preventing Obesity launches this month as one of the newest web communities within eXtension. eXtension, www.eXtension.org, is an interactive learning environment delivering the best, most researched knowledge from the smartest land-grant university minds across America. eXtension connects knowledge consumers with knowledge providers - experts who know their subject matter inside out.

The Families, Food, and Fitness section of eXtension at http://www.extension.org/families_food_fitness provides education and skills to help families make informed decisions about healthy eating and physical activity by providing them with evidence (science/research)- based information and interactive learning opportunities through eXtension. This virtual educational environment is targeted to families with young children. The Families, Food, and Fitness (FFF) CoP is organized around three goals: 1) improve diets, 2) increase physical activity, and 3) maintain body weight in a healthy range and avoid excess weight gain.

Interactive content and learning materials support these three goals in addition to focusing on the six key behaviors identified through the literature to be associated with achieving and maintaining a healthy body weight: 1) move more everyday, 2) tame the tube, 3) right size your portions, 4) enjoy more fruits and vegetables, 5) prepare and eat more meals at home, and 6) re-think your drink.

Help for healthy lifestyles includes a recipe section
[http://www.extension.org/pages/Families Food and Fitness Dynamic List of Recipes](http://www.extension.org/pages/Families_Food_and_Fitness_Dynamic_List_of_Recipes)

A picture spice guide for suggested foods with each spice
[http://www.extension.org/pages/Interactive Spice Guide](http://www.extension.org/pages/Interactive_Spice_Guide) and

A “Fast Food Menu,” to size up fast food selections from McDonald’s, Burger King, Subway, Chick-Fil-A, Domino’s, and Taco Bell is provided on an interactive menu at
[http://www.extension.org/pages/Interactive Fast Food Menu](http://www.extension.org/pages/Interactive_Fast_Food_Menu)

Experienced extension personnel and researchers based in the 1862 and 1890 land-grant universities, as well as other universities and education centers contributed to this new eXtension site. Primary care physicians and other health care professionals will be informed of this new resource so they may in turn inform their patients/clients. Educators working with young families will find this resource a significant tool to reinforce educational messages that can improve the health of their families for a lifetime.

IN THE NEWS (cont.)

4-H GOES ON DAWN PATROL

By: Melissa Whoeler , Thunderhoofs and Animal Science

On Saturday, June 27, our Animal Science Club, as well as members from other 4-H clubs visited Monmouth Racetrack in Eatontown for Dawn Patrol. Just as you might expect from the name, we were up very early--it started at 8 A.M. We had 22 4-Hers and their families on the tour. The guide saw our shirts and said that 4-Hers know about horses.

Our guide first took us to the jockey's locker room, and among other things explained about their clothing, the designs of their silks, and how their helmets, boots and saddles are very lightweight.

Then we boarded 2 trams which came from the 1939 World's Fair for a tour of the grounds. We saw several horses being taken care of, bathed and trained. Then the trams stopped so we could pet and feed carrots to a very small horse named Coco Puff. Everyone enjoyed this part because he was really sweet, small, cute and friendly. From here we went on to the Starting Gate where our guide, who was very nice and knowledgeable about horses because she'd been around them all of her life, answered questions and talked about how the young horses are trained. We got to see the racetrack, picnic area, stables, and lots of other things. Finally our trams brought us back to where we started, and there was juice, coffee, and donuts waiting for us.

We did all this in under 2 hours, and it was a really fun and interesting morning. Definitely worth getting up early for.

NEW LEADERSHIP OPPORTUNITY 4-H Club Health Officer

Have you always wanted to be a 4-H club officer but just aren't sure that you are ready to run meetings, take minutes or keep accurate records of club finances? This may be the perfect way to start your career as a club officer.

This year, every 4-H club in New Jersey is being encouraged to have a Club Health Officer who will lead a health, fitness, or safety activity at each regular 4-H club meeting. All of the activities for the year will be distributed at the Health Officers' training that will be conducted this fall in each county by its Food and Fitness Ambassador. Ask your leader about running for this new office so you can promote "HEALTH", the fourth H.

