

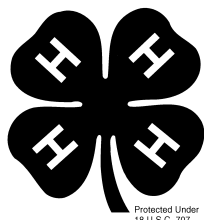


NJ AGRICULTURAL EXPERIMENT STATION  
**RUTGERS**  
 COOPERATIVE RESEARCH & EXTENSION  
 DEPARTMENT OF 4-H YOUTH DEVELOPMENT

4000 Kozloski Road, PO Box 5033  
 Freehold NJ 07728—5033  
 New Jersey Agricultural Experiment Station  
 Agriculture 732/431-7260, 7261  
 Family and Consumer Health Sciences: 732/431-7271  
 4-H: 732/431-7263, 7264  
 Fax: 732/409-4813

E-mail: [williams@aesop.rutgers.edu](mailto:williams@aesop.rutgers.edu)  
 Web: <http://www.visitmonmouth.com/07050coopext/>

# THE LUCKY 4-H'ERS GAZETTE



Volume 8 Issue 1  
 January—February 2007

## Making the Best Better in 2007; Celebrating the Best Done In 2006

Making New Year's Resolutions comes naturally to 4-H members and leaders, for they are always striving to "Make The Best Better". In living out the 4-H pledge, they aim to use their head, hearts, hands and health for the betterment of their world.

In the spirit of "making the best better" in 2007, it is important to not minimize what has already been accomplished in 2006. Recently, a club leader I trained expressed concern that she had not yet incorporated all of the club components into her club program. Instead of celebrating what she and the club members had already accomplished, she was thinking about what they had yet to do. But I was pleased to note that she was eager to start the new year and expand the club offerings. She had found the scope of 4-H to be wider than she had ever anticipated, and she was enthusiastic to embrace it all with her club members.

Sometimes in aiming towards the future, we don't note the meaningful impact 4-H is making every day. Look back over 2006. Remember the expanded leadership skills of a club member...the increased confidence of a 4-Her giving public presentations... the many individuals helped by the clubs' community service projects. And much more.

On behalf of the entire staff of the Rutgers Cooperative Extension of Monmouth County 4-H Department, I wish you a new year filled with joy and peace. May you look back on your 2006 with pride and satisfaction and look to 2007 with a spirit of promise and hope.

Inside this issue:	
Letter from Ellen Williams, 4-H Agent	1
Welcome New Leaders, Members, Clubs	2-3
Heard Around The Clover	3—11
Youth Corner	12
Five-A-Day Corner	12
Thank You	13-15
Resources	16
In The News	17-22
Announcements	22-25
Upcoming Events	26-34
4-H Calendar of Events	35

**DEADLINE FOR NEXT NEWSLETTER – February 16, 2007**  
**PUBLICATION March—April 2007**



Cooperating Agencies: Rutgers, The State University of New Jersey; U.S. Department of Agriculture, and County Boards of Chosen Freeholders. The U.S. Department of Agriculture (USDA) prohibits discrimination in all programs and activities on the basis of race, color, national origin, gender, religion, age, disability, political beliefs, sexual orientation, or marital or family status. (Not all prohibited bases apply to all programs.) Rutgers Cooperative Research & Extension is an Equal Opportunity Program Provider and Employer.

## NEW LEADERS:

**Rita Gamez, Leader and Lucy Sardonia, Co-Leader of Multimedia Madness Club.** Meetings will be held on the 1st and 3rd Thursday of each month at the Ag Building. This club is open to anyone in Middle or High School with an interest and passion for the arts. Are you into arts, music, literature? Do you need a creative outlet? Come join us. Your input will make the 4-H Multimedia Club a wonderful, creative experience! Call Rita at 732-299-1773 or Lucy (sa habla espanol) 908-692-1091.

**Lauren Coleman, Co-Leader Rhythmic Illusions Gymnastics Club**

**Lynn Stipick, Co-Leader K-9 Bone Diggers**

### ABOVE AND BEYOND

Bailie R. Dweck  
Bethany R. Dweck  
Billie R. Dweck  
Carly D. Eidman  
Tara K. Hynes  
Michael W. Johnson  
Michaela A. Kramer  
Alexis Monsorno  
Jessica r. Monsorno  
Sarah M. Potter  
Rachel M. Reeder  
Talia R. Schiavello  
Rebecca G. Shannon

### AMAZING ANIMALS

Tabitha Gallagher  
Olivia Liskowitz  
Brittany Pinter

### AMIGITOS CULTURAL CLUB

Taylor Brown

### ANIMAL SCIENCE

Sabrina S. Scoppettuolo

### BAYSHORE SCRAPPERS

Elizabeth A. Hughes

### BITS AND BRIDLES

Randi C. Dorr  
Monica Marrone  
Jessica R. Zisko

### 14 CARROT RABBIT CLUB

Abigail P. Coburn  
Madeline L. Coburn  
Colin P. Nagy  
Taylor J. Nagy  
Kathryn A. Stillman  
Kimberly R. Wood

### FREE SPIRIT GOAT CLUB

Matthew G. LaMarca

### 4-H HEALTH AND SERVICE

Emily R. DeMarco  
BreAnna R. Wright  
Kerrin A. Wuchter

### KNIGHT RIDERS

Ryan J. Lambert  
Tori S. Sarullo

### MIDDLETOWN 14 CARROT

Cooper J. Bane  
Tyler D. Bane  
Wesley A. Bane  
Kyle e. Kentner  
Kylie L. Newton  
Dakota J. Olsen  
Christina H. Stefan

### CURRY COMBS

Amber Henderson

(Continued on next page)

*Ellen Williams*

Ellen Williams  
4-H Agent

Virginia Krzyzanowski  
4-H Program Associate

Kelly Valenti  
4-H Program Assistant

Debbie Hemmann  
NJ-FSNEP 4-H Program Associate

Chevonne Porter  
NJ-FSNEP 4-H Community Assistant

Leslie Nicholson  
NJ-FSNEP 4-H Secretary

Rita Silvestri and Gladys Tarantino  
4-H Secretaries



Protected Under  
18 U.S.C. 707

#### 4-H Mission Statement

The Rutgers Cooperative Extension 4-H Youth Development program uses a learn by doing approach to enable youth to develop the knowledge, attitudes and skills they need to become competent, caring and contributing citizens of the world. The mission is accomplished by using the knowledge and resources of the land grant University system, along with the involvement of caring adults.

