

# RUTGERS

New Jersey Agricultural  
Experiment Station

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## THE LUCKY 4-H'ERS GAZETTE



Volume 11 Issue 2  
2nd quarter 2010

### Hello Monmouth County 4-H Members, Leaders, and Volunteers!

#### The Monmouth County Fair is right around the corner!

The fair serves as an annual showcase and celebration of 4-H achievements. We hope that you take pride in the new skills and accomplishments you have gained throughout the year, and are ready to show them off at the fair! The fair is also an opportunity to educate the public about the 4-H Program and projects!

#### As you know, there is a lot to be done before, during, and after the fair.

Of course, everyone has responsibilities specific to their project area, but please remember to 'make the best better' by offering a helping hand to other clubs and groups at the fair whenever possible. Some helpful suggestions are:

**Before the fair:** Assist with set-up at the fairgrounds, starting Saturday, July 17th.

**During the fair:** Help at the food booth, popcorn booth, and dunking stools when they seem short-staffed; stop by the 4-H Info Booth and tell your 4-H Story to potential 4-H'ers; and ask your Tent Chair if you can help them with a project.

**After the fair:** Assist with fair break down on Sunday evening; complete your record books by adding in fair photos and accomplishments (due September 1st); and create a press release about your fair activities and send it to the 4-H Office.

#### Thankfully, August is a slower month for 4-H, but there is still a lot going on...

Be sure not to miss 'Survivor Nomoco' Family Camp Weekend, to be held August 6-8, 2010. This camp is open all to youth in 1<sup>st</sup>-12<sup>th</sup> grades. Camp registration and permission forms begin on page 17. Please be aware that space is limited and registration is due directly after fair. Also at Turkey Swamp, is the NJ 4-H Teen Leadership Camp, to be held August 20-22, 2010. This camp is open to youth completing 6<sup>th</sup>-12<sup>th</sup> grades and it's free! Please see page 21 for more camp details. Lastly, August is the month of many state animal shows, so have fun and good luck!

See you at the fair, July 21st-25th!

Kaitlin Everett  
County 4-H Agent

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**DEADLINE FOR NEXT NEWSLETTER – September 15th  
PUBLICATION October-November-December 2010**

**14 CARROT RABBIT CLUB**

Katharina R. Stalzer  
MyKayla Tyrrell

**TEEN COUNCIL**

Madison Personette  
Ryan M. Singh

**ABOVE & BEYOND**

Melissa M. Gioia  
Brianna Gonzalez  
Catalina Gonzalez

**THUNDERHOOFS**

Emma M. Hughes

**THE UPPER FREEHOLD  
TEAM GREEN 4-H CLUB**

Liam W. Smith  
Tristan A. Smith  
Eric J. VanHandel  
McKenzie L. VanHandel

**ANIMAL SCIENCE**

George W. Anderson V  
Shannon E. McGrory  
Logan Murphy

**BACKSTAGE TO  
BROADWAY**

Julia R. Cecere  
McKayla M. Tyrrell

**HORSES-R-US**

Gabriela A. Kanabrocki

**MONMOUTH CLOGGING  
EXPRESS**

Katelyn M. Kennedy

**RAGING REPTILES**

Dalia E. Bonett  
Matthew R. Bonett  
Aidan M. Newell



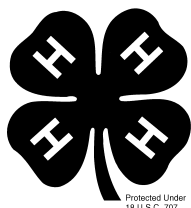
Kaitlin Everett  
Monmouth County 4-H Agent



Virginia Krzyzanowski  
4-H Program Associate

Sabrina Brown  
4-H Program Assistant

Rita Silvestri and Gladys Tarantino  
4-H Secretaries



**4-H Mission Statement**

The Rutgers Cooperative Extension 4-H Youth Development program uses a learn by doing approach to enable youth to develop the knowledge, attitudes and skills they need to become competent, caring and contributing citizens of the world. The mission is accomplished by using the knowledge and resources of the land grant University system, along with the involvement of caring adults.

## **ANIMAL SCIENCE 4-H CLUB**

**By: Meg, Whitehouse, Leader**

Animal Science has been very busy this spring. We visited Red Bank Vet Hospital, gave public presentations, worked on our record books, learned about chickens and goats, and marched in the Freehold Memorial Day Parade.

Club members helped to decorate the float and then marched in the Memorial Day parade. It was a beautiful day and the streets were lined with people who cheered when the float went by. We had rabbits and ducks on wagons and horses marching in the parade. We even had excitement when some bunnies escaped and we caught them. There were military vehicles and service men and women marching.

The club is excited about the fair and will be attending the mandatory fair meeting in the 4-H office. We will have a booth at the fair and the theme will be a 50<sup>th</sup> anniversary celebration of the Monmouth County Parks System. The Parks System and the 4-H jointly host the fair.

The Animal Science club will sponsor any member who participates in the 4-H Ambassador contest at the Fair. We know that Samantha Martin will be applying for the Ambassador contest and hope that other club members will also apply.

