



NJ AGRICULTURAL EXPERIMENT STATION  
**RUTGERS**  
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 DEPARTMENT OF 4-H YOUTH DEVELOPMENT

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**THE LUCKY 4-H'ERS GAZETTE**



Volume 8 Issue 2  
 March-April 2007

**COUNTY 4-H PUBLIC PRESENTATIONS  
 MARCH 30th and APRIL 4th**

On March 30th and April 4th, Monmouth County 4-H will be conducting one of the most important events of the 4-H year: County Public Presentations. At this time, 4-H'ers from clubs throughout the county share their knowledge and talents through public presentations. As a result of this public speaking experience, 4-H'ers develop essential skills to last a lifetime such as communication, self-responsibility, planning and organizing, and goal setting.

Public presentations are of 3 types: formal speeches, demonstrations and illustrated talks, and performing arts. 4-H'ers can present individually or in pairs or small groups. 4-H'ers choose to present on a topic of their choice. Because of the varied interests of our 4-H'ers, the scope of topics is wide, ranging from astronomy to zoology, agriculture to zithers.

Our Agriculture Building on March 30th and April 4th will be filled with 4-H'ers proudly presenting their public presentations. In one room you may hear a 4-H'er performing a vocal solo, in another room a 4-H'er giving a power point presentation on global warming, while down the hall a 4-H'er is doing a demonstration on the stages of preparing for a trial ride.

If you are a 4-H'er, we look forward to hearing your presentation at County Public Presentations. (See the registration form inside of this newsletter). Those who have recently joined 4-H and are not familiar with public presentations are encouraged to attend as audience so as to support our presenters and also learn about how to prepare for next year's club and county presentations.

**Come to County Public Presentations and be a part of  
 4-H'ers living out the 4-H motto "To Make The Best Better"!**

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**DEADLINE FOR NEXT NEWSLETTER – April 13, 2006  
 PUBLICATION April—May 2007**



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**NEW LEADERS:**

**Terri D’Elia, Patricia Szabo, Kristina Bradley, and Alice Duncan** leaders of a new Variety Club entitled **Matawan/Aberdeen 4-H Club** which meets Tuesday evenings at Cliffwood Elementary School.

**Gladys Rios** new co-leader of Amigos Club

**Linda Domnizky and Lisa Zimmerman** new co-leaders of New Jersey Children’s Chamber Choir.

**ABOVE AND BEYOND**

Melissa M. Gioia

**KNIGHT RIDERS**

Laura C. Couch

**MONMOUTH LIVESTOCK**

Rebecca E. Carmeli-Peslak

**AMIGITOS CULTURAL CLUB**

Ariana Gregorio  
Ian A. Rios

**MATAWAN/ABERDEEN 4-H CLUB**

Joseph M. Bradley  
Madelyn J. Bradley  
Thomas D’Elia  
Richard B. Duncan  
Brian J. Szabo  
Nicole M. Szabo

**MULTIMEDIA MADNESS CLUB**

Kerri E. Caponetto  
Kelly E. McCormick  
Alexis N. Piatkowski  
Mariana C. Sardonia  
Antoinette L. White  
Neil P. White

**ANIMAL SCIENCE CLUB**

Johnine H. Licht

**BACKSTAGE TO BROADWAY**

Rebecca E. Carmeli-Peslak  
Caitlin R. Kazimir  
Ryan P. Kazimir

**MONMOUTH BLASTERS**

Cooper J. Bane  
Tyler D. Bane  
Wesley A. Bane  
Edward Ogoe



(Continued on next page)

*Ellen Williams*

Ellen Williams  
4-H Agent

Virginia Krzyzanowski  
4-H Program Associate

Kelly Valenti  
4-H Program Assistant

Debbie Hemmann  
NJ-FSNEP 4-H Program Associate

Chevonne Porter  
NJ-FSNEP 4-H Community Assistant

Leslie Nicholson  
NJ-FSNEP 4-H Secretary

Rita Silvestri and Gladys Tarantino  
4-H Secretaries



**4-H Mission Statement**

The Rutgers Cooperative Extension 4-H Youth Development program uses a learn by doing approach to enable youth to develop the knowledge, attitudes and skills they need to become competent, caring and contributing citizens of the world. The mission is accomplished by using the knowledge and resources of the land grant University system, along with the involvement of caring adults.

**WELCOME NEW LEADERS, MEMBERS & CLUBS**

**NEW JERSEY  
CHILDREN'S CHAMBER  
CHOIR**

Julianna Heck

**RISING STARS  
RHYTHMIC ILLUSIONS**

Tamara M. Roberts  
Alyssa C. Rogers



**PAWS 4 A CAUSE**

Kelsey R. Bernarducci  
Angela Birmingham  
Grace Galano  
Connor P. McLoughlin  
Julianno A. Mindlin

**TEEN COUNCIL**

John R. Voorhees

**WAGGING WONDERS**

Tom Markey

**Heard Around The 4-H Clover**

**ANIMAL SCIENCE**

By: **Meg Whitehouse, Leader**

It has been a busy new year for Animal Science. We have worked on our posters for the Open House to be held 3/3/07. We will be visiting Red Bank Animal Hospital on February 20, 2007. We have collected food and supplies for the benefit of the SPCA of Monmouth County. Election of Officers was held at the last meeting. The officers are as follows:

- |                |                 |
|----------------|-----------------|
| President      | Sarah Sakowski  |
| Vice President | Graham Haliskoe |
| Treasurer      | Erin Panek      |
| Secretary      | Morgan Martin   |
| Reporter       | Johnine Licht   |
| Photographer   | Samantha Martin |

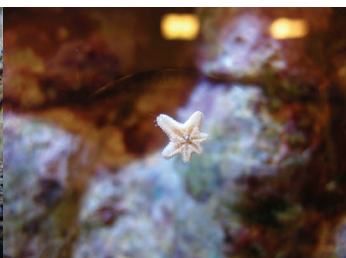
**S.W.A.P.**

By: **Patricia McLoughlin**

S.W.A.P. met on February 15th. We spent the meeting going through the fair book and realizing all the entries we may have from the projects we have been working on this year. It was exciting. We also discussed different community service projects that may be possible. We usually volunteer at a local soup kitchen. We are going to look into doing that again this spring. We would also like to do something for a local pregnancy center. We discussed the possibility of having a "baby shower" for them. Next month we will be working on our scrapbooks.



Clown Fish



Star Fish



Pictured Left: The Animal Science 4-H Club visits the Red Bank Animal Hospital

## Heard Around The 4-H Clover

### MIDDLETOWN 14 CARROT RABBIT CLUB

By: Katie McLoughlin

Middletown 14 Carrot Rabbit Club met on February 1st. Two members gave their public presentations, Dakota Olsen and Patricia McLoughlin. Dakota's presentation was about legos and Patricia's presentation was about swimming.

We want to thank Meg Whitehouse for coming to our January meeting and sharing with us about taking care of our rabbits and small animals. We learned a lot about taking care of our rabbits and small animals. We learned about our animals and also how to prepare our animals for a small animal show. We are looking forward to showing our animals this spring and summer at the upcoming shows and fair.

If you are interested in small animals, rabbits, poultry, or goats and live in Middletown, we invite you to join us on the first Thursday evening of each month. Please call the 4-H office for more information about our meetings.

### NATURES NAVIGATORS

By: Ian Rios

At our February meeting we discussed many things. We are looking forward to the 4-H Performing Arts Day on February 24th. As a group we will be going to the Popcorn Park Zoo on February 25th. Anyone interested in joining us please do so.

We talked about participating individually in the New Jersey Conservation Education Poster Contest. Anyone and everyone should participate. We have our dates for Science Camp at Nomoco. The dates are Friday, June 22nd to Sunday, June 24th. Come join us! We will be having lots of fun! Some of what we will be doing is, nature hikes, learning about the environment, making pit fires for roasting hot dogs, and star gazing.