## MONMOUTH CLOGGING EXPRESS

Megan Kelly  
Melissa Martin

## MONMOUTH LIVESTOCK

Rickey M. Egan  
Autumn N. Fiordland  
Chloe V. Fiordland  
Emily L. Fiordland

## NATURE'S NAVIGATORS

Carla Rios  
Ian A. Rios

## NEW JERSEY CHILDREN'S CHAMBER CHOIR

Aimee Domnizky  
Maria Elena Martino  
Jessica M. Wisniewski

## PAWS 4 A CAUSE

Christine C. Daly  
Daniella C. Daly  
Conor J. Keenan  
Shane F. Keenan  
Clair C. McKittrick  
Rebecca C. McLaughlin  
Noelle Maiello  
Katie-Rose Nunziato  
Kaitlin M. Proctor  
Jessyca P. Risa  
Nicholas A. Rivera  
Amanda R. Tursi  
Mary E. Tursi  
Megan L. Tursi

## WAGGING WONDERS

Elizabeth F. Steidl

## RISING STARS RHYTHMIC ILLUSIONS

Abigail M. Kinneman  
Emily M. Kinneman  
Ann Marie Melfi  
Aarti Shah  
Sara Sheefer  
Mary E. Tursi  
Kelsey L. Wilson

## S.W.A.P.

Ashley S. Bubello  
Monica R. Bubello  
Robin J. Clark  
Patricia McLoughlin

## TEEN COUNCIL

Tyler J. Cole  
Morgan L. Gottlieb  
Nicole S. Redden

## Heard Around The 4-H Clover

### BELMAR FUN CLUB

By Hannah Pringle

In October, Mrs. Carol Davies came to visit our club. We went on a field trip to Shell Beach in Belmar. We learned why Shell Beach was left in its natural state. We also learned about primary and secondary dunes, types of shells and had a little treasure hunt in the sand for shells. This was a wonderful and fun tour. We learned about taking care of the beach and some sea creatures. The kids threw cheerios in the water to see which way the current was going. At our next meeting we went to Allaire State Park Historic Village. The volunteers took us on a tour. They had a Historic Thanksgiving re-enactment, a musket shooting display, blacksmith, apple cider pressing and a tour of James P. Allaire's home. Very interesting and informative to all!

We also discussed collecting acorns for a community service project for reforestation of New Jersey.

### BACKSTAGE TO BROADWAY

By: Ellen Williams, Leader

As a community service project, the club has been collecting can tabs for the Ronald McDonald House and will deliver them on December 26th to Ronald McDonald House in Long Branch. At that time, they will also give to the families the holiday wreaths they made for them.

Thank you to Summer Smagacz for attending the club officer Edu-Party on October 30th. As club president, Summer received many good ideas for her club leadership.

The club members are preparing a puppet show for the school spring break. Future activities include improvisation, auditioning, costume design, and playwriting. The club is open to youth grades 1-13 and meets the first and third Mondays of the month from 7:00pm to 8:30pm at our building. No prior theater experience is necessary, just the desire to put your imagination in action.

## Heard Around The 4-H Clover

### RHYTHMIC ILLUSIONS

**By: Lauren Coleman, Leader**

We'd like to welcome all of our new members at our second location in Keansburg: Mary, Janine, Tamara, Alyssa, Kimberly, Hailey, Adrianna, Abby, Kelsey, Erin, Kelsey, Shelby, Ann Marie, Emily, Lindsay...and all of our long-time members at Fort Monmouth in Eatontown: Amanda, Aarti, Sarah, Lauren, Katherine, Michelle, Christina, Amanda, Bethany, Jenna, Rebecca, Angela, Samantha, and Lesia.

Tamara, Kimberly, Adrianna, Alyssa, Aarti, Amanda C., Christina, Katherine, Samantha and Angela are learning a rope routine, set to the instrumental music of the California Guitar Trio's version of "Bohemian Rhapsody." Amanda Tursi just learned a new rope routine to "Barcelona," by John Tesh, and Mary Tursi and Janine Reeman are working on a ribbon routine (set to the instrumental version of "Tom's Diner", by Suzanne Vega) and a ball routine ("Main Theme" from *The Last Emperor*.) We are trying to use a variety of music from different genres and cultures to make the routines stand out. Early next year, we would like to hold an exhibition for all the members to show off the routines they've learned. The girls are looking forward to the upcoming season!

### S.W.A.P.

**By: Susan McLoughlin, Leader**

We had our first meeting of the year in November when we got to know each other and plan what we want to do. We played games to get to know each other better. The toilet paper name game was a hit. We are going to write and act out skits, paint, and scrapbook this year. We also planned to help at the soup kitchen in Red Bank again this year. We elected officers. Patricia McLoughlin is President, Monica Bubello is Vice-President, Ashley Bubello is Secretary, and Robin Clark is our Treasurer this year.

At our December meeting we decorated gingerbread houses, had a gift grab bag, and a pizza party. We had more candy than we needed. It was a lot of fun to create our own houses ourselves and not use a kit. Two of the houses had pools and one house was a "shack". We all had a good time in S.W.A.P. We made new friends and are looking forward to our January meeting. If you are in 6th grade or older, come and join us.



**Happy Holidays**

## S.W.A.P.



**Happy New Year**



# Heard Around The 4-H Clover

## MIDDLETOWN 14 CARROT RABBIT CLUB



Above: Chrissy Stefan and Katie McLoughlin



Chrissy Stefan, Katie McLoughlin, Kylie Newton, Cooper Bane and Wesley Bane—small animal grab bag gift game.



Pictured Above: The Kelly Family making ornaments.

Pictured to the Right: (L to R) Ronny and Bobby Adams, Dakota Olsen, Tyler Bane, and Patricia McLoughlin



Pictured Right: Dakota Olsen, Tyler Bane, and Patricia McLoughlin—small animal grab bag gift game.



Pictured to the Right: Kylie Newton and Cooper Bane crafting ornaments.



Pictured to the right: Wesley Bane and Ronny Adams crafting ornaments.



Middletown 14 Carrot Rabbit Club article next page!