## **4-H HORSE CLUB ABOVE AND BEYOND'S LATEST ACTIVITIES**

**By: Natalie Cribbin**

Hi everyone!! Here's what we've been doing the past few months:

April and May were busy months. Three of our club members competed in qualifiers. We worked really hard and had lots of fun and all three of us qualified for States!!! We're very excited and are looking forward to August!!

We also marched in the Memorial Day parade in Freehold!! That's the first time we did this but it won't be our last. We had lots of fun and our pony Curtis was such a good boy! We can't wait to do it again next year!! I was lucky enough to be on horseback – awesome!!!!

We are now looking forward to and getting ready for the Monmouth Mile (a charity event for ReRun) and the county fair. We are excited about the summer and BEING OUT OF SCHOOL!!!! See you all at the Fair!!!



Pictured above: Kristen Tracey



Pictured above: Jaime Kelly

## Heard Around The 4-H Clover (cont.)

### 14 CARROT RABBIT 4-H CLUB

By Paul Yoncak, President

We had a very busy 4-H Spring. We were able to take our animals to several places and spread the word about 4-H. A highlight of our clubs year is attending the Outdoor Adventure Expo at Turkey Swam Park. This year the weather was great and we had many animals on display to the public. Almost all of our club attended so we had plenty of time to take turns showing the animals and participating in the fun activities at the park such as the rock wall climbing, hike around the lake, fishing derby, and boating.

Several of our club members were in the Freehold Memorial Day Parade and we want to thank the 4-H leaders that helped to make that happen. If your club has not participated in a parade I would encourage you to find one near you and enter. They are fun and a great way to show a 4-H presence in your community.

Don't forget to sign up for 4-H Summer camp, it is a great way to spend a summer week. Check out the info later in this newsletter.

The Monmouth County Fair will soon be here and we are getting ready for that big event. Hope you have time in your 4-H schedules to come visit us in the Small Animal Tent. Best wishes to all the 4-Her's that are competing at the fair and just coming to enjoy it.

### TEEN COUNCIL 4-H CLUB

By: Simone Khouzam

The 4-H Teen Council Club has completed numerous activities in the past couple of months. In May, we distributed the seedlings which we ordered. It was a very successful fundraiser, which we raised over \$1000. Thank you to everyone who supported our club. In addition, on the first weekend in June, several of our members went to Teen Time Camp. They went to Camp Nomoco and reported that they had a great time. Also a few of the Teen Council members attended State Presentations on June 12. We are looking forward to hearing what they thought of it.

Now, Fair Week is approaching. It will be from July 21 to July 25. We are looking forward to running the food, popcorn, and dunking booth. Also we are planning our club booth to coincide with the park's anniversary. We hope that you come out with your family to enjoy the Fair Week and support our club.



## OCEAN GROWN LIFE LEARNERS 4-H CLUB

**By: Anne Shotwell, Leader**

Ocean Grown Life Learners homeschool group has had a great year. We visited many great places and had some fabulous experiences.

Last Fall we had a Boat Trip to Manasquan Reservoir as well as a nature walk to learn about the Fall foliage. We had a fantastic Halloween party and some of us learned to canoe at Thompson Park. At the holidays we made cards for nursing home residents. We had our annual Culture Day and Talent Show. Our new activity was a Poetry Cafe where the members either read a poem or played a musical instrument. Most of all we enjoyed just getting together for park days and game days of which we had quite few.

In January we found ourselves in a new meeting space at Trinity Church in Asbury Park. We are very grateful to Ascension Church in Bradley Beach for allowing us to meet there for 2 1/2 years.

On a sad note, my family and I will be moving to Maryland. It has been my extreme pleasure to be a part of this group and to meet so many wonderful interesting kids and parents. We have had some wonderful times over the years and forged great relationships. We have learned by doing! My favorite part of 4H! I leave the group in the hands of 3 new leaders, Jen Caruso, Jenni LaFountain and Lyell Gressitt. Each one of them I have come to know and trust as great woman and good friends, and am thrilled to see the group grow and move on with them and their children.

If you are interested in OGLL 4H group you can find our Yahoo Group at:

<http://groups.yahoo.com/group/oglifelearners/>.



Poetry Cafe



Boat trip at the Manasquan Reservoir



Talent Show



Winward Beach



**Teen Time at Turkey Swamp: Archery**



**"May the Forks be with you"**



**14 Carrot Rabbit senior award to Amelia Valente presented by Jenn Clayton**



**Freehold Memorial Day Parade**



**Teen Council service project**



**Nature's Navigators hike at Clayton Park**

## Heard Around The 4-H Clover (cont.)

### NATURE'S NAVIGATORS

By: John Redding

This June Nature's Navigators ran things much differently. We added a camping trip exclusively for teenagers in the time slot of our usual trip. Also, our family camping trip has been scheduled later on in August. Although we still camped at Nomoco, we reserved a site further into the woods.

The basic set up of camp was the same but the recreation activities were definitely different. For most of the trip, the club members were given a list of options; canoeing, hiking, etc.... and left to make their own choices. The highlights of the trip were the laid back setting, as well as going the archery range. Besides that, the County Fair will be held on July 21-25. The family camping trip for all members will be August 6-8, 2010.

### THUNDERHOOFS

By: Nyna McKittrick, Leader

At our May meeting we made pizza gardens!