4-H S.E.T. INFORMATION

By: Ian Rios, 4-H SET Ambassador

Kids: Join the K'Nex club for fun and activities

Visit:

[Http://www.knex.com/club](http://www.knex.com/club)

ANNOUNCEMENTS

4-H FOOD & FITNESS AMBASSADORS

Are you in grades 8-13? Are you interested in an exciting new leadership opportunity? Do you like talking to people and sharing information? Are you interested in learning about eating healthy and being active? Then becoming a 4-H Food & Fitness Ambassador may be right for you. What exactly is a Food & Fitness Ambassador? Read on for more details.

Since 2005, county 4-H Food & Fitness Ambassadors have promoted healthy eating and encouraged people to engage in physical activities through displays at county fairs, family fun events and other community gatherings. These things will continue, but the major focus in 2009—10, thanks to a major grant from Wal-Mart will be to encourage each 4-H club in every county to incorporate health, fitness and safety activities into their monthly meetings. All New Jersey 4-H clubs are being encouraged to elect a club health officer to facilitate these activities.

We are looking for two to three teens from each county to serve as 4-H Food and Fitness Ambassadors. Their primary responsibilities will be:

- Attend the free weekend training at Lindley G. Cook 4-H Camp from September 25th through 27th.
- Promote the concept of 4-H club health officers to the clubs in your county.
- Coordinate training for your county's club health officers.
- Attend a follow-up meeting in January or February.
- Take responsibility for the Food & Fitness display at your county fair. This includes set-up and take-down and staffing during prime visitor hours during the fair.
- Recruit other 4-H members to staff the display at fair.

If you are interested in becoming a 4-H Food and Fitness Ambassador, please contact your county 4-H office and ask for a complete position description, application and details about the training session. Please plan to attend the training session from 5pm Friday, September 25 through Sunday, September 27 at 4:00 pm. Applications are due to your county 4-H office by Monday, September, 14.

For more information about the Ambassador program, please go to <http://nj4h.rutgers.edu/getmoving/>.

THE INTERNATIONAL YEAR OF ASTRONOMY

By: Ian Rios, 4-H S.E.T. Ambassador



International Year of Astronomy (IYA) 2009 marks the 400th anniversary of the first astronomical observation through a telescope by Galileo Galilei. It will be a global celebration of astronomy. Astronomy is one of the oldest fundamental sciences. IYA is supported by the United Nations and the International Council of Science (ICSU).

Visit: <http://www.astronomy2009.org/general/>

LIPIZZANER STALLIONS IN TRENTON

According to the contact at Sovereign Bank Arena (Trenton), anyone who purchases tickets for the Lipizzaner show in November and mentions 4-H will receive a discount regardless of the number of tickets you purchase. So, why not make a club trip out of it!



The "World Famous"
**LIPIZZANER
 STALLIONS**
November 15, 2009
2:00pm
Sovereign Bank Arena - Trenton, NJ



The Lipizzaner Stallions are steeped in history, having performed around the world since the 16th Century. Over the years, more than 23 million people throughout North and South America, Europe and Australia have seen this internationally acclaimed spectacle. The Lipizzner Stallion has galloped boldly out of the pages of 425 years of history and is now preserved as an equestrian work of art, an equine ballet not to be rivaled. Harkening back to a time when the horse was a symbol of grace and majesty, the Lipizzaner Stallions are truly a great experience to be enjoyed by the entire family.



Groups of 15 or more receive \$5 off tickets!

Regular Ticket Prices: \$27.50 & \$23.50
 Group Discount Prices: \$22.50 & \$18.50
 (Prices include \$1.00 facility fee. Other fees may apply)

To order tickets call 609-656-3399 or email
sbagroupsales@sbarena.com

www.sovereignbankarena.com

 Sovereign Bank Arena



4-H FLEA MARKET

OCTOBER 3, 2009

9:00 AM-3:00 PM

4-H AG BUILDING



Event is rain or shine. Food will be available.

Spaces- \$10.00 each for anyone or 4-H clubs can get spots 2 for \$15.00.