### MIDDLETOWN 14 CARROT CLUB

By: Sue McLoughlin, Leader

Middletown 14 Carrot Rabbit Club had their Christmas party at their December meeting. We made beaded candy canes and made foam mittens as ornaments. Everyone brought a Christmas snack. We had a grab bag game played to a Christmas story. The gifts were for our animals. We also enjoyed some hot cocoa. Cooper and Wesley Bane each gave their presentations at the meeting.

Several of our members went to the Come Mingle and Jingle Party where we had a lot of fun with fellow 4-H'ers from the county.

Dakota, Bobby, and Ronny went Christmas caroling at King James Nursing Home. The residents enjoyed the music and visit.

At our next meeting in January, we will have a guest speaker to share with us about preparing and showing our animals.

### NEW SMALL ANIMAL CLUB

By: Robin Joline and Amy (Grega) Barker, Leaders

Attention 4-H'ers. We are starting a new teen only (8th grade and up) Small Animal Club. We are looking for members who are excited about 4-H. We will be emphasizing community service and leadership skills, as well as, learning about and showing small animals. Come to our first meeting January 2, 2007 at the 4-H office at 7PM, and the first Tuesday of every month. We look forward to meeting and working with all of you.

### MONMOUTH BLASTERS

By: Chris Whitehouse, Leader

The Monmouth Blasters are looking forward to building an egg loft rocket for a spring launch. There are some new members and we all look forward to the new year with good weather for our launches!



### FREE SPIRIT GOAT CLUB

By: Arlene LaMarca, Leader

Free Spirit 4-H members were enthusiastic goal setters at our first meeting! The most difficult task was to limit the number of goals to ensure that we successfully achieve them at year's (2007) end. I was



proud to witness that community service was at the top of our members' goal list. In December our club will send out letters and packages to two NJ servicemen who are stationed in Iraq. In the spring our club will serve at a local soup kitchen or food pantry.

The club decided to undertake a building project. Our goal is to build a parade float and enter it in a parade. In January our members will prepare a presentation on their idea for the float. The presentation will include the design, list of materials, estimated cost and amount of time it should take to build. After all the presentations, our club will make a final design decision. We are hoping to be ready for the Belmar St. Patrick's Day parade.

We are also proud to announce our club officers. They are: President, Patrick Weber; Vice President, Austin Daust; Secretary, Chelsea Cook; and Treasurer, Matt LaMarca.

Free Spirit Wishes You A Very Happy New Year!

### ANIMAL SCIENCE

By: Meg Whitehouse, Leader

We have welcomed several new members and also have hosted some animal guests including some handsome guinea pigs and rabbits. We hope to have pet birds pay us a visit. The club will be visiting the Red Bank Veterinary Hospital in January and Gaitway Farm to see the Standardbred Horses train and swim. Many thanks to the club families who have provided snacks and crafts for our enjoyment.

## Heard Around The 4-H Clover (cont.)

### NATURE'S NAVIGATORS

**By: Paul Yoncak filling in for Peter Colonna**

Nature's Navigators is looking forward to a great 2007 4-H year, and hope all the readers of this have a great one also. We had a fun start of the 4-H year with the many county wide events we participated in: Recognition Night, Edu-lympics, acorn collection and the Mingle & Jingle. Our club also made T-shirts and had a speaker about the Brazilian Rain Forest.

We are looking forward to our January meeting about electricity and going to the Jackson Forest Education Center for a hike to see where all those acorns everyone collected are going to be raised. We will be working on our public presentations in January to be ready for the county events.

If anyone wants to "get caught in our web" we usually meet the second Friday of the month at 7:00pm in the 4-H office building.

### 14 CARROT RABBIT CLUB

**By: Katherine Sotovelez**

The 4-H 14 Carrot Rabbit Club is back with its second newsletter of the year, and already there are more stories to be told. First of all, there was Rabbit Academy. Rabbit Academy is a highly educational program that allows rabbit owners to learn more about their pets. It teaches some of the newer rabbit owners how to do things like flip their bunnies, which was the topic of choice this time around. Our club had done a presentation on the subject not too long ago.

Next, there was the officer Edu-lympics, on November 30th. Upon arriving, a person or member would receive a colored bandana. Four of said bandanas had stickers on them. The four people with those bandanas would then become team captains or leaders. After that, the night had filed on into a series of fun games and crafts that everyone was able to enjoy. Then, there was a short break to watch an educational video about 4-H meetings that was made by some of 14 Carrot members, as well as members from Teen Council. Before we knew it, yet another night had ended with everyone leaving with smiles on their faces. It was also there, that our fair theme was revealed for this year. "Get Caught In Our Web in 2007"; after all, the pig Wilbur from Charlotte's Web, the captivating novel, was entered in the 4-H state fair.

Mingle and Jingle was our next big event. Vast amounts of people from all different clubs had come together yet again for the year's annual holiday time get together. There were new opportunities to meet new people and also chances to make new friends along the way. Those who attended had nothing but good comments and tales of the fun times, and people they met. I couldn't help but agree. The people, the atmosphere, nothing could have gone any better that night.

Of course we 4-H members have our fun, but we also have times when we need to get focused, and work on our goals. We'll all be preparing our public presentations, as well as our record books in preparation for the coming months. And we must not forget the fact that the 14 Carrot Rabbit Club is planning on sponsoring an animal from the Popcorn Park Zoo, and we may also have a collection of items for the humane society.

There isn't much left to say now but Happy Holidays, and have a great New Year to our newcomers, and recurring readers!

---

## Heard Around The 4-H Clover (cont.)

### 4-H HEALTH AND SERVICE CLUB

By: Mrs. Joan Lynch, Leader

The 4-H Health & Service club whose mission is dedicated to benefit the community both at home and abroad, has continued its service by participating in multiple activities since the start of this year. The club sent out 25 handmade blankets in September to contribute to Project Linus. We took on the responsibility of planting and maintaining flowers in the 12 flower boxes outside the school. In October we planned and begun planting our spring perennials. 4-H also sponsored Food Bank donations. Kick Off was at the Halloween Dance and the drive ran for a week, which turned out to be a wonderful success. On October 4, ten students attended the 4-H Member Recognition Night for awards in citizenship, leadership, performing arts, gardening and sewing. The students include Alison Poandl, Melissa Rivera, Puja Sharma, Lauren Munck, Danielle Austin, Teresa Esposito, Tina Chou, Kimberly Han, Brian Sunwoo, and Lauren Rupp.