Shannon, Amanda, Ashley, Justin and Emma are some of the club members who made bamboo tripods for their pizza gardens. Each garden has a tomato plant, an oregano plant, a pepper plant, a lettuce plant and a marigold plant in it. The club members are going to grow their plants over the summer, and when we return, we are going to have a pizza party!

We have been making plans for the fair including making our own quilt as a club banner. Each member made a quilt square that will be sewn together and displayed at our club booth.

We included a square congratulating the Monmouth County Park System on their 50<sup>th</sup> year anniversary. Other squares were made that show some of the things our club is interested in including the Get Moving Get Healthy Program and the 4-H Program itself. We are excited to have our new 4-H agent, Kaitlin Everett, and program assistant, Sabrina Brown, to work with and bring new ideas to Monmouth County 4-H.

Hope you have a great summer — SEE YOU AT THE FAIR!



## RESOURCES



### Get Moving Get Healthy

## PLANNING A PERFECT FAMILY PICNIC

Vitamin D comes by way of the sun so **GET OUTDOORS and EAT HEALTHY!**

Fresh air, grass beneath your feet and the warmth of the sun on your face all call for a picnic. Whether it is on the beach, at a park, or in our own backyard, summertime can stimulate your desire for outdoor eating. Here's how to help your family plan the perfect picnic.

#### **Tips to keep picnic-goers safe and healthy:**

- The first rule while preparing food is to keep things clean. Wash your hands frequently, especially before touching food. Bring along antibacterial gel or disinfectant wipes to stay germ free all day.
- Don't prepare your picnic foods more than one day in advance, unless the food will be frozen.
- When packing your cooler, start with a layer of frozen water bottles, and then add cold food right from the refrigerator. Fill clean recycled plastic bottles  $\frac{3}{4}$  full with tap water and freeze. They will serve more than one purpose!
- Keep cut melons and mayonnaise-based foods, like potato salad, refrigerated or on ice under ready to serve.
- Remember to keep hot food hot and cold food cold.
- When arriving at your picnic destination, place your cooler in a well-shaded area.
- Keep beverages and food in separate coolers. Drinks are frequently taken out and you don't want to run the risk of food getting warm or spoiling.
- Pack extra water, just in case it's hotter than expected. You want to be sure to avoid dehydration. Use the thawing freezer bottles for ice cold drinking water.
- Running water may not be available where you're picnicking so those thawing freezer bottles can also provide water to clean up with.

Bring sunscreen with an SPF of 30 or higher and apply it frequently during the day.

Picnicking is a special part of childhood and summertime. Following these safety tips will ensure that your family's picnic under blue skies will be a real memory—maker.

SOURCE: FOCUS summer 2010 HorizonBlue



## RESOURCES (cont.)

### **GULF WILDLIFE SUPPLIES AND DONATIONS NEEDED**

**By: Ian Rios, 4-H S.E.T. Ambassador**

The Sea Bird Sanctuary in Florida, the largest seabird hospital in the country, is collecting monetary donations, as well as towels and other items. You can find out more about them and how and where to send what ever you have through the following link.

<http://www.seabirdsanctuary.com/>

Other organizations in need of monetary support are the National Wildlife Federation [www.nwf.org](http://www.nwf.org)

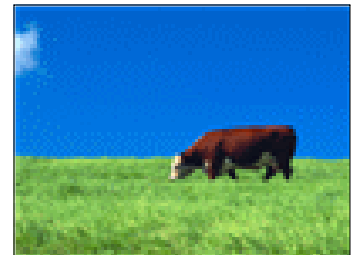
And also the Institute for Marine Mammal Studies <http://www.imms.org/>

As per their websites, only the Sea Bird Sanctuary is accepting non-cash donations. Non-cash donations are also tax deductible.

Please pass this information along.

### **ATTENTION ANIMAL MEMBERS AND LEADERS**

Growing season is here and everything is coming up in pastures. Be sure to check this web site from our colleagues in New York to help identify plants growing in the fields which might be poisonous to your horses and livestock.



<http://www.ansci.cornell.edu/plants/php/plants.php?action=indiv&byname=scientific&keynum=12>



## RESOURCES (cont.)

### Announcing the 2010 National Science Experiment: 4-H<sub>2</sub>O

Join us on October 6th for the third annual *4-H National Youth Science Day*, where youth across the nation examine one of the most important issues facing our nation today—water quality. These young scientists will discover and explore the powerful effects of carbon dioxide on our natural water sources in 4-H<sub>2</sub>O, the 2010 National Science Experiment. Developed in conjunction with [North Carolina Cooperative Extension](#) and [North Carolina A&T State University](#), the experiment is designed to spark an early youth interest in science—all part of 4-H's bold goal to engage a million new young people in science, engineering, technology, and applied math programs by 2013.

#### Resources Are Now Available Online

You can find everything you need to participate in *4-H National Youth Science Day* online at [www.4-H.org/NYSD](http://www.4-H.org/NYSD). The site provides all the tools you will need to begin a comprehensive scientific exploration and plan an exciting science event in your community.