Bring your own tables. For more information or to sign up contact Robin Bloom at 732-840-6791 or e-mail me at crrabbits@aol.com.

MONMOUTH COUNTY 4-H OPEN HOUSE AT YOUTH DETENTION CENTER October 17, 2009

On October 17th from 1-3 PM, Monmouth County 4-H will conduct a 4-H Open House at the Monmouth County Youth Detention Center on Dutch Lane Road, Freehold. Clubs will have the opportunity to do exhibits or demonstrations in the large field behind the Youth Detention Center. The Bits and Bridles 4-H club has already paved the way for this event. Terri and Mark Dorr, club leaders, and their daughter, 4-H'er Randi Dorr, brought their Clydesdale horse Tommy to the Youth Detention Center. The youth incarcerated there were very interested in how the Dorr's nursed a neglected horse to its present fine condition.

If you would like to participate in the 4-H Open House at the Youth Detention Center, call Ellen at (732) 431-7266 or e-mail her at williams@rcrc.rutgers.edu.

LEGO CLICK! AWARD

By: Ian Rios, 4-H S.E.T. Ambassador

To kick off National Inventors' Month this August, LEGO Systems, Inc. has launched the third annual LEGO click! Awards. Creative young inventors ages 6 to 13 are invited to enter this essay contest (previously called the LEGO Creativity Awards) and share their innovative ideas for a chance to win \$5,000.

How to enter LEGO Click! Awards

To enter the LEGO Click! Awards, children must first think up an invention, a creation that answers the question, *If you could invent anything, what would it be? Describe how to use it. How did you get the idea? Why are you excited about it?*

Once child inventors have developed their idea, they should download a [LEGO Click! Awards entry form](#) and officially enter this creative essay contest by describing their invention. (Children ages 6 to 9 are expected to write between 100 and 150 words, while kids ages 10 to 13 are expected to write between 150 and 300 words.) Entries will be judged on originality and creativity and how well they fit the theme of the contest. Interested young innovators can submit entries until November 2, 2009. Five winners will be selected to receive \$5000 savings bonds.

2009 FAIR RESULTS

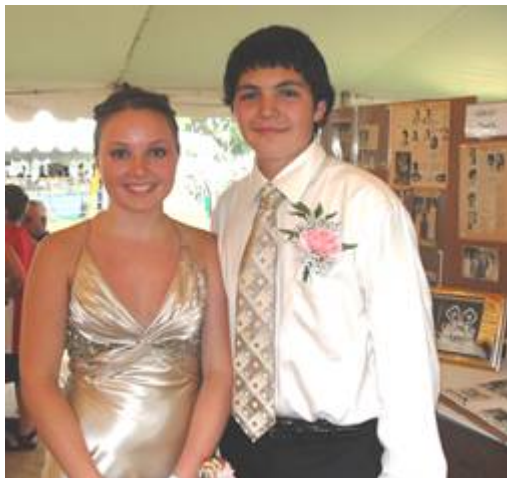
4-H AMBASSADOR CONTEST AT THE MONMOUTH COUNTY FAIR

Teen Council, 4-H Alumni, and 4-H Staff put together a wonderful program for the Ambassador contest. It was amazing to see the ambassadors of the past together to come up on the stage and talk about their life and their fond memories of wearing the crown.

A table displayed pictures from the past ceremonies and articles about the ambassadors' projects. The ambassadors really put a lot of time and energy into their platforms. They learn about public speaking, organization and planning. They also get to meet many new people and learn about personal growth.

Mr. Hoenig did a wonderful job as Master of Ceremonies. Especially considering how hot and humid it was on Wednesday night. He made everyone feel relaxed and at ease. This was a real challenge considering all the nervous energy of the opening night of the fair.

The program ended with beautiful flowers being presented to the new ambassador Clair McKittrick. A cake reception followed for all who attended. A sweet ending to a fine event, many thanks to all that helped make it happen.



Pictured to the left: 2009 4-H Ambassador Clair McKittrick with her escort AJ Santoriello.