In November we sponsored the 4-H club from Schroth School for a special combined project in aromatherapy; Nanette Cohen as speaker and 10 students from AAHS and Schroth School met here to participate. Our club also ventured to the Gables preschool classes for arts and crafts projects. Lastly, in the very end of November you could find our club gift wrapping at the Monmouth Mall for the FOODBANK.

December is still in session but so far we sold special tee shirts for a burn hospital in Equador. We invited and had 45 preschoolers from Gables come here for an activity and a song. Next we had a 4-H fundraiser on December 8th which was gift wrapping at Barnes and Noble in the Howell store. At that fundraiser we had a picture poster display of some of our members, as well as events.

On December 13th, we returned the visit to Gables preschool classes for a pre holiday visit with a classroom craft and an interactive song.

Congratulations to everyone who was recognized for their time and effort! We look forward to participating in many other projects throughout the year.

### BITS AND BRIDLES

By: Jennifer Ginolfi, Leader



Bits and Bridles is very excited to start their second year in 4-H! We are busy planning field trips, events, clinics, community service projects and guest speakers. Bits and Bridles would also like to welcome all our new members!

Our meeting will now be held at Tall Oaks Farm in Howell. Meetings will still be on the third Friday of the month at 7:30pm in the small indoor arena observation room. If anyone would like more information regarding the meetings, feel free to contact Jen at 732-598-3077 or [Jenny2650@optonline.net](mailto:Jenny2650@optonline.net)

# Heard Around The 4-H Clover (cont.)



## TEEN COUNCIL MEMBERS HAVE BEEN VERY BUSY PARTICIPATING IN MANY 4-H ACTIVITIES:

By: Virginia Krzyzanowski, Leader



Our South Jersey Teen conference delegates (L to R) Crysta Timmerman, Lisa Torriero and Taryn Leary ran the SJTC Delegates Planning Meeting on November 1st in Gloucester County. Teens from NJ's ten southern counties attended this important meeting. Monmouth County is responsible for the program at SJTC in March of 2007.



At our November meeting, Lisa Torriero started the night by leading the group in a hands-on icebreaker. (L to R) Jessica Torriero, Austin Cole, and leader Robin Joline get all tangled up. Meeting topics included SJTC, fundraising ideas, community service projects, and Winter Camp. Kayleigh and Bethany did their club presentations on dance. (L to R) Vishal Chandawarkar and Jessica Torriero end the evening with the "Alien Wave". They are just out of this world!



Right: December 9th was a chock full day. Keeping with our "Get Moving, Get Healthy" theme we started the day with our "Breath of Cold Air" breakfast and hike at Holmdel Park. (L to R) Morgan Gottlieb, leader Virginia Krzyzanowski, Jessica Torriero holding her dog Kaity (Kaity is a Shiba Inu, which means dog in Japanese), and Nicole Redden. That afternoon we got in the holiday spirit at the "Mingle and Jingle" Party. (L to R) Lucy Sardonias helps Morgan Gottlieb show off her popcorn and cranberry garland.

# Heard Around The 4-H Clover (cont.)



## TEEN COUNCIL (cont.)



Pictured Left: At the Edu-Lympics Taryn Leary assists younger 4-H members determine the correct order of a club meeting with the evenings "Race to Order" event.



Pictured Left: Tyler Cole shows great form while going for a strike during the bowling portion of the Edu-Lympics.



Below: The Edu-Lympics really got 4-H'ers moving and grooving! Tyler Cole, Jordan Larkin, Austin Cole and Jessica Torriero pose with Teen Council's contribution to the LIVE GREEN challenge. Apparently the squirrels got to most of the acorns before council member's did!

## MONMOUTH LIVESTOCK

By: John Falconio

The Allentown Harvest Festival turned out to be a great success, especially for our 4-H Club. Rebecca Carmeli signed on as a new member as well as Ricky Egan, Abby and Gabby Sanlin, Brook Levens, Desiree Pillar, and Meaghan DeCorso.

In addition to the zoo, activities included: face painting, gourd painting, pumpkin decorating and writing "job well done" letters to our heroes in the military. Our club collected canned goods for local food pantries, collected toys for Toys For Tots, and donated ornaments for sale on the Christmas Tree set-up inside the Allentown Public Library.

Finally, members within the club supported the Allentown Crop Walk which raised funds to put an end to world hunger. In December we are planning another zoo at the Keris Tree Farm. Happy Holidays to all the 4-H members and their families.

**NEW JERSEY 4-H PROGRAM  
POLICY  
MEMBER IN GOOD STANDING**

In addition to individual state and national event rules and regulations, youth must be enrolled as a registered 4-H member by January 1 of the current year to enter in any New Jersey state or national 4-H competitive event—including the selection process for National 4-H Conference, National 4-H Congress, CWF, State Public Presentation Day, or state/national animal events.

**This is a state level policy and will be enforced at every state level event.**

Leaders, staff and faculty will be verifying memberships prior to signing registration forms for these events. Please call the county 4-H office if you have any questions about this process.

## Heard Around The 4-H Clover (cont.)



### LIVE AND LEARN

By: Mary Bane, Leader

Our Live and Learn Club members have been crafting during the fall and getting ready for the holidays. Our favorite art project has been modeling with clay and creating ornaments using clay and a variety of cookie stamps. A gingerbread house has been fun to construct. Reading a recipe, measuring and working together on a single project have been great skills to learn. Gingerbread is just one of the recipes we have tried during our cooking lessons and we are including the recipe used below. We have also been busy writing letters and sending Christmas Cards to the troops. Letters can be sent all year long to our service men and women through [www.anysoldier.com](http://www.anysoldier.com).