#### Current Online materials include:

- an experiment facilitator's guide
- the youth experiment workbook
- an experiment overview

#### Coming Soon:

- event planning kits
- promotional materials, including flyers, web banners and more
- the 2010 4-H National Youth Science Day kit for purchase on the 4-H Mall
- an interactive game that demonstrates the importance of water quality

New features, information and promotions will be added in the months and weeks leading up to October 6th—so make sure to register online to receive the latest event updates.

We look forward to you joining us for the *2010 4-H National Youth Science Day*!

Don't forget to find us on [Facebook](#) and [Twitter](#) to take part in the dialogue about 4-H National Youth Science Day at [www.4-h.org/NYSD](http://www.4-h.org/NYSD).

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**RESOURCES (cont.)**



**Rutgers Lindley G. Cook 4-H Camp  
in beautiful Stokes State Forest**

**Sleepaway Camp for all Children  
4<sup>th</sup> to 11<sup>th</sup> grade**

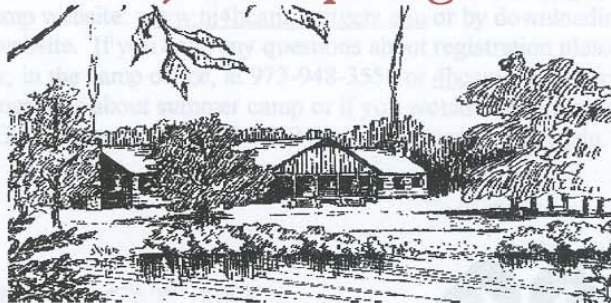
**Six One-Week Sessions starting July 4<sup>th</sup>  
Sunday afternoon to Saturday morning**

**\$450.00 per one-week session**

**100 Struble Road Branchville NJ**

**For information call 973-948-3550 or visit:**

**[www.nj4hcamp.rutgers.edu](http://www.nj4hcamp.rutgers.edu)**



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## RESOURCES (cont.)

### Rutgers Lindley G. Cook 4-H Camp in beautiful Stokes State Forest

#### Sleepaway Camp for all Children 4<sup>th</sup> to 11<sup>th</sup> grade

Join us for our 59th year of traditional, high quality, safe, and fun summer camp programs held at our 108 acre camp surrounding Lake Shawanni. Each day is filled with exciting and educational programs facilitated by a highly trained staff led by professional year-round directors. **You do not need to be a member of 4-H to attend camp.**

Here is the 2010 summer line up of classes:

- ⌘ Outdoor Living Skills classes include; Survival, Fishing, Hiking and Nature Exploration, Camping and the most popular class of all at camp—Outdoor Cooking
- ⌘ Creative Arts classes include; Drama Skills, Advanced Drama, Crafts, Advanced Crafts, Pottery Wheel and new for this summer—Clay and ceramics
- ⌘ Waterfront classes include; Basic Water Skills, Water Games, Introduction to Boating, and new this year are the Canoe Class and the Kayak Class
- ⌘ 4-H Shooting Sports classes include (age restrictions may apply); Archery, 3-D Archery, Air Rifle, Muzzleloader, and new this year—Pioneer Living

Go to the camp website: [www.nj4hcamp.rutgers.edu](http://www.nj4hcamp.rutgers.edu) to learn more about activities and the special theme for each of the six traditional one-week sessions this summer.

Registration is very easy with the camps new and improved online registration center found on the camp website: [www.nj4hcamp.rutgers.edu](http://www.nj4hcamp.rutgers.edu) or by downloading a registration form from the website. If you have any questions about registration please contact, Heather Schultz, in the camp office, at 973-948-3550 or [4hcamp@njaes.rutgers.edu](mailto:4hcamp@njaes.rutgers.edu). If you have any questions about summer camp or if you would like to arrange a tour of the camp, contact Guy Weber, at 973-948-3550 or [weber@njaes.rutgers.edu](mailto:weber@njaes.rutgers.edu).

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# YOUTH CORNER

## AFTER SCHOOL GARDENING CLUB Bolger School, Keansburg 5th & 6th graders.

By: Azalea Mendez

Pictured left:

**NJ State Tree—  
Study/sketch**

Grid Drawing  
Method  
Norther Red Oak  
(Quercus rubral)  
Drawn by Azalea  
Mendez



### STATE PUBLIC PRESENTATIONS Saturday, June 12th Hickman Hall on the Cook/Douglas Campus



Monmouth County Youth that attended:

Shannon Bley—Award: Excellent  
Carly Eidman—Award: Excellent  
Matthew Hills—Award: Very Good  
Amanda Keynton—Award: Very Good

Kayla Kramer—Award: Excellent  
Samantha Martin—Award: Excellent  
Ian Rios—Award—Good  
Paul Yoncak—Award: Excellent

**CONGRATULATIONS TO ALL THAT PRESENTED!**



# IN THE NEWS

## COMMUNITY SERVICE

On May 1, 2010, members of Free Spirit Goat Club and Curry Combs Horse Club visited Bartley Nursing Home and played Bingo with the residents. Over the last few weeks the members had been collecting prizes to be given out and the residents were absolutely thrilled. When they were not handing out prizes, the club members were handing out cupcakes, cookies and juice. After playing several games of Bingo, the youth members walked throughout the facility and visited with all the residents. This was a very rewarding event and we hope to visit again soon.