We finished our meeting early because Teen Council had put on a valentine party and we wanted to join them. We would also like to thank the teen council for mixing it up! THANKS TEEN COUNCIL!!! Our next meeting is March 9, 2007, 7:00pm. Topic: Phun (Fun) Physics, come join us.

### MONMOUTH BLASTERS

By: Ian A. Rios

Our February launch was a success. At our launch were Paul Yoncak and Wesley Bane, Cooper Bane, Tyler Bane and myself, Ian A. Rios. We met January 9th, February 13th and we will be meeting every second Tuesday of every month at 7:30 p.m.

At our January meeting we talked about the fair and everything that our club will be participating in. At our February meeting, hopefully we will have more great ideas for our booth. We also will be discussing our egg loft.

We have a "blast", I mean "launch" every 3rd Sunday of the month, weather permitting. Come join us if you want to reach the sky.



**READY,  
SET,  
LAUNCH!**

Pictured above left to right: Wesley Bane, Tyler Bane, Ian Rios, Paul Yoncak, and Cooper Bane.



Pictured above left to right: Ian Rios, Paul Yoncak, Wayne Smith, Wesley Bane, Cooper Bane, and Tyler Bane.

## Heard Around The 4-H Clover

### LIVE AND LEARN

By: Mary Bane, Leader

The Live and Learn club members have been enjoying all of the activities at the 4-H office. We had a great time during The Trip Around the World program. We have been encouraged to learn about other countries and their art in our club meetings and we made our own Mexican feast. The "My Heart Belongs to 4-H" event was the first dance for each club member and it was a special night for them. Our club has been working in watercolors as their art project to brighten up our winter days.



Pictured above left to right: Cooper Bane, Wesley Bane, Tyler Bane and Kylie Newton enjoy the dance.

### MATAWAN ABERDEEN 4-H CLUB

By: Kris Bradley, Co-leader

The Matawan Aberdeen 4-H Club had its very first meeting on February 20th! We started learning the 4-H pledge, made a poster to help us remember it, and talked about what we want to do as a group for the rest of the year. We are still working on picking an official name for our group!

We look forward to working together as a group and meeting many new friends in other 4-H groups!

### THUNDERHOOFS

By: Nyna McKittrick, Leader



The Thunderhoofs met in January to see a movie about the SPUR (Special People United to Ride) program that is located at the Sunnyside Riding Center in Middletown. Sunnyside is a horseback riding program that is provided through the Monmouth County Park System. The program gives riding lessons to special people of all ages using horses to improve their riders' muscle strength, coordination and overall health. It was incredible to see children smiling and laughing and enjoying every minute of their time on the horses. SPUR has a training class coming up soon for new volunteers 14 years and older. To help, please call them.

The club members also made valentines for the residents of the John L. Montgomery Nursing home in Freehold. This is the club's 5th year making the valentines. The residents always look forward to receiving the cards and the candy. This year we also hope to have a "meet and greet" at the Nursing home with some of our members' rabbits.

Our club was happy to have member Clair McKittrick contribute an article to the Colts Neck Calendar and the Holmdel Happenings about 4-H and how to join a 4-H club. Mrs. Amend, the editor, would like pictures and articles about other 4-H events and meetings. If you would like to send them, please contact Virginia Amend at the paper.

Next month we will have our presentations and we are hoping all our members will present at the county level as well. 4-H—head, heart, health and hands. To Make The Best Better!



### RHYTHMIC ILLUSIONS

**By: Lauren Coleman, Leader**

Our club members have learned quite a few routines in the new year. We would like to welcome back Lesia Bilynsky, who had injured her arm at the end of last year (not at gymnastics! ☺) Welcome back Lesia!

Angela Antonaccio mastered a handstand this past week and Katherine Martinez learned how to do a helicopter with the rope. Aarti Shah has learned (in only a few weeks) how to do a back walkover, and Amanda Tursi can now do a perfect double-stag jump. Sarah Sheefer learned how to roll the ball from the tips of her fingers, along the backs of her arms, and down her back...all in one motion. Samantha Antonaccio and Amanda Crilly are working on a duet with the rope, and Lesia and Sarah have choreographed a duet with the ball. Mary Tursi and Janine Reeman have both accomplished learning two Cooper-level routines, with the ball and ribbon. Alyssa Rogers, one of our newer members, mastered the toss-forward roll-catch with the hoop last week.

Some of our girls are putting their talents to good use by participating in school talent shows, performing the routines that they have learned. In March and June, the girls will be performing at a senior center.

### K-9 BONEDIGGERS

**By: Jen Tandler**

The K-9 Bonediggers club of Monmouth County is proud to congratulate our very own Alyssa Flashburg, and her 10 month old pharaoh hound Micah, for their win at the prestigious AKC show sponsored by the Delaware Water Gap Kennel Club. Alyssa, club president, and Micah walked away from the ring with a three point major, best of winners, and best puppy at this show, this past December. The mighty duo continued their winning streak at the Boardwalk Kennel Club shows, February 3rd and 4th.

This unstoppable team not only finds enjoyment in competition but also in the bi-monthly meetings of the K-9 Bonediggers club. On Saturday mornings in Howell, at the Kindred Souls Canine Training Center, they join all our special members and their canines to train for Canine Good Citizenship and Therapy Dog certifications. Led by an outstanding dog trainer, Lynn Stipick, members and their companions practice obedience skills, desensitization to hospital equipment, as well as basic agility just for fun.

Club members, Alyssa and Erika Flashburg, Hannah Goldsten, Christina Hendricks, Kathryn Katelhon, Imani Kinnard, Isabel Magnus, Caroline and Julie Rosen, and myself, Jennifer Tandler, are certain that we will meet our goals by the summer. We are all anticipating the upcoming season with success, and anxious to begin serving the community with our furry friends.

Outside of formal training sessions, members participate in extra practice sessions and business meetings. Social events and trips to 4-H and AKC dog shows are being planned by our club leaders.



Pictured above: Alyssa Flashburg and her 10 month old pharaoh hound Micah.

## Heard Around The 4-H Clover (cont.)

### KNIGHT RIDERS

**By: Julie Couch**



So far, club Knight Riders has embarked on a great new year filled with new ideas, friendships, clinics, and community service projects. We are growing in number as the year progresses, which is great! The first meeting of 2007 was at the Wall Ice Skating Rink. We held a short meeting before skating, which allowed us to discuss some new ideas for community service projects and trips. All the members, siblings, and parents had a great time! At our December meeting, Knight Riders visited Applewood Nursing Home, where we sang Christmas songs and handed out goody bags filled with sweets and book marks that our club made. We then shared stories about hobbies and other interests with the residing seniors of Applewood Nursing Home. It was a huge success! The visit turned out so great that our club was asked to return soon. Our club plans on returning to Applewood for a visit at our February meeting.

Knight Riders has many upcoming clinics and community service projects. We are attending the Horse 2007 clinic at Rutgers on March 31st, which should be a very educational seminar. We will also attend a horse swimming demonstration at Tulos Farm with fellow 4-H'ers from Horse Science. Hopefully, we will get some warmer weather so we can go see the horse swimming demo. Lastly, our club is going to have a picnic at Monmouth Racetrack in either May or April. As for community service projects, we have been collecting items for the Mostly Shepherds Rescue, such as blankets, towels, leashes, collars, etc. As mentioned earlier, Knight Riders has visited Applewood Nursing Home numerous times and we plan on continuing our visits. Recently, we have started to collect items for soldiers stationed in Iraq. We hope to collect a lot of the well-needed supplies quickly so we can send them ASAP. Our last project is the Relay For Life cancer walk. This will be our club's second time participating in this all day event. We hope to collect an even larger donation than last years' by starting to raise money earlier in advance. The event will take place June 16th-17th at Freehold Raceway in Freehold Township.