Pictured below:

From Left : Scholarship winners Leigh Whitehouse and Vishal Chandawarkar
2006 Ambassador Sarah Sakowski,
2007 Rabbit Ambassador Paul Yoncak
2008 Rabbit Ambassador Samantha Martin,
2009 4-H Ambassador Clair McKittrick
2008 4-H Ambassador Jessica Sagui
2009-10 4-H Equestrian of the Year Abbey Lanz
2008 4-H Ambassador Crysta Timmerman



Clothing & Textiles

Amanda Fasciano—6 Excellents
 Melissa Whoeler—3 Excellents
 Maria Gregorio—Excellent
 Erin Meyer—Excellent
 Gabriella Gregorio—Very Good
 Ariana Gregorio—Prep

Craft Textiles

Melissa Whoeler—3 Excellents
 Amanda Fasciano—Excellent

Photography

Clair McKittrick—Best in Show
 Rebecca Carmeli-Peslak—Best in Show
 Gabriella Gregorio—Excellent
 Clair McKittrick—Excellent/Very Good
 Rebecca Carmeli-Peslak—Excellent

Advertising

Nicklas Waladkewics—Excellent

Child Care

Melissa Whoeler—Very Good

Natural Collections

Emily Chaimowitz—Prep

Creative Writing

Melissa Whoeler—2 Excellents
 Patricia McLoughlin—Excellent
 Johanna Muller—Excellent
 Linette Reeman—Excellent
 Maria Wissler—Excellent

Recycling

Melissa Whoeler—4 Excellents/
 Very Good
 Morgan Martin—Excellent
 Jeanine Reeman—Excellent
 Nicklas Waladkewics—Excellent
 Maria Gregorio—Very Good
 Gabriele Gregorio—Good

Health & Fitness

Nicklas Waladkewics—Excellent

Animal Science

Amanda Fasciano—Excellent

Creative Craft

Melissa Whoeler—4 Excellents/
 Very Good
 Amanda Fasciano—Excellent
 Juliette Muth—Excellent
 Mary Finnerty—Very Good
 Patricia McLoughlin—Very Good
 Marie Wissler—Very Good
 Walter Wissler—Very Good

Woodworking

Rebecca Carmeli-Peslak—Excellent
 Amanda Fasciano—Excellent
 Melissa Whoeler—Excellent
 Maria Wissler—Very Good

Food & Nutrition

Nicklas Waladewics—1st Place
 Gabriella Gregorio—2nd Place
 Rebecca Carmeli-Peslak-3rd Place
 Rebecca Carmeli-Peslak-Excellent
 Maria Gregorio—Excellent
 Patricia McLoughlin—Very Good/
 Good
 Laura Dwulet—Good
 Ariana Gregorio—Prep

Graphic Art

Nicklas Waladkewics—Excellent
 Maria Wissler—Excellent

Photography

Rebecca Carmeli-Peslak-Excellent
 Gabriella Gregorio—Excellent
 Clair McKittrick—Excellent/Very Good

Painting Acrylic

Walter Wissler—Best in Show
 Maria Wissler—Excellent
 Matthew Hervilly—Very Good
 Juliette Muth—Very Good
 Brandon Moshett—Prep

Painting Watercolor

Mary Finnerty—Excellent
 Patricia McLoughlin—Excellent
 Nichlas Waladkewics—Excellent

Jeanine Reeman—Very Good

Drawing Pen/Marker

Brandon Moshett—Prep
 Justin Reha—Prep

Drawing Colored Pencil

Ramya Boggavarapu—Excellent
 Gauntam Boggavarapu-Very Good
 Cassandra Devine—Prep

Drawing Pencil

Jeevan Boggavarapu—Excellent
 Jeanine Reeman—Very Good
 Paul Yoncak—Very Good

Mixed Media

Ashley Reha—Excellent

Drawing Pastel

Jeanine Reeman—Excellent

Print Making

Rebecca Carmeli-Peslak-Excellent

Gardening

Rebecca Carmeli-Peslak-
 Excellent /Very Good
 Joshua Todd—Excellent
 Melissa Whoeler—2 Excellents/
 Very Good/6 Goods
 Erica Todd—Very Good