Those in attendance were Abbey Lanz, Kelly Shoemaker, Marie Shoemaker, Denise and McKayla Tyrrell.





## IN THE NEWS (cont.)

### NATIONAL YOUTH HORSE LEADERS SYMPOSIUM



In March 2010, the Youth Horse Council attended the National Youth Horse Leader's Symposium in Lexington, Kentucky. Throughout the symposium they attended lectures, roundtable discussions, and interactive sessions all related to the horse industry. They had the wonderful opportunity to hear from industry professionals, educational leaders, veterinarians, and see live horse demonstrations at Kentucky Horse Park. We also had the opportunity to take a tour of Kentucky Horse Park and visit all the famous retired race horses, and see this magnificent park.

Those in attendance were: Abbey Lanz, Kacie Moran, Jess Sagui, Kelly Shoemaker, and Marie Shoemaker.

### RUTGERS—DISCOVERY TOUR THE WORLD OF HORSES AND HUMANS

On April 9, 2010, members of Free Spirit Goat Club and Curry Combs Horse Club boarded the Rutgers tour bus and headed out for a full-day tour. Our day started at the Exercise Physiology Lab and Research barn on G.H. Cook Campus where we saw a horse run 40 miles per hour on a treadmill - amazing! While visiting Fair Winds Farm we got to see adorable newborn foals and the Hogan Equine Surgical Facility where they do surgical procedures on horses. Along our travels we stopped at Rick's Saddle Shop and the Horse Park of New Jersey. Our last stop was at Congress Hill Farm where we got to see young children receiving their therapeutic riding therapy through Special Strides Therapeutic Riding Center and then afterwards we got to see a horse exercising in the swimming pool. This was a very education and fun day!

Those in attendance were: Rebecca Carmeli-Peslak, Margaret Carmeli, Amber Henderson, Mary Henderson, Andrea Ragan, Meg Ragan, Kelly Shoemaker, and Marie Shoemaker.



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# IN THE NEWS (cont.)

## MARTHA STEWART SHOW

On March 30, 2010, several youth members and leaders boarded a train and headed to New York City to view a taping for the Martha Stewart Show. The subject of the show was about Backyard Farming/Chicken Show. The entire show was devoted to chickens and we learned about different breeds and shelters, and saw an egg cooking demonstration. We left with our heads full of knowledge and our arms full of books and a special chicken purse! This was a great experience.

Those in attendance were: Virginia Krzyzanowski, Denise Moran, Cindy Cook, Robert Nichols, Kayla Kramer, Kelly Shoemaker, Chelsea Cook, Annamarie Shalayda, Devon Ralph, Nicholas Nichols, Kacie Moran, and Patrick Weber.

## THE MEMORIAL DAY PARADE

Freehold, NJ  
May 31, 2010



Gathering of the parade marchers.



The Bunny Brigade—Mrs. Bennet, Mrs. Whitehouse, and helpers.



The Cloggers put on a great show.



Equestrians of the Year: Katherine Sotovaldez and Anthony Santoriello.



The back-up crew: Sue, Christina, Wayne and Stacey.



4-H Ambassador, Clair McKittrick, with Kathy Smith.



Pictured right: Preparing the float: JoAnna Tumminello.



## Are you a parent? Do you use the Internet?

The Parenting 2.0 research project<<http://www.cehd.umn.edu/fsos/parent20/>>, sponsored by the University of Minnesota, is looking for parents who use the Internet to participate in an online research study. The study involves filling out a 20-minute online survey about how and why you use the Internet. The purpose of the Parenting 2.0 research project is to learn more about the ways that and the reasons why parents use technology. Results from this study will be used to help develop parent education resources. If you decide take part in this study, you will be asked to complete an online survey available at:

<http://www.cehd.umn.edu/fsos/parent20/survey>. To be able to take part in this study, you must be over 18, and be a parent or primary caregiver. Participants will have the option of being entered into a drawing to win one of 20 \$100 Amazon.com gift cards. If you are interested in participating or have any questions about the study, please visit our website at <http://www.cehd.umn.edu/fsos/parent20/survey> or contact Dr. Jodi Dworkin at [jdworkin@umn.edu](mailto:jdworkin@umn.edu)<<mailto:jdworkin@umn.edu>> or Dr. Susan Walker at [skwalker@umn.edu](mailto:skwalker@umn.edu)<<mailto:skwalker@umn.edu>>.

Thank you for your participation,  
The Parenting2.0 Research Team

## 4-H FAMILY CAMPING WEEKEND

**August 6-8, 2010**

All Monmouth County 4-Her's are invited to a camping weekend at Nomoco Activity Center in Turkey Swamp Park. There will be hiking, canoes, kayaks, outdoor cooking, fishing, crafts, arts, campfires and s'mores. The fee is \$25.00 for campers and adult chaperons are free. The fee covers food, platform tents, the campsite, crafts and recreational equipment.