### TEEN COUNCIL

**By: Tyler James Cole**

The club holiday party was held at the office on December 20th. With the halls decked and everyone in the holiday spirit the party began. The evening included a gift exchange, plenty of music and lots of fun. This year the club selected Youth and Family Services as our community service project. We sponsored holiday gift giving to the YCS foster girls from the Eve's Program in Farmingdale. Individual gifts were purchased for each of the 8 girls. A DVD player and movies were donated as a gift for the home. Nothing is better than the gift of giving—it's a great feeling!

In January Teen Council members attended Winter Camp with Union and Essex counties. We had lots of fun. We did sewing, cooking, archery, stamping, hiking and more.

In February Teen Council held a "My Heart Belongs to 4-H" Valentine's Day dance. We had a DJ and sold refreshments. We raffled off 5 pink beanie baby kittens.

We are looking forward to SJTC in March and the seedling sale in April. In May we are going to hold a parking lot party with live bands. Watch for more details to come.

## Heard Around The 4-H Clover (cont.)

### 14 CARROT RABBIT CLUB

By: Salvador Sotovelez, Jr.

The 14 Carrot Rabbit 4-H club is back again with even more fun plans for our club members. Now, we've come to realize that our club is bringing in a lot of new members and some are interested in coming to the shows, but are ill-prepared. Some of the more experienced members have buckets, what we use to carry our show supplies in, brushes, emergency kits and everything. Originally this idea wasn't our own, so we can't take credit for it, but it's a great one nonetheless. We're planning on getting together to help out the newer members to put together their own buckets so that it's easier and more fun for them at shows.

Our trip to Popcorn Park Zoo is coming up, and many of our members had donated blankets, food, and other items to the zoo at our last meeting. Now, we mustn't forget that our club is planning on adopting an animal at the zoo, we've already picked out who, and there's most likely going to be more information in the next newsletter, along with how the trip went. The last trip there was fun; let's hope that this time around is just as great. Most of our club members are planning on attending.

Presentations were given not too long ago, and it was wonderful to see how excited everyone was about their topics. Of course, said topics ranged from things to chickens to magic, and air soft guns to rabbit emergency prep. For those who may not be familiar with presentations, here's what they are. Presentations are a mandatory, but enjoyable part of 4-H. You can do an illustrated talk, PowerPoint, demonstrations, anything, and the best part of it is, you get to pick your own topic. Some people like talking about their rabbits, and that's fine, others talk about something else they love like writing or drawing, or perhaps some of their talents like dance; the choice is all up to you. Everyone does a presentation regardless of who you are, even prep members, and everyone has their fun. Now, presentations are judged, and start at a club level, from that point you may have the option to move on to county level, and perhaps from there, state.

The year, though it may have just begun, seems to be going rather quickly, speeding like sand through our fingers. It amazes me just how much 4-H can do for a person; we've seen changes through our personalities, and it becomes easier and easier to make friends. Plus, even though it's still quite far away, some members are even counting down days until we're back at the fair. I suppose it's the fun we all have together that makes everyone look forward to it.

Well, sadly enough that's it for this newsletter. I want to say thanks again to everyone that reads, and to all of our members, new or old. I hope everyone has a great time with whatever they may be up to. Lastly, I just want to say, keep up your 4-H spirit!

## Heard Around The 4-H Clover (cont.)

### Paws 4 A Cause

During our January meeting, we elected officers. The new officers are:

President-Jessyca  
 Vice President-Daniella  
 Secretary-Angela  
 Treasurer-Amanda  
 Event Organizer-Sarah  
 Reporter-Megan

Our club is growing quickly; this was only our 4<sup>th</sup> meeting and we already have over twenty members of various ages. So many new people have joined; we are actually moving the location of our meetings to a larger venue, the Eatontown Community Center. We are looking forward to expanding our choices as a club at this new site. The names of our members in addition to the officers are Mary, Juliana, Shane, Connor M., Rebecca, Christine, Katie-Rose, Kelsey, Kaitlin, Noelle, Conor K., Clair, Grace, and Nick.

Our club recently went on some exciting trips to the NJ Pet Expo as well as a 4-H dog show in Somerset County. All who went to one or both of these trips had a great time. Our club is planning on going on more trips in the future, in order to get to know each other better and learn more about dogs.

Our last club meeting was very important as well as being a lot of fun. We had a lot of new people show up who have now become members of our club. As said above, our officers were elected as well. We are hoping to have our first business meeting soon, and plan a lot more great things for our club in 2007 and beyond.

If you are interested in joining our new 4-H club, then our next meeting will be on Sunday, March 25 from 3:00 to 5:00 at the Eatontown Community Center. Please call Lee Ann @ 732-935-0922 if you are interested!



Pictured above: Kelsey, Jessyca, Amanda, Mary, JoAnn-Leader and the dog is Johnny Joe.

# Heard Around The 4-H Clover (cont.)



## MONMOUTH LIVESTOCK



Above: The Ralph Family helped out at their first Harvest



Rickey Egan is another new member who loves poultry.



Abby Sanlin is a new member who brought poultry.



Laura Myles painted faces at Allentown's Harvest Festival.



Above left to right: Jesse Puhalski, Lexie Mariolis, John Falconio and Jessaly Waldron helped sell snacks, flowers, and other items at the Harvest Festival.



Gracie Spreat (left) was explaining about rabbits to a potential new member.



Above: "Bucky" represented Monmouth Livestock in Allentown's Crop Walk. Bucky has walked for the past three years raising money to feed those who are starving.

## Heard Around The 4-H Clover (cont.)



### MONMOUTH COUNTY LIVESTOCK (continued from previous page)



Above: As always Monmouth Livestock held a Zoo at Keris' Christmas Tree Farm to educate the public about 4-H.



Pictured left: Each year, the Livestock Club sells ornaments on the Allentown Library Christmas tree to donate to charity; usually \$50-\$80 is collected.



Picture right: The "Bruins" Ram was waiting for ewes to show up at the Festival.

## YOUTH CORNER



As part of their activities as new Youth Editors of the Youth Corner of the Lucky Gazette newsletter, Sarah O'Neill and Diana Vogel will be interviewing 4-H club leaders for each issue. If you would like to assist them in recognizing 4-H club leaders, please contact them directly:

Sarah O'Neill	sopsych21@aol.com
Diana Vogel	viper@bartal.com

Interview With Mrs. Hight, (Curry Combs) by Sarah O'Neill

### **1. How long have you been involved in 4-H?**

I got involved 38 years ago when my son was 10 and had just joined a club.

### **2. Can you briefly describe your 4-H history?**

I have obviously enjoyed my tenure because I am still involved. Mrs. Buffin and I have been co-leaders of the Curry Combs for over 20 years and I have always considered her the horse expert and myself the coordinator. I am still in touch with leaders who have since moved out of state, such as Judy Polous, and I am lucky to have had such great co-leaders in the club during my involvement. I do craft shows every year and have also been on several exchanges, going to New Hampshire, Connecticut, Rochester, Massachusetts, and probably more.

### **3. How did you decide that you wanted to be a 4-H leader?**

My son took a bicycle ride and met another boy whose mother was a 4-H leader and invited him to a meeting. Two meetings later, I was asked to take the club because of the other mother's work schedule. We didn't have a horse at that time but my son was interested; six years later we ended up with a small farm on Sleepy Hollow Road in Middletown, where we lived until we moved to Toms River 8 years ago. We built a small barn for my son's horse and two ponies. We used to hold meetings at the house and then moved to Riverview Hospital before meeting at the new 4-H office.

### **4. What would you say are your accomplishments as a 4-H leader?**

I think that the kids in the program are my greatest accomplishment. Seeing them grow up, the good sportsmanship, their dedication to the program, each other, and their horses really makes me feel like I'm achieving something with them and 4-H.

### **5. What were your proudest moments as a 4-H leader?**

There have been so many. I've been to weddings for former members, seen my members receive awards and received awards myself. I pride myself on having everyone feel comfortable talking to me and asking questions. I love seeing how well the kids all get along and have made friendships. And then I love watching all of the presentations. At Mrs. Buffin's house one year a teen girl had baby twin brothers that she did her presentation on and she gave the members a quiz at the end to tell if the rest of the club could tell the twins apart.