#### Gingerbread House

- 1/2 cup (1 stick) butter, at room temperature
- 1/2 cup dark brown sugar
- 1/4 cup light molasses or dark corn syrup
- 1 tablespoon cinnamon
- 1 tablespoon ground ginger
- 1 1/2 teaspoons ground cloves
- 1 teaspoon baking soda
- 2 cups all-purpose flour
- 2 tablespoons water

*For assemblage and decoration: Melted white chocolate or Royal Icing*

#### Gingerbread House:

In a large mixing bowl, cream the butter, brown sugar, molasses, cinnamon, ginger, cloves and baking soda together until the mixture is smooth. Blend in the flour and water to make a stiff dough. Chill at least 30 minutes or until firm. Preheat oven to 375 degrees F. Cut paper patterns for the gingerbread house: Two rectangles, 3 by 5 1/2 inches for the roof. Two pieces for the roof. Two pieces for the ends of the house, 3 inches wide at the base, 3 inches to the roof line, and slanted to a peak 5 1/2 inches from the bottom. Roll gingerbread dough out, place paper patterns onto the rolled out dough. With a sharp, straight edged knife, cut around each of the pieces. Bake at 375 degrees F for about 15 minutes until dough feels firm. Place patterns on top of the gingerbread again and trim shapes, cutting edges with a straight-edged sharp knife. Leave to cool on baking sheet. Place royal icing into pastry bag with a writing tip and press out to decorate individual parts of house, piping on decorations, windows, door, etc., as desired. Let dry until hard. Glue sides, front and back of house together at corners using royal icing. Place an object against the pieces to prop up until icing is dry (it only takes a few minutes). Glue the two roof pieces to the pitched roofline of the house. Then, similarly, glue the sides and roof of the entry way together with icing. Attach the entry way to the front of the house. Continue decorating the house, gluing on gumdrops, licorice and peppermint, as desired.

#### Royal Icing:

- 1 pound (3-3/4 cups) powdered sugar, sifted if lumpy
  - 1 to 2 egg whites, or substitute 4 teaspoons packaged egg whites and 1/4 cup water
  - 1 teaspoon almond extract, vanilla or lemon juice
- Mix all of the ingredients together using an electric hand mixer, until the icing is smooth and thin enough to be pressed through a pastry bag with a writing tip.

## YOUTH CORNER



### WELCOME TO NEW YOUTH CORNER EDITORS

Welcome to Diana Vogel and Sarah O'Neill, our new Youth Corner Editors. They are eager to see youth entries in future issues. So be sure to send in your creative work; it could be photographs, artwork, poems, stories, or any other aspect of your imagination. Look for Diana's column here in this issue.

#### Message from Diana

Hello fellow 4-H community. I am accompanying Sarah O'Neil as editor of the Youth Corner. I will have messages in every newsletter informing all of you on various submissions and ideas that we have. As of now we request that Youth Corner submissions be e-mailed to either me or Sarah. My e-mail is viper@bartal.com and Sarah's e-mail is sopsych21@hotmail.com. We have a number of ideas to expand the Youth Corner. We hope to have various 4-H leader interviews for each newsletter done by 4-H members. We will update who we want for each newsletter and will assist with the interviewing process. We are also planning on having a secretary round table for all club secretaries to gather and learn about article writing and to voice their opinions. We have yet to set a date for this, but any club secretary who is interested, please feel free to e-mail us. Remember ANYTHING can go into the Youth Corner—short stories, poems, essays, photography, drawing, etc. Let your voice be heard!

## FIVE-A-DAY CORNER

### 5-A-Day Through Theatre and Roleplay

By: **Debbie Hemmann, Monmouth County 4-H FSNEP Program Associate & Chevonne Porter, Monmouth County 4-H FSNEP Community Assistant**



*The excitement is evident at Freehold Learning Center*

Welcome to the winter season! Monmouth County 4-H FSNEP (5-A-Day Through Theater and Roleplay) has been quite busy exciting over 1700 Monmouth County children on the benefits of eating fruits and vegetables since October of this year thanks to the dedication of our entire staff! Our staff is also increasing in size. We are very pleased to announce the addition of Leslie Nicholson as our new Principal Clerk. May you all stay healthy this winter. For information please contact Debbie Hemmann at (732) 577-6689.

#### *Experimented with Fruit at Red Bank Primary*



*Apples float....*



*What about pears?*

We send a *huge thank you* to our special education classes at Freehold High School and Red Bank Primary. It was a joy working with your students!



## THANK YOU

The best kind of sleep under  
heaven above, is under a blanket  
handmade with love



Dear Jessica & the 4H Monmouth  
County 4H "blanket makers",  
Thank you for your twenty-  
five wonderful blankets and  
for being a part of this Sinus  
project. And thank you 4H, for  
paying for the fabric.  
Please know that the  
children will be so grateful  
for your time and caring.

Jessica, under your  
supervision, these young  
people gave of themselves  
to help ease the pain of these  
children. Have good feelings!  
Service, such as your 4H work,  
is to be applauded!!

With Much Appreciation!  
Cecily Schwartz

Made with love  
from  
Project Linus

### LIVE GREEN CHALLENGE



4-H'ers went squirrelly for  
community service! Over 60  
jugs of acorns were collected  
to help reforest our beautiful state. Mrs. Lori Han-  
son, a representative of The Division of Parks and  
Forestry, was on hand to accept our acorn donation  
at the Edu-lympics half time show. She educated us  
about the role of the New Jersey Forest Tree Nursery  
and how the acorns are used for reforesting. We will  
be scheduling a tour of the nursery in 2007 so that  
we can see first hand how the operation works and  
check out our oak seedlings. ABOVE AND BE-  
YOND was the club that collected the most acorns.  
Prizes included Smokey Bear pins and pencils. They  
also received a \$60.00 gift certificate for a pizza  
party from Stefano's. Special thanks to Sandy Wolfe  
of the Master Gardeners and Boy Scout Pak 258,  
Den 3 of Howell for participating as well.

#### 10 Clubs Participated:

14 Carrot 4-H Rabbit Club  
Above and Beyond  
Amigitos Culture Club  
Animal Science Club  
Backstage to Broadway  
Belmar 4-H Fun Club  
Monmouth Livestock  
Nature's Navigators  
Teen Council  
Thunderhoofs

#### Community Partnerships:

Marissa Schiavello-Assistant Den Leader, Boy Scout  
Troop Den 3, Pack 258 Howell  
Sandy Wolfe-Monmouth County Master Gardeners

#### Donations:

New Jersey Forest Tree Nursery-Smokey Bear Pins  
& Pencils  
Stefano's-contribution towards the gift certificate



# THANK YOU (cont.)



State of New Jersey

Department of Environmental Protection

Jon S. Corzine  
Governor

Lisa P. Jackson  
Commissioner

Division of Parks and Forestry  
New Jersey Forest Tree Nursery  
370 East Veterans Highway  
Jackson, NJ 08527  
Tel. #732-928-0029  
Fax #732-928-4925

<http://www.state.nj.us/dep/forestry/service>



Lori Hayes, from the Division of Parks and Forestry educates us on the role her agency plays to keep New Jersey green.