If you camp a lot, or have never camped before, this is an opportunity to get outside and enjoy our natural surroundings while being close to home! We will all pitch in to run the camp with food preparation, cleaning, and

activities, so join us for a weekend of 4-Her's learning while doing.

Contact the 4-H office for registration forms that are due back by July 27th. Any questions contact Lorraine Yoncak: [yrainepaul@aol.com](mailto:yrainepaul@aol.com)



(Continued on next two pages. Registration form and permission form.)

**UPCOMING EVENTS (cont.)**

**4-H Outdoor Education & Recreation Camp  
August 6-8, 2010  
Survivor Nomoco**

- Who:** 4-H youth in grades 1 -12 that are members in good standing of registered 4-H Clubs
- What:** Camping weekend with fellow 4-Her's, experience some great outdoor activities such as: canoeing, hiking, swimming, camp fires, archery, man hunt, outdoor cooking, nature crafts, around the lake relay and more.
- When:** Friday August 6<sup>th</sup> 5pm until Sunday August 8<sup>th</sup> 2pm
- Where:** Turkey Swamp Park's Nomoco Activity Center, Freehold Township, N.J.
- Why:** To have fun while learning more about the outdoor world around us.
- Transportation:** Parents are responsible for transportation to and from camp. You will receive a map and information upon registration
- Fee:** The fee is \$25.00 per camper, adult chaperons are free. The fee covers food, platform tent, campsite, craft and recreational materials.

Please plan to join us for our camping weekend right here in Monmouth County. If you camp a lot or have never camped before this is an opportunity to get away from it all but be close by. If you want to try the camp experience but are not fond of sleeping in tents you can join us for the day programs.

All first time campers and those in the 1<sup>st</sup> -3<sup>rd</sup> grade should have an adult chaperon over the age of 21 accompany them. We need 1 chaperon for every 5 youth for all other campers.

For more information please contact Lorraine Yoncak at 732-462-9703 or yrainepaul@aol.com

-----Detach here and return to Lorraine Yoncak by July 27th-----

Name \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_ Grade \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone #'s home \_\_\_\_\_ cell \_\_\_\_\_

4-H Club \_\_\_\_\_ Chaperon for weekend is: \_\_\_\_\_

Camping over: Fri. & Sat. \_\_\_\_\_ Fri. only \_\_\_\_\_ Sat. only \_\_\_\_\_ Day program only \_\_\_\_\_

providing own tent \_\_\_\_\_ park platform tent \_\_\_\_\_ List Food Allergies \_\_\_\_\_

Parent/ Guardian Signature \_\_\_\_\_

Make Check payable to "Lorraine Yoncak" and send to 193 Ely Harmony Rd Freehold, N J 07728

# UPCOMING EVENTS (cont.)



## New Jersey 4-H Event Permission Form for Youth



Both sides of this form must be completed by all youth participating in overnight activities, field trips, events requiring group transportation, and any other events sponsored through the 4-H Youth Development Program where it is deemed necessary by the adults (paid 4-H staff and/or registered 4-H volunteer leaders) responsible for the youth participants. The form should be submitted prior to the event and kept by the chaperone for at least 90 days after the event. The form has five parts: (1) information about the participant and activity, (2) parental permission and liability release, (3) medical emergency authorization and health information, and (4) behavior agreement and (5) media policy. *Be sure to complete all five parts and sign where requested!*

### Information about the Youth Participant and Activity

Name of youth participant: \_\_\_\_\_ Birthdate: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Telephone number: \_\_\_\_\_ 4-H county: \_\_\_\_\_ Grade: \_\_\_\_\_  
 Name of parent/guardian: \_\_\_\_\_  
 Name of activity/event: Survivor Nomoco - 4-H Outdoor Education & Recreation Camp  
 Name of 4-H group sponsoring or participating in this event: Nature's Navigators 4-H club - Lorraine Yoncak  
 Location of event: Turkey Swamp Park's Nomoco Activity Center, Freehold Township, NJ  
 Date and time of participation of individual named above: Friday August 6th 5pm until Sunday August 8th 2pm

### Parent Permission and Release of Liability

I hereby give my son/daughter named above permission to participate in the event listed. Although Rutgers Cooperative Extension and its chaperones will use the utmost precaution in guarding the health of the above participant and preventing accidents, I release them from any liability in case of illness or injury as a result of this activity. Furthermore, I release the owner and driver of the car transporting my child to and from the event, from any liability in case of illness or injury.

Signature of parent or guardian: \_\_\_\_\_

### Medical Emergency Authorization and Health Information

I authorize the 4-H chaperone(s) to dispense the prescription drugs and/or over the counter medications listed below in accordance with the instructions provided on the label (prescription drugs) or below (over-the-counter medications). In case of sudden illness or an accident to the above named participant requiring immediate treatment or surgery while he/she is a participant in this activity, I authorize the 4-H chaperone(s) to take such action as seems appropriate to protect the health and physical well-being of the above participant. This authority extends to any physician(s) and/or surgeon(s) selected by the chaperone(s) to perform medical and/or surgical procedures including examinations and tests necessary to preserve the health and physical well-being of the above named participant. All efforts will be made to contact the parent(s) or guardian(s) in case of emergency.