Theatre Arts

Patricia McLoughlin—Excellent
 /Very Good/Good
 Marisa Morris—Excellent
 Linette Reeman—Excellent
 Rebecca Carmeli-Peslak—Good
 Ashley Moshett—Prep
 Brandon Moshett—Prep
 Regan Riehl—Prep
 Monmouth Clogging Express
 Sarah D' Amore
 Emily Chaimowitz
 Susie Ferrier
 Lauren Hoenig
 Melissa Martin
 Brie Pheifer
 Mackenzie Powers
 Amanda Schaaf
 Christy Schaaf
 Kathy Smith
 Jamie Wallenstein
 Casey Young

2009 FAIR RESULTS (cont.)

Clogging Invitational

Monmouth Clogging Express
Rhythm in Motion Cloggers
Century Cloggers
Crystal Cloggers
Renegade Cloggers

Rhythmic Illusions

4-H Club Gymnastic Exhibition

Angela Antonaccio
Jenna Antonaccio
Samantha Antonaccio
Lauren Coleman
Kiera Kulaga
Ivane Lee
Jennica Lee
Annie Pincay
Jeanine Reeman
Summer Smagacz
Nicole Zenin

4-H Show Tent Presentations

Maggie Capasso—Dane
Victoria Capasso—Dance
Maggie Ciufo—Vocal
Zak Drescher—Magic
Carley Herman—Vocal
Katelyn Kennedy—Vocal
Marie Elena martino—Vocal
Linette Reeman—Monologue
Tiffany Viray—Vocal

4-H Pet Photo Contest Participants

Summer Buffin
Rebecca Carmeli-Peslak
Laura Dwulet
Mary Ellen Finnerty
Marisa Morris
Juliette Muth
Krista Wieggers
Paul Yoncak

Herpetology

Best in Show
Daniel Moore—1st Place
Jesse James Black—2nd Place
Miranda Landry—3rd Place

Jesse James Black—Best in Class
Miranda Landry—Best in class
Daniel Moore—Best in Class
Jesse James Black—9 Excellents
Jeevan Boggavarapu-3 Excellents
Ramya Boggavarapu-Excellent
Gabriella Ferraro-Negri-Excellent
Daniel Moore—Excellent
Marissa Morris—2 Excellents

Beef

Brooke Levens—1st & 2nd

Swine

Joshua Todd—1st Pot Bellied

Sheep-Purebreds & Grade

Susie Eastman—1st Ewes over 2
Brooke Levens-1st Ewes Under 2
Susie Eastman—2nd Ewes under 2
Brooke Levens—1st Rams under 2
Deven Ralph—1st Wethers
Susie Eastman—2nd Wethers

Showmanship & Fitting Classes

Sheep—Juniors

Brooke Levens—1st
Rebecca Carmeli-Peslak—2nd
Deven Ralph—3rd

Showmanship & Fitting Classes

Sheep—Seniors

Susie Eastman—1st

Market Lamb Class

Brooke Levens—Grand Champion
Ram/Grand Champion Ewe
Susie Eastman—Reserve Cham
pion Ewe
Deven Ralph—Grand Champion
Market Lamb
Deven Ralph—1st Market Lamb
Brooke Levens-2nd Market Lamb

Goats

Jillian Haliskoe-Meat doe over
12 months 1st
Kelly Shoemaker Meat doe over
12 months 2nd & 3rd
Brooke Levens-Meat doe over 12

months 4th

Kelly Shoemaker-Dam & Daugh
ter Miniature 1st

Wethers—Dairy Division

Carly Eidman—1st
Gracie Spreat—2nd
Matthew LaMarca—3rd
Graham Haliskoe—4th
Chelsea Cook—6th

Wethers—Meat Division

Kelly Shoemaker—1st 4th & 5th
Chelsea Cook—2nd
Matt LaMarca—3rd

Miniature Doe over 12 months

Kelly Shoemaker—1st & 3rd
Gracie Spreat—2nd
Carly Eidman—4th

Miniature Wether over 12 months

Kelly Shoemaker 1st & 4th
Matthew LaMarca—2nd
Chelsea Cook—3rd
Graham Haliskoe—5th
Carly Eidman—6th