November 30, 2006

Dear 4-H members:

On behalf of the NJ Forest Tree Nursery, I would like to thank your organization for your generous contribution of acorns this season. Each acorn has the potential to grow and become a tree that can provide clean air for the environment, homes for wildlife, and provide wood products. The NJ Forest Service appreciates your collection efforts, and is confident the acorns will produce viable seedlings that will support the Today's Acorns = Tomorrow's Trees reforestation program in the state of New Jersey.

I look forward to working with your organization next year.

Sincerely,

Joseph V. Battersby  
Nursery Superintendent



4-H'ers really do LIVE GREEN, donating over 60 jugs of acorns.



Pictured Above: Above & Beyond Leader Stacy Fischetti and her daughters Nicole and Alexa accept the prize on behalf of their club.



# THANK YOU



Linda Bolger, a Master Gardener from Freehold generously donated a large tote full of stamping items. Holiday stamps were used to make cards which were donated to a county nursing home to brighten spirits for the season. Thanks Linda! The supplies have already been put to good use and are available to any 4-H club throughout the year.

*Something bugging your plants?*

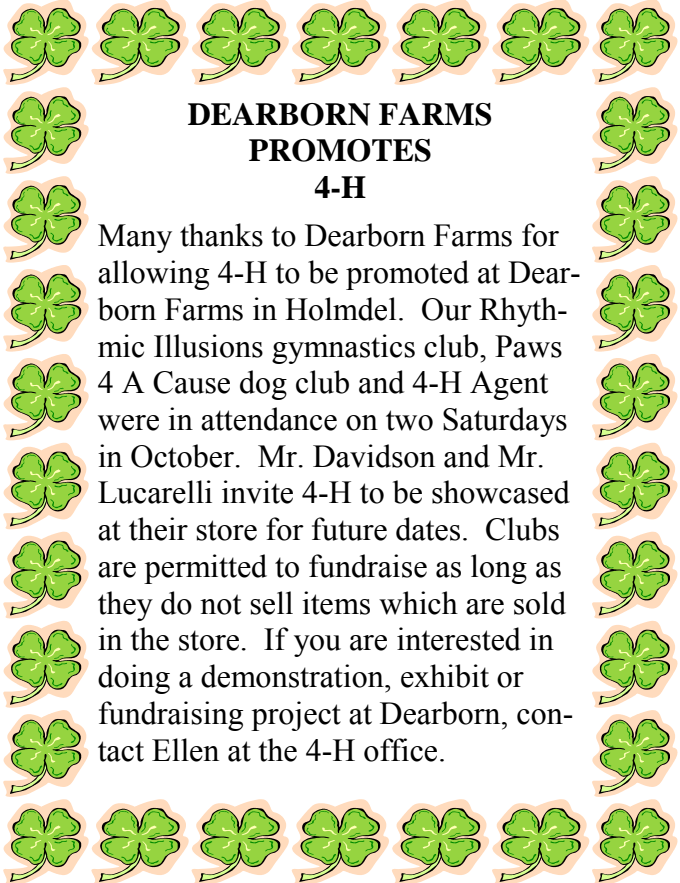
**Contact The Rutgers Master Gardeners of Monmouth County**

**Helpline**  
**732-303-7614**

Monday - Friday 9:00 am - 3:00 pm  
mgarden@co.monmouth.nj.us




Pictured above Mrs. Teri Whoeler volunteers to help 4-H'ers create holiday cards for the elderly at our December "Mingle and Jingle" party. (L to R) Chloe Pringle; Cooper, Wesley and Tyler Bane. Other "Mingle and Jingle" participants background L to R: Toni White, Rita Gamez, Multimedia Madness club leader, and Paul Yoncak.



**DEARBORN FARMS PROMOTES 4-H**

Many thanks to Dearborn Farms for allowing 4-H to be promoted at Dearborn Farms in Holmdel. Our Rhythmic Illusions gymnastics club, Paws 4 A Cause dog club and 4-H Agent were in attendance on two Saturdays in October. Mr. Davidson and Mr. Lucarelli invite 4-H to be showcased at their store for future dates. Clubs are permitted to fundraise as long as they do not sell items which are sold in the store. If you are interested in doing a demonstration, exhibit or fundraising project at Dearborn, contact Ellen at the 4-H office.

# RESOURCES



## CHARACTER COUNTS!



# Who is someone you can look up to?

*Draw or write about a person of character.*

Someone to look up to lives by the **Six Pillars of Character:**

**trustworthiness**

●  
**respect**

●  
**responsibility**

●  
**fairness**

●  
**caring**

●  
**citizenship**



**This Is a Real Live Person of Character!**

Person of Character \_\_\_\_\_  
Student \_\_\_\_\_  
Age/Grade \_\_\_\_\_  
Teacher \_\_\_\_\_  
School \_\_\_\_\_

*From the CHARACTER COUNTS! Coalition, based on an exercise used in the Toledo Public Schools.*

**SOURCE:** Good Ideas To Help Young People Develop Good Character; By Published by the Josephson Institute of Ethics, Los Angeles, California. Copyright ©2002 Josephson Institute, Page 257.