### **6. How long do you plan on staying with the 4-H program?**

I'd like to be involved as long as I don't intimidate the kids and am still enjoying myself.

### **7. What would you say to encourage others to become 4-H club leaders?**

Come to a few of the Curry Combs meetings and see how much fun it is!





## FIVE-A-DAY CORNER

**By: Debbie Hemmann, Monmouth County 4-H FSNEP Program Associate & Chevonne Porter, Monmouth County 4-H FSNEP Community Assistant**

During this winter season Monmouth County 4-H FSNEP has had the privilege of presenting Five A Day Through Theater and Roleplay to over 1700 Monmouth County students! Our program has delighted students at Park Avenue Elementary, Thurgood Marshall Elementary, and Asbury High School (Asbury Park), Joseph C. Caruso School and Port Monmouth Elementary (Neptune), and Midtown Community Elementary (Neptune) in the last several weeks, thanks in part to the wonderful assistance of our Five A Day Troupe.

If you are 14 years of age or above and have an interest in nutrition and drama and would like to join our troupe, please give Debbie Hemmann a call at: (732) 577-6689.



Asbury Park High Spot Program making Banana Nut Muffins



Five A Day Troupe with Midtown Community Elementary

### Health Corner:

Below is a Banana Nut Muffin recipe which Asbury High Spot students enjoyed making this winter with Five A Day. This is a simple way to include extra fruit in your diet.

#### Banana Nut Muffin

½ c applesauce	1 t vanilla
1 c sugar	1 t cinnamon
2 T oil	2 ½ c all purpose flour
2 eggs	3 ½ t baking powder
1 ½ c mashed very ripe bananas (3-4 medium)	1 t salt
½ c milk	1 c chopped nuts, if desired

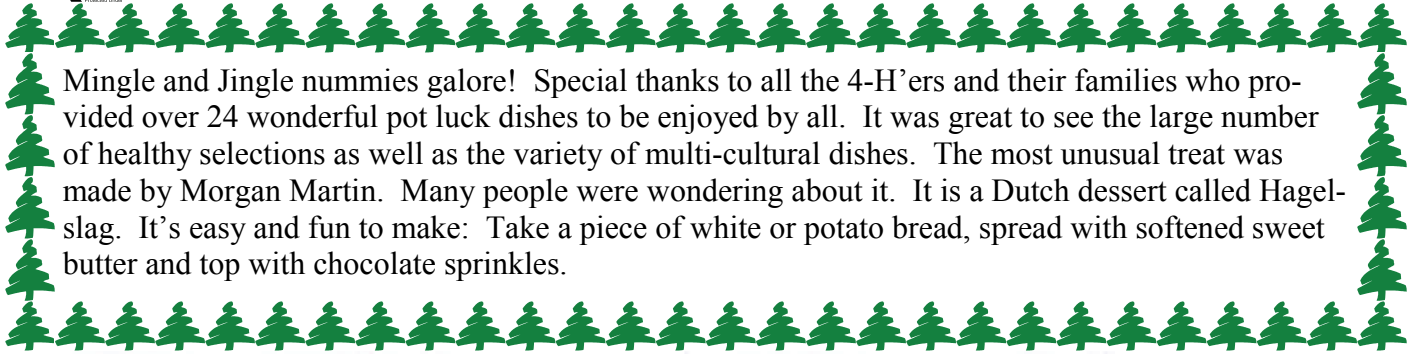
#### Directions:

Heat oven to 350 degrees. Grease bottoms of muffin pans. Mix sugar, applesauce, oil and eggs in a large bowl until well blended. Add bananas, milk and vanilla. Beat until smooth. Stir in flour, cinnamon, baking powder and salt just until moistened. Stir in nuts. Pour into pans. Baking approximately 25 minutes.

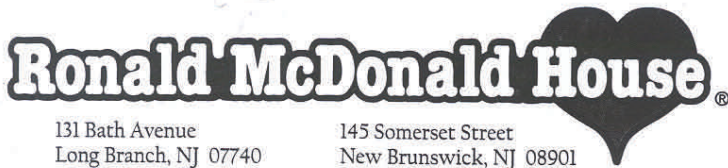
**SOURCE:** Allrecipe.com



# THANK YOU



Mingle and Jingle nummies galore! Special thanks to all the 4-H'ers and their families who provided over 24 wonderful pot luck dishes to be enjoyed by all. It was great to see the large number of healthy selections as well as the variety of multi-cultural dishes. The most unusual treat was made by Morgan Martin. Many people were wondering about it. It is a Dutch dessert called Hagel-slag. It's easy and fun to make: Take a piece of white or potato bread, spread with softened sweet butter and top with chocolate sprinkles.



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Info@rmh-cnj.org



January 18, 2007

Ms. Ellen Williams  
4-H Backstage To Broadway  
9000 Kozloski Road / PO Box 5033  
Freehold, NJ 07728

Dear Ms. Williams:

On behalf of the Board of Trustees and staff of the Ronald McDonald House of Long Branch, I would like to formally thank you for your donation of pop tabs. Our sincerest gratitude is extended to you for supporting the Ronald McDonald House.

In combining Ronald McDonald House's on going need to generate funds with the virtues of conservation by recycling through the Pop Tab collection program we are able to offset the operating costs of the "House That Love Built". The aluminum that is donated is taken to a local recycling station where it is weighed and cashed in by the pound. The money is used to assist the House with operational expenses such as the purchase of perishable food items and household supplies. We are also able to waive the room fees. Guests can stay at the House regardless of their ability to pay the requested \$10 per night donation.

Your on-going Pop Tab collection campaign makes a difference in the lives of the families and children at our facility, and we cannot thank you enough for your thoughtfulness. It is only through the support and kindness of people like you that the "House that Love Built" continues to grow.

Once again, thank you.

Sincerely,  
*Camitha Shivers*  
Camitha Shivers  
House Manager

The Backstage to Broadway Drama Club donated pop tabs to Ronald McDonald House as their community service project.

They personally delivered the tabs to the Ronald McDonald House in December.

The director thanked the club members and gave them an educational tour of this wonderful facility.

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## RESOURCES

### TOP 10 REASONS WHY YOU LOOK HOT

*Don't like the way you look? Look again. Want more insights into issues affecting teens? Visit [www.youthNOISE.com](http://www.youthNOISE.com).*

10. You may think it's the eyes or the walk, but what really attracts you to that cutie in math class is the confidence.
9. There are 3 billion women who don't look like supermodels and only 8 who do. The numbers are even more dismal for guys.
8. The average woman weighs 144 pounds and wears between a size 12-13. The average man is about 5'9" and weighs 172 pounds.
7. It's much easier and way more fun to live life if you aren't totally obsessed with what you look like every minute of every day.
6. If you're going to get hung up on fat and calorie intake, then you'll miss out on life's greatest treats (can you say ice cream and cookies?!?)
5. People will only notice what you think are gross features if you complain about them and point them out.
4. Dimples and freckles are considered defects or flaws. Says who?? One person's "flaw" is another person's beauty trait.
3. You'll feel like a lot better person (and have way more self-confidence) if you focus more on having an attractive personality than an attractive physique.
2. If you feel good about yourself, others will feel a lot more comfortable and relaxed with who you are inside and out.
1. Think about it: Would you want to hang out with someone who hated himself?

"Believing in yourself and liking yourself  
Is all a part of good looks"

Shirley Lord

# IN THE NEWS

## PREP RALLY



Vivian Quinn, Agricultural Assistant takes a quick photo with some prep "tourists". Visit Africa and try on some masks.



Amanda Nail, FCHS/FSNEP Community Assistant taught our travelers about "Milks from Around the World."



Australia was one of the stops members made on their trip around the world. "Tour Guide" and 4-H Alumnus Suzie Eberhardt shared about the animals of Australia while the members made boomerangs.