Showmanship-Junior Division

Carly Eidman—1st
Brooke Levens—2nd
Rebecca Carmeli-Peslak—3rd
Patrick Weber—4th
Deven Ralph—5th
Joshua Todd—6th

Showmanship-Senior Division

Gracie Spreat—1st
Kelly Shoemaker—2nd
Matt LaMarca—3rd
Chelsea Cook—4th

GOATS

Grand Champion Doe—Jillian
Haliskoe
Reserve Champion Doe—Kelly
Shoemaker
Grand & Reserve Champion
Wether—Joshua Todd

Poultry—Backyard (mixed)

Susie Eastman—1st & 3rd
Deven Ralph—2nd
Erica Todd—4th

Hen

Deven Ralph—1st & 2nd

Purebred Bantam (minis)

Daniella Pillar—1st
Erica Todd—2nd & 3rd
Desiree Pillar—4th

Hen

Desiree Pillar—1st & 2nd
Deven Ralph—1st
Susie Eastman—3rd
Erica Todd—4th
Daniella Pillar—5th & 6th

Purebred Standard (Large)

Matthew Hervilly—1st

Hen

Daniella Pillar—1st, 3rd, & 5th
Matthew Hervilly—2nd
Desiree Pillar—4th & 6th

Youngster Most Show Potential

Matthew Hervilly—1st & 2nd

Most Developed

Matthew Hervilly—1st & 2nd

Water Foul**Heavy Duck**

Joshua Todd—1st

Medium Duck

Samantha Martin 1st & 2nd

Light Duck

Nicholas Nichols—1st & 3rd
Joshua Todd—2nd

Hen & Chicks

Erica Todd—1st
Susie Eastman—2nd

Grand Champion Hen

Daniella Pillar

Grand Champion Rooster

Susie Eastman

Reserve Rooster

Matt Hervilly

Best In Show Poultry

Daniella Pillar

Grand Champion Water Fowl

Nicholas Nichols

Reserve Champion Water Fowl

Joshua Todd

Junior Showmanship

Nicholas Nichols—1st
Deven Ralph—2nd
Joshua Todd—3rd
Desiree Pillar—4th
Erica Todd—5th

Horse Results**4-H English Horse Show**

Gabrielle Vega—Jr. Jr. Champion
Jillian Haliskoe—Jr. Jr. Reserve
Champion
Chelsea Cook—Novice Champion
Skylar Barney—Novice Reserve
Champion
Amy Sherman—Sr. Champion
Rachel Sherman—Sr. Reserve
Champion

4-H Open Gymkhana

Gabrielle Vega—Jr. Jr. Grand
Danielle Cullen—Grand
Kayla Bahr—Jr. Grand
Kelli Smith—Reserve
Anthony Santoriello—Senior Grand
Chervey—Grand Reserve
Chris Cleary—Adult Grand
Lisa Vaccaro—Adult Grand
Reserve

4-H Ambassador Contest 2009

Clair McKittrick
4-H Ambassador 2009

4-H Garden Ambassador 2009

Alex Kubiak

Rabbit Ambassadors 2009

Samantha Martin
Paul Yoncak

Equestrian of the Year

Abbey Lanz

Get Moving, Get Healthy**Ambassadors**

Clair McKittrick
Sarah Sakowski

**Monmouth County
4-H Association Scholarships**

Vishal Chandawarkar
John Voorhees

**Monmouth County
4-H Alumni Scholarships**

Leigh Whitehouse
Sarah Sakowski
Diana Vogel

**Past Ambassadors/Queens in
Attendance**

2008 Jessica Sagui
2008 Crysta Timmerman
2007 Amelia Valente
1999 Jillian Augustin Wojtaszek
1997 Amy Grega Barker
1983 Debra Almeida
1967 Lynn Muller Hoenig
1956 Helen Einsiedler Dillion
1955 1st Monmouth County
Queen Marie Borden Schlectweg