Name of parent/guardian	Phone number	Name of additional emergency contact	Phone number
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The following information is provided as an aid to the chaperone(s) in dealing with the well-being of the participant. The participant has the following health conditions: (include allergies, handicaps, diabetes, pregnancy, asthma, medications needed, etc.).

Health conditions: \_\_\_\_\_

Medications/Instructions: \_\_\_\_\_

Health Insurance: Company \_\_\_\_\_

Group# \_\_\_\_\_

ID# \_\_\_\_\_

Signature of parent or guardian \_\_\_\_\_

- Continued on other side -



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# UPCOMING EVENTS (cont.)

### Behavior Agreement

The 4-H Code of Conduct outlined below is in effect for all youth activities involving Rutgers Cooperative Extension and the Department of 4-H Youth Development. It applies to all participants in 4-H activities, with participants defined as 4-H members of any age or grade, all other registered youth and adults, and all other individuals who take part and/or attend 4-H events.

Participants who fail to adhere to the 4-H Code of Conduct may be subject to a range of disciplinary actions. Immediate corrective action will be taken to ensure the safety and welfare of all participants at the event. Additional disciplinary action may be taken upon further investigation of the infraction or incident. Participants in county events shall be subject to policies developed at the county level. Participants in state and national events shall be subject to the policy and process outlined in the "4-H Event and Activities Disciplinary Policy," which can be found at [www.nj4h.rutgers.edu/policies](http://www.nj4h.rutgers.edu/policies).

If an individual continually disrupts the group or engages in illegal behavior, he or she will be given an opportunity to discuss the problem with the chaperones before more drastic action is taken. If, after discussion, the behavior continues, or in the opinion of the chaperones it would be detrimental for the individual to continue with the group, he or she will be sent home **at the participant's expense**.

### 4-H Code of Conduct

1. The health, safety, and welfare of others must be respected at all times.
2. Appropriate language and behavior are expected at all times. Profanity, foul or abusive language, inflammatory statements, derogatory comments, or physical altercations toward any group or individual are not permitted.
3. Participants are expected to be present and participate at all scheduled program activities. Participants are required to wear nametags when dispensed.
4. All participants are expected to be on the site of the event at all times. Unauthorized use of vehicles during an event is prohibited.
5. Participants are responsible for following the instructions of all 4-H staff and event chaperones.
6. All behavior or language of a sexual nature at 4-H events is inappropriate and unacceptable. Dignified and respectable behavior is expected at all times.
7. Curfew hours must be strictly followed.
8. Behavior during unscheduled free time is subject to the supervision of 4-H staff and chaperones.
9. Dress code standards previously set for the event must be met by all participants (i.e., no sexually suggestive, culturally insensitive, tobacco or alcohol industry sponsored shirts, inappropriately cut shirts, shorts, pants or skirts, etc.).
10. Possession, distribution, or use of alcoholic beverages or illegal drugs is prohibited. Prescription drugs and over-the-counter medications may be dispensed by adult chaperones only with written authorization provided by the parent/guardian on the 4-H Event Permission Form for Youth filed for the event.
11. With the concern for the well being of self and others, smoking and the use of other tobacco products is prohibited.
12. Care and respect for property, personal and institutional, is expected at all times. Theft, possession of missing property or damage to property is prohibited.
13. Unauthorized possession, distribution or use of weapons, ammunition or fireworks is prohibited.
14. Honesty is expected at all times from 4-H members. Dishonesty, cheating, plagiarism and forgery are inappropriate actions.

I HAVE READ the **Behavior Agreement** and **4-H Code of Conduct** above and discussed it with my son/daughter. I understand and agree to the conditions set forth. I accept the cost and responsibility of having my son/daughter returned in the event it is necessary.

\_\_\_\_\_  
Signature of participant in event

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent or guardian

\_\_\_\_\_  
Date

### New Jersey 4-H Media Policy and Release:

The 4-H program routinely promotes activities through various media. This includes, but is not limited to newsletters, newspapers, brochures, and displays. In doing so, the names and photos of members may be included to help tell the 4-H story. However, New Jersey 4-H policy is that on web sites, youth in photos will not be identified by name(s).

- No, do not use my individual picture for any purpose.** I will make an effort to avoid opportunities to be in group photos.
- No, do not use my name for any purpose.**

*By Keith Diem, Ph.D., 1990. Revised by Rita Natale Saathoff, 2003. Revised by Annette Devitt, 2004.*

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**N.J. AGRICULTURAL EXPERIMENT STATION**  
**RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY**  
**NEW BRUNSWICK**

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**UPCOMING EVENTS (cont.)**



All fair judges are invited to our

# Judge's Appreciation Luncheon

**Wednesday, July 14<sup>th</sup>** at the 4-H Office  
 (Judging Day for Fair Entries)  
 4000 Kozloski Road, Freehold, NJ 07728

Fair entries may be judged anytime between 9:00 am and 4:00 pm.  
 Lunch will be available between 11:30 am to 1:30 pm.

Come judge in the morning or afternoon and have a bite to eat.

Even if you will be judging at the fair grounds,  
 you are welcome to join us for lunch!