Pictured Left: The luck of the Irish was given to all of the 4-H'ers who had the opportunity to explore Ireland. Members filled their "pots of gold" with the things they treasured most while learning the Irish jig & hearing stories of the leprechaun offered by "Tour Guide" and 4-H Agent Ellen Williams who also served homemade Irish bread.



Pictured above: NAMASTÉ! was the greeting members were taught as they arrived in India. "Tour Guide" Shailja Mathur shared photos and information about her homeland and later members had a chance to enjoy a special drink.



Pictured left: All of our 4-H'ers arrived safely back in the U.S. where they picked up their luggage and souvenirs.

## IN THE NEWS (cont.)

### PREP RALLY (cont.)

The first annual Prep Rally Program was held on January 20, 2007. There were 15 youth in attendance from 7 different clubs and 2 youth from the public creating a total of 17 youth who participated in the program. This program was coordinated by 4-H and received additional support from the Agriculture Department and Family and Community Health Sciences Department.

The youth had the opportunity to “visit” three different countries where presenters provided hands on demonstrations, exposed them to different parts of the culture and shared their own personal experiences about the country. During the lunch break the youth had a “layover” in Mexico where they enjoyed the Mexican festivities and fare while being read a story in Spanish and practicing some new Spanish words.

In addition to Mexico and the three other countries the youth were introduced to the content of Africa. Bill Sciarappa, Agriculture Agent for Monmouth County, recently took trips to Africa as part of Rutgers Cooperative Extension. Therefore his staff was able to provide not only information, but musical instruments and masks for the youth to experience.

Amanda Nail, FSNEP Community Assistant from the Family and Community Health Sciences Department presented the “Milks From Around The World” program. The youth were provided information about what animals are used for people to get their milk in different parts of the world. Through this fun and interactive presentation the youth learned about different animals and pointed out different parts of the world providing them with a wealth of knowledge.

In the evaluation, it was reflected that 100% of the youth felt they learned some or a lot during the program and one youth was quoted as saying that this was: “the best day ever!” The adults echoed the youths enthusiasm for the program and one parent said that they plan to use this information in the future to: “reinforce diversity to many children.”

Thank you goes to all of our presenters who shared their knowledge. Also, a special thanks to Debi Richter and Mrs. Martino for reading a Spanish story and teaching Spanish words while the 4-H’ers had a layover in Mexico where they enjoyed their lunch.

Thank you to those who were room assistants and flight attendants. You made sure all of the passengers arrived and enjoyed their visit in the countries.

The Association sponsored this event by providing funds that allowed us to serve lunch, purchase a few souvenirs and educational supplies. This money comes from the hard work everyone does at the food booth at the fair, so thanks to everyone who volunteered this past summer.

A huge thank you goes to Diane Gregorio, 4-H leader for Amigitos and Prep Rally Coordinator for all that she did to pull this event together.

Special thanks to Kelly Valenti for her coordination of the Prep Rally.

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# ANNOUNCEMENTS



## HORSE REGISTRATIONS DUE

**REMINDER:** Horse Registrations are due annually and it's that time of year again. All registration forms are due no later than April 1, 2007.

(This is a Sunday, so have them to the office by: **4:30 on March 30, 2007**)

Remember, horses must be registered to be eligible for the State 4-H Horse Show, fair, trail and some other county, state and national events.

Here are some additional tips to ensure your paperwork will be accepted for 2007.

- Each registration form must be submitted in **triplicate**.
- All information must be complete, legible and accurate.
- If applicable, complete the lease/borrow form in **triplicate**.
- The photo of the animal(s) must be in **color** on each copy and **fit** in the square on the form.
- The helmet policy must be signed and on file in the 4-H office.
- The health records and current coggins are not due until April 16, 2007. **Please do NOT include them with the registration forms.**

## QUALIFYING SHOWS

April 22, 2007—English	East Freehold
May 12, 2007—Western	East Freehold (this date is correct; it is a Saturday)



## 2008 EQUESTRIAN OF THE YEAR

## YOUTH HORSE COUNCIL

Would you like to serve in a leadership role for the horse project and Monmouth County 4-H? We are looking for the 2008 Equestrian of the Year! Members run on their platform from May 2007 until May 2008. The 4-H'er who earns the most points during his or her candidacy will be given the title of 2008 Equestrian of the Year and represent Monmouth County at the State Equestrian of the Year contest. If you are interested, please contact Kelly for more information. Applications are due May 1st, 2007. **Please Note:** Applicants need to be in grades 9th-11th as of September 2006.

Youth Horse Council is hosting a St. Patrick's Party on March 23rd from 6:30—8:30 PM at the 4-H office. Everyone is invited to come out for a night of games and refreshments. If you are able to attend please RSVP to Kelly by March 15, 2007 @ 732-431-7265 or [dumas@aesop.rutgers.edu](mailto:dumas@aesop.rutgers.edu). When you RSVP, please also let us know what snack (fruit, veggies, chips, cookies, etc.) you will bring to share.

If you would like to become a part of the Youth Horse Council, we meet the 1st Tuesday of the month from 6:30pm until 7:30pm.



# ANNOUNCEMENTS (cont.)



## 4-H ASSOCIATION LOOKING FOR COMMITTEE MEMBERS

The 4-H Association is looking for members to join the standing committees. The Association is made up of leaders and other volunteers who support the 4-H program in Monmouth County. The committees which need members are:

- Ways & Means**
- Hospitality**
- Membership**
- Leaders Training**

The Association will have an Open House on Wednesday, March 30, 2007 to talk about the committees and also to teach some new crafts we learned at the North East Leaders Voluntary Forum. We are looking at updating the 4-H cookbook started in 1990.

## MARK YOUR CALENDARS

The State Small Animal Show will be held on September 15, 2007 in Cumberland County.

The State Small Animal Committee will be meeting on March 21, 2007 at 7:30 pm at the Cumberland County 4-H office.

## FRIENDSHIP FOR 4-H!

**Save the Date:**  
**Sunday, July 8, 2007**  
**For a day at Monmouth Park**  
**Cost will be \$10.00 per person**  
**Come out and picnic with the 4-H family.**

**Event being coordinated by the horse project!**  
**More information to follow.**

## COMMUNITY SERVICE PROJECT FOR THE AMERICAN CANCER SOCIETY

4-H'ers grades 1st-3rd are needed to aid in a community service project for the American Cancer Society's signature fundraising event, "Relay For Life."

Children will be creating "I Care" pictures to be handed out at the event honoring cancer survivors during a luncheon on June 16th at the Freehold Racetrack.

The children are invited to participate at the event by handing out their own artwork during a portion of the ceremony. More information and sign up to follow.

If interested in helping your community in the fight against cancer please come on March 13th to the 4-H office from 6:30-7:30 pm to make "I Care" pictures. Please RSVP to participate to Kelly at 732-431-7265.

Any questions about Relay For Life, the Survivor Lunch or forming a team to participate, please contact Denise Knapp 732-202-8351 or Rosina Cascone 732-303-0215.



### NEW DOUBLE DUTCH CLUB

A new Double Dutch 4-H club is beginning in March in Neptune. Meets every Tuesday from 4:00-6:00pm. For more information contact Ellen at the 4-H office. Welcome to new club leader Kimberly Brown.



## ANNOUNCEMENTS (cont.)



### SAVE THE DATE

**BioBlitz at the Phillips Reserve  
Old Bridge  
April 15th and June 10th  
10:00AM-3:00PM**

Rutgers Herbarium and Middlesex Parks and Recreation are repeating the success of the BioBlitz at the Phillips Preserve in Old Bridge this spring and summer. Come and help by looking for birds, insects, plants, lichens, mammals, lizards...any species counts! The Bioblitzes will be on April 15 and June 10 from 10am to 3pm and is arranged by Middlesex County Parks and Recreation Department and Chrysler Herbarium at Rutgers University.

Just show up, and help us find spring flowers, migrating birds, and explore the unknown at this northeastern outpost of the Pine Barrens. We especially need bird watchers, herpetologists, entomologists, and people interested in 'lower plants'.