## IN THE NEWS



### **NJ CHILDREN'S CHAMBER CHOIR 4-H CLUB PERFORMS AT WHITE HOUSE AND HOLIDAY CONCERT**

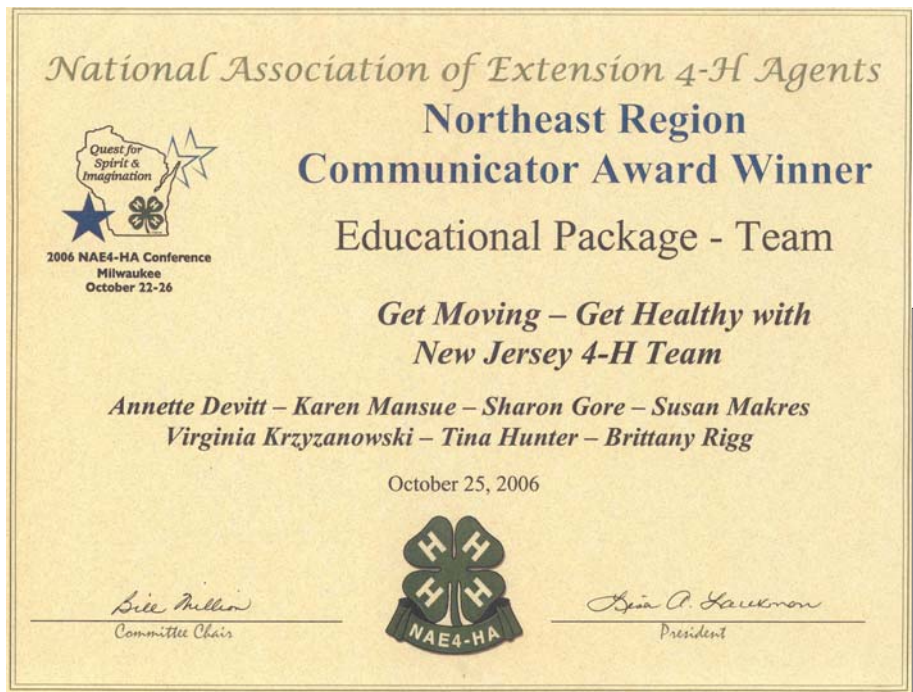
On December 2, the 4-H choral club had the honor of performing a special concert at the White House. Twenty 4-H club members shared their talents for White House staff and guests. The club members stayed at the National 4-H Center in Chevy Chase where they learned about 4-H opportunities. Much thanks go to Bruce Timmerman, club leader, for his coordination of the event. We extend our appreciation to Carolyn Timmerman for her assistance with program arrangements. Our gratitude is also extended to Mrs. Wisniewski for helping with the White House arrangements.

The activities of the choral club would not have been possible without the dedication and leadership of Dr. Christine Sezer, choral director. Dr. Sezer is renowned for her experience as a teacher, performer and conductor. She recently retired from the Howell School District after 39 years of instruction.

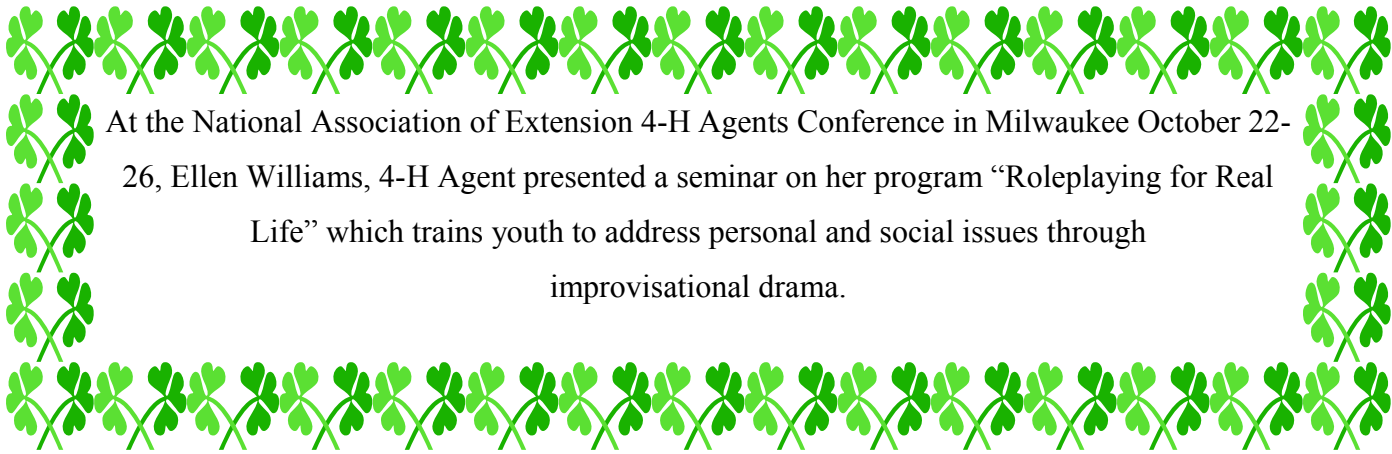
On December 15th, the club offered a holiday concert at the Ag Building, singing the songs which they had sung for the White House concert. The harmony and spirit were inspirational. Dr. Sezer received a proclamation from the Monmouth County Board of Chosen Freeholders delivered by Freeholder Anna Little. The club was honored with a certification of recognition for their impressive White House performance. For more information on the club, contact the 4-H office.

---

**IN THE NEWS (cont.)**



Pictured Above: (L to R) Karen Mansue, Ocean County 4-H Program Associate; Virginia Krzyzanowski, Monmouth County 4-H Program Associate; Annette Devitt, Salem County 4-H Agent; and Sharon Gore, Mercer County 4-H Program Associate presented a “Get Moving Get Healthy” with NJ 4-H workshops at the NAE4-HA Conference in Milwaukee. (Not shown is Susan Makres, Atlantic County 4-H Program Associate who stayed home with her new baby daughter Rebecca-congratulations!)



At the National Association of Extension 4-H Agents Conference in Milwaukee October 22-26, Ellen Williams, 4-H Agent presented a seminar on her program “Roleplaying for Real Life” which trains youth to address personal and social issues through improvisational drama.

**CONGRATULATIONS**

The 2007 National 4-H Conference Delegates were chosen :

From Monmouth County  
Amy Smith

Congratulations to all the excellent candidates who applied this year. Each delegate received a letter of acknowledgment. There will be a Conference orientation on Thursday, March 1st.



# IN THE NEWS (cont.)



## EDU-PARTY

The club officer Edu-Party was held on November 30, 2006 at the 4-H office. Members had an opportunity to learn about parliamentary procedure, roles of officers, CHARACTER COUNTS!, and the order of a meeting all while having the feel of being a part of the Olympics. Three referees (Lorraine Yoncak, Betsy Tripp and Debbie Clayton) assisted in volleyball games, at the bowling lanes and during the races. The halftime show was the highlight of the night. Members viewed a video created by their peers about club meetings.

Many people came together to make this night a success. Thank you to the Monmouth County Association for funding this event. The Association was able to use money raised from the fair food booth, so thanks to those of you who worked in it this summer. The 4-H office and Rutgers Monmouth County office also paid for some expenses. The Whitehouse family provided a donation as did Teen Council. Teen Council provided refreshments for the night the video was made.