Rabbit**Key: BOB (Best of Breed)****BROB (Best Reserve of Breed)****Belgian Hare**

Kim Wood—BOB
Paul Yoncak—BROB

Beveren

Amelia Valente—BOB & BROB

Champagne D'Argent

Anthony Santoriello—BOB

Crème D' Argent

Graham Haliskoe—BOB

Mismarked Dutch

Ciara Cavanagh—BOB
Summer Buffin—BROB

Harlequin

Jennifer Clayton—BOB & BROB

Havana

Sam Martin—BOB

Holland Lop

Paul Yoncak—BOB

Jersey Wooley

Clair McKittrick—BOB & BROB

Lionhead

Juliette Muth—BOB

Mini Lop

Jennifer Clayton—BOB

Jillian Haliskoe—BROB

Mini Rex

Kenny Yaeger—BOB & BROB

Netherland Dwarf

Meg Ragan—BOB

Jillian Haliskoe—BROB

New Zealand

Delaney Gray—BOB

Katy Stillman—BROB

Mixed

Morgan Martin—BOB

Sara Bush—BROB

Silver

Samantha Martin—BOB

Thrianta

Katy Stillman—BOB

Patricia McLoughlin—BROB

Doe & Litter

Mini Lop

Patricia McLoughlin BOB

Dwarf Hotot

Samantha Martin BROB

Mini Rex

Kenny Yaeger—Best In Show

Havana

Samantha Martin—Best Reserve
in Show**Cavy****Abyssnian**

Jeevan Boggavarapu—BOB

AmericanKevin Sherman—BOB & Best in
Show

Melissa Whoeler—BROB

MixedDaniel Moore—BOB & Best
Reserve in Show

Kevin Sherman—BROB

Small Animal**Hamsters**

Gautam Boggavarapu—BOB

Gerbils

Melissa Whoeler—BOB & BROB

RatJuliette Muth—BOB & BROB &
Best in Show**Chinchilla**Madi Personette—BOB & Best in
Show**Fowl and Birds****Largest Bird**

Josh Todd—1st

Nick Nichols—2nd

Smallest Bird

Nick Nichols—1st

Josh Todd—2nd

Most Colorful

Rebecca Sharp—1st

Josh Todd—2nd

Most Talkative

Josh Todd—1st

Nick Nichols—2nd

Sara Sharp—3rd

Reptiles & Amphibians**Most Colorful**

Jeevan Boggavarapu—1st

Most Unusual

Ramya Boggavarapu—1st

Jeevan Boggavarapu—2nd

Most Handson Hamster

Summer Smagacz—1st & 2nd

Cutest Guinea Pig

Zachery Robinson—1st

Longest Hair

Onika Lathom—1st

Best Groomed Rodent

Juliette Muth—1st

Summer Smagacz—2nd

Onika Lathom—3rd

Rabbits**Largest Rabbit**

Ashley Lathom—1st

Ruth Daly—2nd

Smallest Rabbit

Juliette Muth—1st

Ruth Daly—2nd

Ashley Lathom—3rd

Longest Ears

Ruth Daly—1st

Ashley Lathom—2nd

Shortest Ears

Juliette Muth—1st

Ruth Daly—2nd

Longest Haired Rabbit

Ashleigh Lathom—1st

Juliette Muth—2nd

Ruth Daly—3rd

Cats**Longest Tail**

Summer Smagacz—1st & 2nd

Longest Whiskers

Summer Smagacz—1st & 2nd

Largest Cats

Summer Smagacz—1st & 2nd

Cutest Kitten

Summer Smagacz—1st

Goat/Sheep**Cutest Goat/Sheep**

Brooke Levens—1st
Josh Todd—2nd

Best Groomed

Josh Todd—1st

Most Unusual Pet

Sara Sharp—1st
Jeevan Boggavarapu—2nd

Best Tricks By Pet

Zachary Robinson—1st

Costume Class**Pet & Child Look A Like**

Brooke Levens—1st
Juliette Muth—2nd

Largest Pet Family

Summer Smagacz—1st & 3rd
Juliette Muth—2nd

Smallest Pet

Summer Smagacz—1st
Juliette Muth—2nd
Zachary Robinson—3rd

Best In Show

Ruth Daly

Best Reserve in Show

Ramya Boggavarapu

Ladacin Network**Better Together 4-H Club****Photography**

Richie B.
Bob M.
Cheryl R.
Nicole R.