RSVP to Rita at 732-431-7263 by July 12<sup>th</sup>, 2010

## 2010 NJ 4-H Teen Leadership Camp

**WHO:** 4-H Members & Military Youth, in grades 6-12

**WHAT:** Leadership, teambuilding, swimming, hiking, boating & more... all in a beautiful camp ground environment

**WHERE:** Monmouth County Park System,  
 Nomoco Family Campground, Freehold, NJ

**WHEN:** 5:00 pm Friday, August 20 to 10:00 am Sunday, August 22



**Come ready to have an adventure,  
 explore new leadership skills,  
 and make great friends!  
 ...and all this fun is absolutely free!**



Sponsored by NJ 4-H State Teen Action Council  
 & NJ Speak Out for Military Kids  
 Please contact the office for event forms.

## YOUR 4-H ASSOCIATION NEEDS YOU!

**Please step forward as an individual or club to help make our fair a 4-H success!  
There are still many shifts that need to be filled, remember if we don't make money there will be no money for scholarships and trips next year. Remember we need adults (over 21) and members over 14 to help. Adults can get into the fair for free if they help...**

### FOOD BOOTH SHIFT SCHEDULE BY CLUB

#### WEDNESDAY, JULY 21, 2010

8:00pm-11:30pm - Thunderhoofs + needs additional help (3 people)

#### THURSDAY, JULY 22, 2010

8:00pm-11:30pm - Raging Reptiles+ needs additional help ( people)

#### SATURDAY, JULY 24, 2010

11:00am-3:30pm      NOT FILLED (need 12 people)  
3:15pm-7:45pm      NOT FILLED (need 12 people)  
7:30pm-11:30pm      Teen Council (need 3 people)

#### SUNDAY, JULY 25, 2010

2:15pm-6:15pm-NOT FILLED (need 12 people)

If your name does not appear on this list please call the 4-H office at (732)431-7263 or 7264.  
or contact Amy Barker at [ambarker421@gmail.com](mailto:ambarker421@gmail.com).



#### POP CORN MACHINE OPENINGS:

Saturday	11am-1pm
Saturday	1pm-3pm
Sunday	11am-1pm
Sunday	1pm-3pm
Sunday	3pm-6pm

#### DUNKING STOOL OPENING:

Wednesday	5pm-7pm
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**\*\*\* JULY 2010 \*\*\***

- July 1st—All overnight permission forms for youth/adults due; Pet Photo entries—fee and photos due; Fun Day entry form and fee due; Open Gymkhana pre-entry form and fee due
- July 1st & 2nd—SET Camp Day 3 & 4
- July 5th— 4-H Office is Closed
- July 6th— Horse Leaders Meeting at 7:00pm at the 4-H Office
- July 11th-17th— Citizenship Washington Focus (4-H National Trip for teens)
- July 12th & 13th— Fair Project due to the 4-H office between 8:30am—7:30pm; Record Books will not be collected at this time, but will be on a future date to be announced.
- July 13th— Bread, Food & Nutrition, and Free for All Food entries due
- July 13th—Small Animal Committee Meeting 7:00pm
- July 14th—Judge's Appreciation Luncheon at the 4-H Office 11:30-1:30pm
- July 15th— 4-H Association Meeting 7:00pm
- July 15th—Deadline for NERVF Scholarship (Volunteer Forum)
- July 17th—Removal of items from the Barn
- July 18th—9:30am setup of all 4-H Displays
- July 21st— Club Booth setup 5:00pm; Ambassador Orientation 7:00pm; Food Booth Orientation 7:00
- **July 21st-25th— The Monmouth County Fair!**
- July 24th— Gloucester County Invitation Rabbit & Small Animal Show at the Gloucester Fair Grounds.
- July 31st—Dawn Patrol at Monmouth Park; contact Meg Whitehouse: [wwhiteh404@aol.com](mailto:wwhiteh404@aol.com)

**\*\*\* AUGUST 2010 \*\*\***

- August 2nd & 3rd— Cross Country Clinic and Dressage Fix-A-Test at the Horse Park of New Jersey
- August 3rd—Horse Leaders Meeting 7:00pm
- August 6th-8th—Family Camping Weekend at Nomoco Activity Center in Turkey Swamp
- August 10th—Small animal Committee Meeting 7:00pm
- August 17th— State 4-H Dairy Show at the Hunterdon County 4-H and Agricultural Fair
- August 20th-22nd—NJ Teen Leadership Camp at Turkey Swamp
- August 21st—NJ 4-H Equestrian of the Year Contest
- August 26th—State 4-H Goat Show
- August 27th-29th—State 4-H Horse Show at the Horse Park of New Jersey

**\*\*\* SEPTEMBER 2010 \*\*\***

- September 1st—Record Books due! Please drop off at the 4-H Office.
  - September 3rd-6th— Camp Alumni Reunion at LG Cook 4-H Camp
  - September 6th— 4-H Office Closed
  - September 7th—Horse Leaders Meeting 7:00pm
  - September 14th—Small Animal Committee Meeting 7:00pm
  - September 23rd—4-H Association Meeting 7:00pm
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