No need to RSVP, but if you have questions contact Dr. Lena Struwe, Dept. of Ecology, Evolution, and Natural Resources/Dept. of Plant Biology and Pathology by e-mail at [struwe@aesop.rutgers.edu](mailto:struwe@aesop.rutgers.edu) or Richard Lear, Parks & Recreation, County of Middlesex at 732-745-5988. If you are coming by train to New Brunswick and need a ride to the Preserve, let me know at least a week ahead of time so we can plan accordingly. We can only promise help with transportation to a limited amount of people, so contact us early on. For the rest of you, the Phillips Preserve is just off Rt. 18, only 15 minutes East of New Brunswick. And it is a beautiful place!

If you can't make it but want to be part of this inventory effort, download the report from on the website, and send us your reports. More information will soon be available at the Chrysler Herbarium's web site:

[Http://herbarium.rutgers.edu](http://herbarium.rutgers.edu)

See you at the Phillips Preserve!

## FAIR INFORMATION

**FAIR BOOKS NEED TO BE PICKED UP IN THE 4-H OFFICE!**

**“GET CAUGHT IN OUR WEB” - Fair Theme**

**Check out the fair book online at:**

**[Http://www.visitmonmouth.com/07050coopext/index.asp](http://www.visitmonmouth.com/07050coopext/index.asp)**





## FAIR INFORMATION (cont.)



### Here are the important Fair Dates:

March 30, 2007	Club Booth Entry Form Due
March 30, 2007	Club Banner Entry Form Due
March 30, 2007	Club Games Request Due
March 30, 2007	Dunking Stool Sign-Up Begins*
March 30, 2007	Popcorn Sign-Up Begins*
March 30, 2007	Food Booth Sign-Up Due
March 30, 2007	Craft Sale Request Due
March 30, 2007	All Horses Registered
April 16, 2007	All Horse Health Forms Due**
May 1, 2007	Member/Leader Card Request Due
May 1, 2007	All Animals (non-horse) Registered
June 1, 2007	Ambassador Contest Entry Due
June 1, 2007	Pass Distribution Form Due
June 1, 2007	<b>Mandatory</b> Horse Meeting
June 6, 2007	<b>Mandatory</b> Livestock Meeting
June 27, 2007	<b>Mandatory</b> Small Animal Meeting
June 29, 2007	Volunteer Form (see pages 48 & 49)
June 29, 2007	Entry Forms Due
June 29, 2007	Show Tent Entry Form Due
June 29, 2007	All Overnight Permission Forms Due
June 29, 2007	Pet Photo Entries Due
June 29, 2007	Fair Meeting at 7:00pm
June 29, 2007	Pre-Entry Due Open Gymkhana
June 29, 2007	Fun Day Entry Form Due
July 16 & 17, 2007	Fair Project Due Between 8:30am-7:30pm
July 16 & 17, 2007	Record Books Due Between 8:30am-7:30pm
July 17, 2007	All Food Entries Due Between 8:30am-7:30pm
July 21, 2007	Removal of Item From The Barn
July 22, 2007	Fair Set-Up Of The Tents
July 24, 2007	Club Booth Set-Up, FB & Ambassadors
September 1, 2007	Fair Photo Contest Entry Due

\* Please note that sign up for Dunking Stool and Popcorn booth can be done by coming to the office or sent via e-mail to [dumas@aesop.rutgers.edu](mailto:dumas@aesop.rutgers.edu). You can fax in your request starting on 3/30/07 at 8:30am. Please do not call in your sign up. In your e-mail you may want to include a couple of choices.

\* Don't forget that if you sign up for a popcorn/dunking stool shift your club also needs to sign up for the food booth.

\*\* There is an error in the fair book. Horse Health Forms are due no later than April 16, 2007. Please bring this error to your members' attention to ensure that they do not miss this deadline.



## UPCOMING EVENTS



### FELLOW 4-H MEMBERS!

**Join us for a fun afternoon of 4-H Bowling, Games & Prizes!**

**All you can bowl for 3 hours (including shoes):**

**Sunday, March 25th 1-4 pm**

**At Harmony Bowl**

**Rt. 35 North, Middletown, NJ**

In preparation for our 24th Annual Spring Formal benefiting Monmouth County's residents with mental retardation, our Special Friends, 4-H Kids for Kids is sponsoring a Bowl-a-thon Fundraiser!

Your \$25 registration fee provides three hours of bowling, shoe rental, games and prizes! Sponsor sheets are available for anyone who'd like to help us by getting pledges of donations from friends and relatives.

Awards for the top ten fund-raisers (non-club members) will be presented at the prom for our Special Friends which will be held at the Shore Casino on April 20th. The person who collects the most money for this event will win a \$100 savings bond. In addition the nine top fund-raisers who raise a minimum of \$100 will receive an invitation to the prom.

Pre-Register for the BOWL-A-THON by March 1st and you'll be entered into a raffle for special prizes!

Registration forms are available at the Freehold 4-H office and the ARC of Monmouth Rec. office. We'll also be glad to mail them to you! Call us at 732-291-7551 for forms or more information!

### MONMOUTH COUNTY 4-H SMALL ANIMAL CLUBS PRESENT:

MONMOUTH COUNTY 4-H RABBIT, CAVY,  
SMALL ANIMAL AND HERPETOLOGY SHOW



**Saturday, May 12, 2007**  
**TAYLOR PAVILION, BELMAR, NJ**  
**FREE DRESS-UP CONTEST**  
**ILLUSTRATED TALK CONTEST**



**Doors open at 8:00 AM, Judging Promptly at 9:00 AM**  
**THIS IS A 4-H SHOW ONLY**  
**ENTRY FEE: \$3.00 PER ANIMAL**

**CALL THE 4-H OFFICE FOR A SHOW CATALOG**  
**(732)431-7263**



## UPCOMING EVENTS (cont.)



### FREEHOLD SOIL CONSERVATION DISTRICT (Serving Middlesex and Monmouth Counties)

4000 Kozloski Road, P.O. Box 5033  
Freehold, New Jersey 07728-5033  
Tel: (732) 683-8500  
Fax: (732) 683-9140  
E-mail: [info@freeholdscd.org](mailto:info@freeholdscd.org)  
Website: [www.freeholdscd.org](http://www.freeholdscd.org)

### 2007 Conservation Education Poster Contest

Dear Educator:

Earlier this year we invited your students to discover that **"Today is the Day to Be Part of Conservation's Power"** by participating in the New Jersey Conservation Education Poster Contest.

\*This letter is to inform you that one rule has been slightly amended. We will also accept entries that contain – **"Conservation's Power"** – in addition to the entire theme of *"Today is the Day to Be Part of Conservation's Power."* (This amends rule #3 on page 2 of the entry form.)

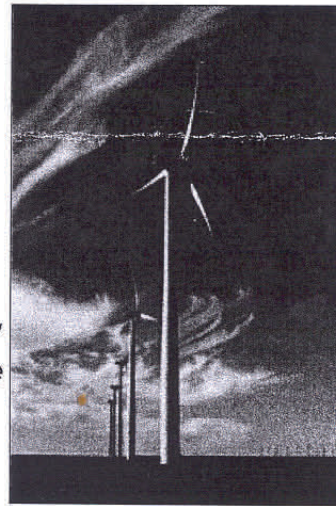
By creating a poster students will learn about **"Conservation's Power"** and how we can all practice energy conservation! The contest is a great way for you to use conservation as a theme to help meet the NJ Core Curriculum Content Standards in Science and Visual Arts. The posters will highlight students' artistic talents while helping them to explore and express their connections to the natural world.

Local prizes include \$100, \$75 and \$50 United States Savings Bonds. All first place-winning entries are then forwarded to a state-level competition. The Freehold District had three first place state-level winners in 2006, and their entries were submitted for national consideration. An awards ceremony will be held in Trenton in May to honor state-level winners and their teacher.