Painting

Matt K.
Deneen S.
Diane D.

Crafts**Place Mats**

Ana C.
Marylyn A.

Kelly R.
Erin H.
Kristen C.

Quilt

John A.
Sarabeth A.
Catherine S.
Brent A.
Jenny F.
Brent A.
Jenny F.
Sabrina L.
Dee Dee M.
Stephen F.
Thomas S.
Jamie Lynn W.
Susan H.
Pat G.
Amanda P.
Doreen P.
Winnie R.

Banner Room 9

Matt K.
John A.
Jessica C.
Richie B.

Poems

Emily S.
Diane D.
Billy C.
Ana C.
Nolan M.
Noel S.
Ed S.

Crafts—Dolls

Jessica C.
Larry G.
Ana C.
Kelly R.

Latch Hook

Marylyn A.

Season College

Sarabeth A.
Brent A.

Catherine S.
Jenny F.
Jamie Lynn W.
Susan H.
Sabrina L.
Pat G.
Dee Dee M.
Amanda P.
Doreen P.
Winnie R.
Stephen F.
Thomas S.

Recycle**Key Collection**

Matt K.

Crafts**Rain Slicker**

Brent A.
Liza R.
Liza A.

Craft**Bird House**

Stephanie R.

Craft**Necklace**

Marylyn A.

And now the job of the Ambassador begins:

The 4-H Ambassador shucking corn in the food booth.



And the 4-H Ambassador in the dunking stool with Thunderhoofs members Ashley Reha, Justin Reha & Erin Meyer



2009 FAIR MEMORIES





4-H CAMP NEWS



MONMOUTH COUNTY 4-H MEMBERS HAVE A GREAT WEEK AT 4-H CAMP!!!

By: Kim Wood, Mikala Kocsik, Delaney Gray, Tom Schreiber and Paul Yoncak

Wow what a great week we had at the New Jersey 4-H Camp! If you think sleep away camp looks like fun in the movies, you should try 4-H camp next year because it is even better for real. The lake, the cabins, the activities, the woods, the counselors, the friendships— everything was a BLAST.

We got there on Sunday afternoon to meet our cabin mates and get the tour of the camp. Right away we found out a lot of fun things were planned for the week. Everyday we had our camp classes like archery, shooting sports, boating, swimming, out door cooking and crafts. Rec time included swimming, four square, kick ball and ultimate Frisbee. Then each evening there was a different activity including a talent show, capture the flag, all camp relay, campfire and dance. When Saturday morning came and we had to leave no one wanted to. We just had fun, fun, fun all week long. You gotta go next year if you enjoy having fun with a camp full of great people.



Monmouth Camp gang at Tillmans Ravine in Stokes State Forrest.



Pictured right: Tom Schreiber, Delaney Gray, Paul Yoncak, Mikala Kocsik, and Kim Wood at New Jersey 4-H Camp.



September 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12 State Sm Animal Show Horse Park NJ 8AM
13	14 Application deadline for 4-H Food & Fitness Ambassadors to 4-H office	15	16	17	18	19
20	21	22	23	24 Association Mtg 4-H Office 7:00 PM	25	26
27	28	29	30			

October 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 Association Flea market 4-H Office 9-3
4	5	6	7	8 Member Recognition Night 7:00 PM	9	10
11	12	13	14	15 Deadline for Alumni Scholarships	16	17 4-H Open House at Youth Detention Center 1-3 PM
18	19	20	21	22	23	24
25	26	27 Alumni Mtg 7:00PM	28	29	30	31



Cooperative Extension of Monmouth County
4000 Kozloski Road, PO Box 5033, Freehold NJ 07728

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