Feel free to contact me at (732) 683-8500, by email at [info@freeholdscd.org](mailto:info@freeholdscd.org) or visit our web site at [www.freeholdscd.org](http://www.freeholdscd.org) for additional information. We look forward to seeing your student's entries. **The deadline for the contest is March 9, 2007.**

Sincerely,

Karen Rowe  
Education Coordinator





## UPCOMING EVENTS (cont.)



ATTENTION FFA / 4-H / USPC MEMBERS AND LEADERS

Linda & Pat Parelli are coming to your area!!!

**FREE ADMISSION!!!!**

**Harrisburg, PA  
April 21-22, 2007  
PA Farm Show Complex, Large Arena**

Please JOIN us! Linda and Pat Parelli will conduct a two-day "Horse Lovers Only" Seminar to share their knowledge about horsemanship. The seminar will begin at 9:00 a.m. and conclude at 5:00 p.m. each day. Linda and Pat Parelli are internationally known for their Natural Horsemanship educational program. Their 2-day educational seminars help horse owners to communicate and build a stronger relationship with their horses, naturally.

Parelli Natural Horsemanship is offering **FREE ADMISSION** for all FFA, 4-H and USPC Leaders and Members that are in a horse program who wish to attend. You must **RSVP no later than Thursday afternoon, prior to the show**. Simply FAX a list to 970-731-9763 including the names of those attending, on your County Extension Office letterhead. Please specify Harrisburg, PA on your FAX.

When you arrive at the event, present YOUR copy of the list, also on County Extension Office letterhead at the gate, and your group will be admitted free!! **NO TICKETS ARE NECESSARY.**

If you have questions, please call Sherri Renfrow at 970-731-9465. You can also LEARN MORE about Parelli Natural Horsemanship at [www.parelli.com](http://www.parelli.com)

We hope to see a large group of Club Members at the seminar. Wear your Club t-shirts and/or caps, if possible, so Linda and Pat will SEE YOU in the stands.

Enjoy the show!

**Sherri Renfrow**  
Parelli Tour Team



# UPCOMING EVENTS (cont.)

NJ Junior Breeder's Symposium  
 Registration Form – Saturday - March 24, 2007  
 Cook College – Rutgers University

***EACH*** participant **MUST** have a separate registration form

<b>Name:</b>	<b>County/FFA Chapter:</b>	
<b>Street:</b>		
<b>Town:</b>	<b>State:</b>	<b>Zip:</b>
<b>Phone:</b>	<b>Cell Phone:</b>	
<b>Email:</b>	<b>Species:</b>	

Make checks payable to: **NJ Junior Breeders Fund** and mail to:  
 NJ Junior Breeder's Fund, attn: Lynn Mathews, P.O. Box 330, Trenton, NJ 08625

\$12.00 per person for all day programs – this includes lunch  
 \$7.50 per person for all day *without* lunch  
 \$5.00 per person for poultry or rabbits – **Afternoon program ONLY!**

9:30 am – 11:00 am                      **Skill-a-thons or Bob Mowrey**  
 \*\*\* Circle the segment you wish to attend\*\*\*

Fifteen (15) minutes will be spent at each station testing what you may know and teaching some facts you may not know.

- Feed, Forage, and Poisonous Plants for each species – Dairy/Beef, Goats/Sheep, and Equine.
- Hands On Identification and Near Infrared Reflectance Spectroscopy (NIR) to determine forage quality.

**OR –**

- Bob Mowrey – Learning Oral Reasons - for students Grade 9 and above

11:15 am – 11:45 am                      Extension Conference Center  
  
 Lunch - Pizza and Soda (for those who paid for lunch)  
 Fruit will be available as well



# UPCOMING EVENTS (cont.)

### Afternoon Events

12:00 pm – 1:30 pm

#### Hands On Events

Choose Three (3) Electives – **\*\*\*Circle the segment you wish to attend\*\*\***  
 Segments will be 30 minutes each

<p style="text-align: center;"><b>Ruminant Nutrition</b></p> <p>How many stomachs does a cow have? Take a look at the inside of a cow and learn about methane gas</p>	<p style="text-align: center;"><b>Swine Management</b></p> <p>Can pigs really eat your leftovers? Watch the piglets at their first dental visit and more</p>
<p style="text-align: center;"><b>Bob Mowrey</b></p> <p>How did I place that class? And why?                  Hands On, Conformation, Judging, and Note Taking from an expert</p>	<p style="text-align: center;"><b>Equine Nutrition</b></p> <p>How long is a horses' small intestine? You can take a look and even touch one if you want</p>
<p><b>Germ Warfare/Electronic Id</b></p> <p>How did my livestock contract Johne's disease?                  An interactive game teaching about germs/diseases, how they spread, and what role electronic identification plays in agriculture</p>	

2:00 pm – 3:30 pm

#### Hands On Events

Choose one (1) event per participant – please circle event

- Dairy Clip off - separate sign up sheet – only for 4H/FFA students
- Sheep & Goat Judging
- Treadmill Demonstration

3:30 pm

Wrap up – turn in evaluation form and receive a ticket for a chance drawing for a great prize.

#### Rabbits or Poultry

12:00 pm – 12:30 pm

#### Registration

12:30 pm – 3:00 pm

#### Rabbits

1. Health Concerns – Red Bank Vet Hospital
2. "What Does the Judge Mean?" – deciphering judges comments - Mary Stamets
3. Judging – Hands on Judging Workshop – Mary Stamets

12:30 pm – 3:00 pm

#### Poultry

1. "Managing the Small Flock" - Buck Buckalew
2. "Reflections from a Poultry Judge" – Leroy Cranmer
3. "Avian Influenza Update from NJDA"



# UPCOMING EVENTS (cont.)

## 4-H COUNTY PUBLIC PRESENTATION REGISTRATION FORM

### County Public Presentations

March 30, 2007 **OR** April 4, 2007 both at 6:30pm at the 4-H Office

**Please check the date you will present:**

- March 30, 2007 at 6:30pm**
- April 4, 2007 at 6:30pm**

Name \_\_\_\_\_ Grade \_\_\_\_\_

Club(s) \_\_\_\_\_

Title of Presentation \_\_\_\_\_

Brief Explanation of Presentation \_\_\_\_\_

If giving a team demonstration, please indicate the name of your partner: \_\_\_\_\_

Category: Please indicate what type of presentation you will be conducting.

- Demonstration** -teaches through showing and explaining. The member describes activity and completes a product using actual ingredients, tools etc.
- Illustrated Talk**-tells how something is done and must include visuals. An illustrated talk is fundamentally the same as a demonstration, except the visual aids (flip charts, power point, transparencies, display board etc.) are used instead of having an actual product.
- Formal Speech**-given from memory with brief notes or an outline on index cards used as an aid. Purpose is to stimulate thought or present a point of view.
- Performing Arts**-incorporates dramatics (monologues or group scenes), oral interpretation of literature, creative movement, dance, musical performance (vocal or instrumental) and puppetry. The presenter introduces the performing art, performs, and concludes with invitation for feedback.

Please note that the time frame for presentations is as follows:

Prep Grades 1-3	no time requirement
Grades 4-7	5-7 minutes
Grade 8-13	8-15 minutes

***All equipment such as easels, slide projectors, extension cords etc. must be provided by the presenter.***

\_\_\_\_\_ **I have a time conflict with March 30<sup>th</sup> and April 4<sup>th</sup> and need to be contacted for a make-up date.**

I will volunteer to be a room host. \_\_\_\_\_ Yes \_\_\_\_\_ No

*A room host introduces the judge and assists the judge as necessary.*

\_\_\_\_\_  
Member's Signature

\_\_\_\_\_  
Leader's Signature

\_\_\_\_\_  
Parent/Guardian Signature

### REGISTRATION DEADLINE IS MARCH 15, 2007

*Note: Please remember that all members are eligible to participate in County Public Presentations as long as they completed a Club Presentation. The presentation you present at the Club level needs to be the same as the County level presentation. If you have any questions please feel free to contact the 4-H Office.*



# UPCOMING EVENTS (cont.)



## 4-H TEEN COUNCIL SEEDLING SALE Available now through April 13, 2007

Evergreen and Deciduous seedlings are once again available by advanced order from the 4-H Teen Council of Monmouth County. This year we are selling four types of evergreens: Colorado Blue Spruce, Norway Spruce, White Pine and Douglas Fir. Kousa Dogwood, Silky Dogwood and Common Lilac are deciduous offerings.

Evergreens are available in bundles of 25 seedlings of one variety. Deciduous seedlings are sold in bundles of 10 seedlings of one variety. All seedlings are one to three years old and approximately 6-24 inches tall.

Pickup date is Saturday, April 21st at the 4-H office, rear of the Agricultural Building, 4000 Kozloski Road, Freehold, New Jersey from 9:30AM-1:00PM. Please bring a box if you have a large order. We will not be responsible for trees not picked up on that day.

Please make checks payable to "4-H Teen Council". Mail checks to: 4-H Office, Rutgers Cooperative Extension of Monmouth County, 4000 Kozloski Road, Post Office Box 5033, Freehold, NJ 07728-5033. If you have any questions, call the 4-H office at (732) 431-7263

.....  
(Please cut at dotted line, and keep the top part for your reference.)

<u># of Bundles</u>	<u>Variety</u>	<u>Cost</u>	<u>Amount</u>
<u>Evergreens:</u>			
_____	Douglas Fir	\$15.00	_____
_____	Colorado Blue Spruce	\$15.00	_____
_____	Norway Spruce	\$15.00	_____
_____	White Pine	\$15.00	_____
<u>Deciduous:</u>			
_____	Kousa Dogwood (tree)	\$10.00	_____
_____	Silky Dogwood (bush)	\$ 10.00	_____
_____	Common Lilac	\$10.00	_____
<b>Total Amt. Enclosed</b>			_____
<b>Ck. #</b>			_____
<b>Cash</b>			_____

Name: \_\_\_\_\_

Street: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Phone#( \_\_\_\_\_ ) \_\_\_\_\_

See next page for description of trees.



## UPCOMING EVENTS (cont.)

### COLORADO BLUE SPRUCE (*Picea pungens*)

This is one of the most popular ornamental evergreen trees, because of its blue color and dense symmetrical growth habit. It will grow to be 60 feet tall. This slow growing tree is a beautiful accent to any yard.

### NORWAY SPRUCE (*Picea abies*)

This is a popular, fast growing, pyramidal evergreen tree, which reaches a height of 40 to 60 feet. It is easily grown and will tolerate a wetter soil than the other trees listed.

### WHITE PINE (*Pinus strobus*)

This rapid growing pyramidal evergreen tree is one of our most durable native pines. It has delicate, soft green graceful foliage. It is excellent as a background tree or for use as a screen. The mature height is 70-100 feet. Space trees 10-25 feet apart. Will not tolerate wet soil.

### DOUGLAS FIR (*Pseudotsuga menziesii*)

A pyramidal "Christmas Tree" that grows to about 40 or 50 feet tall. Needs sun and good well-drained soil. Not wet or dry site tolerate.

### KOUSA DOGWOOD (*Cornus kousa*)

This oriental species of dogwood is more pest resistant and drought tolerant than our native dogwood. The cream white flowers appear in mid-June and can persist for up to 6 weeks. The fall color is a reddish purple. This slow grower prefers a well drained acid soil in sun or light shade and will grown to 25 feet in height with an equal spread.

### SILKY DOGWOOD (*Cornus amomum*)

Silky Dogwood is a native multi-stemmed, deciduous shrub reaching 6-10 feet tall and wide. Yellowish – white flowers in May – June, followed by blue berries in August that will attract birds. Wet site and shade tolerant.

### COMMOM LILAC (*Syringa vulgaris*)

An upright shrub with extremely fragrant, lilac colored flowers in May. Plants reach 10-15ft. tall and 6-12ft. wide. Plant in neutral soil in full sun to part shade in shrub borders and foundations.

*The 4-H Youth Development is part of Rutgers Cooperative Extension of Monmouth County and offers membership and educational programs without regard to race, color, national origins, sex, age, or handicap.*



# 4-H CAMP NEWS



## L.G. COOK CAMP

Quite a bit happening the next few months.

### March:

- \* 31st Community Service Work Day: 9:00am-3:00pm

### April:

- \* 14th Teambuilding Facilitator Training; 10:00am-4:00pm, \$50 per participant.  
Lunch will be provided
- \* 21st Community Service Work Day: 9:00am-3:00pm
- \* 27th-29th: NJ4-H Shooting Sports Instructor training at camp

### TOP 10 REASONS TO GO TO L.G.COOK

10. To feed your little brother or sister to Bigfoot.
9. To build a campfire.
8. To make s'mores.
7. Because only you can prevent forest fires.
6. To convince your parents you need a pocket knife.
5. To find out if bears really poop in the woods.
4. To answer the question: If a tree falls in the woods and no one hears it will it make a sound if it falls on me?
3. It's the only place you can get away with wearing a coon skin cap.
2. To challenge yourself.
1. To experience nature, return to the simple life and ... to eat s'mores!

**2007 4-H OUTDOOR EDUCATION & RECREATION CAMPING WEEKEND**

**Friday, June 22nd Noon to Sunday 24th Noon**

**Held at the**

**Nomoco Activity Area at Turkey Swamp Park**

**Freehold Township in Monmouth County**

**This camping weekend is open to 4-H'ers grade 1 thru 9 as campers, and grades 10 thru 13 as helpers. We stay in platform tents that are provided or you can pitch your own tent. All 1st and 2nd graders and first time campers must have a parent or guardian accompany them for over-night stays. You may also join us for the day time only programs if you wish.**

**The cost is \$25.00 per camper, chaperones are free: that includes food, platform tent, craft supplies and activities.**

**Some of the activities planned are boating, hiking, outdoor cooking, orienteering, fishing, archery, games and nature crafts. For more information please contact the 4-H office at 732-431-7263.**

# 4-H CALENDAR OF EVENTS

## March 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
PLEASE PICK UP FAIR BOOKS at the 4-H Office. Check it out online at: <a href="http://www.visitmonmouth.com/07050coopext/index.asp">www.visitmonmouth.com/07050coopext/index.asp</a>				1	2	3
4	5	6	7	8	9 Deadline for 2007 Conservation Ed Poster Contest	10
11	12	13 Come make "I Care" pictures 6:30-7:30 pm	14	15	16	17
18	<b>19</b>	20	21 St. Small Animal Committee Mtg 7:30pm/Teen Council Mtg 7:30pm	22	23 YHC St. Patricks Day Party 6:30-8:30pm	24 NJ Junior Breeder's Symposium Cook College
25 Kids for Kids Bowl-a-thon 1-4pm	26	27	28	29	30 County Public Presentations 6:30pm/Deadline for Fair items.	31
<b>March 24th-29th National 4-H Conference</b>						

## April 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Horse Registration Deadline	2	3 YHC 6:30pm/ Horse Leaders Mtg. 6:30pm	4 County Public Presentations 6:30pm	5	6 Good Friday-County Office Closed	7
8	9	10 Small Animal Adv. Mtg. 7:00pm	11	12	13 DEADLINE FOR NEXT NEWSLETTER/ Also deadline for Seedling Sale	14
15	16 Horse Health forms & Coggins Due by 4:30pm	17	18 Teen Council Mtg. 7:30pm	19	20 Kids for Kids Prom Shore Casino	21
<b>April 15th-21st National Volunteer Week</b>						
22 English Qualifying Show East Freehold Park	23	24	25	26 4-H Association Meeting 7:00pm	27	28 Ag Field Day
29	30					



**RUTGERS COOPERATIVE EXTENSION**

NEW JERSEY AGRICULTURAL EXPERIMENT STATION  
RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY

Rutgers Cooperative Extension of Monmouth County  
4000 Kozloski Road, PO Box 5033, Freehold NJ 07728

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