Many thanks need to go to our 4-H'ers who helped in making items for the event and shooting the video. Thank you to 4-H Ambassador Diana Vogel for her assistance the night of the program. Thank you to Suzie Eberhardt for being the paparazzi for the evening. If a club wishes to borrow the video or other games and materials from this program, please contact Kelly.



4-H members wait in the lobby and get pumped up to run in to the Olympic stadium as they represent teams: Head, Heart, Hands and Health



Ref. Betsy Tripp, asks a question to the bowling league. Members were asked questions about club meetings and received points according to the number of pins they knocked down.



David Sherman makes a pennant highlighting a life skill he finds important.



Race to Order! Do you know the proper order of a meeting-these members do now. Ref. Debbie Clayton looks over the agenda to find out the proper order of a meeting.



Members getting psyched to reenter the 4-H Olympic stadium chanted down the hallway, "CHARACTER COUNTS!"- All the time! All the time- CHARACTER COUNTS!"



Don't let It Drop! Members had to keep their "responsibility" (balloon) in the air. As we know, club officers have a lot of responsibilities and they can't drop them.



Randy Martin helped to cheer on the team.

### RACE TO ORDER ANSWERS

1. Call to order
2. Pledges
3. Roll Call
4. Secretary Report
5. Treasurers Report
6. Committee Report
7. Old Business
8. New Business
9. Announcements
10. Adjournment



# IN THE NEWS (cont.)



## EDU-PARTY (continued)



Nyna McKittrick, official scoreboard keeper.



Michelle Halpin & Christine Sotovelez worked the 4-H concession stand.



Randy Martin, bowling return worker. Not in picture, Kim O'Neill was the other bowling attendant.



Frank Valenti developed movie for halftime show.



**Team Photo for the Edu-'lympics. WAY TO GO TEAMS!**





# IN THE NEWS (cont.)



## COME MINGLE AND JINGLE

14 Carrot Rabbit and Nature's Navigators hosted the second annual Come Mingle & Jingle party. As members arrived, they were given an ornament to trim the tree, created necklaces so they could jingle, and were given a game to help them mingle. Over 70 families participated in community service projects, crafts, team building games and snowball races. Members enjoyed some holiday tunes and had a chance to select prizes from the gift table. After opening their gifts families made their way to the kitchen to enjoy the covered dishes everyone brought to share. This continued 4-H tradition was made possible by all of the hard work of 14 Carrot Rabbit and Nature's Navigators and their club leader Lorraine Yoncak. A special thanks also goes to the Alumni Association for their generous donation and to the 4-H Association for their donation. Also, thank you to Sarah Sakowski, 4-H Ambassador for her assistance during the program and Suzie Eberhardt, Alumni member for her expertise with the pine cone craft.



Morgan Martin & Erica Todd take a break from their craft for a quick photo opt.



Sarah Sakowski & Melissa Whoeler assist with the making of holiday cards for our friends at the senior center



The Bane family was one of many to enjoy the day's festivities.



Snowball races!



Proud winners of the snowball races: Sean O'Neill and Maria Wissler.



Doing card stamping puts smiles on everyone's face.



# HAPPY HOLIDAYS





# IN THE NEWS (cont.)



## RABBIT ACADEMY

The second annual Rabbit Academy was held on November 17, 2006 at the 4-H office. Youth experienced special hands on demonstrations, were provided material on signs and prevention of diseases, and learned about breed types. After completing their evaluations, they were provided with instructions and supplies to build a rest box.

Thank you to all the presenters, Meg and Charlie Whitehouse, Robin Joline, and Amy Barker. The evening was a huge success, because of your commitment to the program.



Sam Martin shares information about her rabbit.



Meg Whitehouse coordinated hands on demonstrations providing youth the opportunity to see and feel the different types of rabbits.

# ANNOUNCEMENTS

## FAIR THEME

## MEMBERSHIP ENROLLMENT/ REENROLLMENT PROCESS

The New Jersey 4-H Youth Development program has implemented a reenrollment process to help verify that every member is properly re-enrolled in the 4-H program each year. In the fall, each leader will receive a reenrollment form for each child previously enrolled in his or her club and will recheck all information to make sure it is correct. Leaders will add or delete data and return the form to the county 4-H office in order to update the member's information, including any new project areas that the member may have enrolled in. This updating process will occur again mid winter, with leaders receiving a complete registration form for each member. For youth joining for the first time, parents are responsible for filling out a new registration form and turning it in.





# ANNOUNCEMENTS



## NEW JERSEY OPERATION: MILITARY KIDS

Operation Military Kids (OMK) is a national partnership of Army, USDA and 4-H, Boys & Girls Clubs, schools and other community organizations. The mission of OMK is to reach out to Army National Guard and Reserve families, especially children whose parents are deployed.

When National Guard, Army Reserve and other military parents living in civilian communities are mobilized, their children suddenly become different. Now they are “military kids” but they still “look the same” to teachers, friends and the rest of the community. Their lives are turned upside down!

Many of their usual support systems may no longer be adequate. Extensive media coverage of on-going military operations creates daily anxiety. These “new” military kids need to connect with other youth in similar situations. They seek friends and adults who can empathize and can help them cope with their new world.

Under 9 grants funds provided through the USDA/Army Youth Development Project, state teams are comprised of State 4-H Military Liaisons, National 4-H Directors Council Representatives, 4-H volunteers, youth, school staff, National Guard and Reserves Family Program Staff and representatives of other appropriate support for these youth and families. They will involve both military and civilian youth in implementing educational programs in effected communities.

State and County Cooperative Extension staff, community agencies, schools, and 4-H Club youth are reaching out to military youth... **before, during and after** their parents are deployed. This outreach effort is called Operation: Military Kids!

### YOUNG HEROES—THE DVD

The teens of New Jersey Speak Out for Military Kids (SOMK) conceived, developed and produced this DVD to inform the general public about what the youth of deployed National Guard and Reserve members experience. Join us as we look at how the DVD was made, what it says and how to make a presentation for your group.

#### Contact Information:

Telephone: (609) 265-5052

Fax: (609) 265-5613

Postal Address: 2 Academy Drive, Westampton, NJ 08060

Electronic Mail: General Information: [info@njomk.org](mailto:info@njomk.org)

Webmaster: [webmaster@njmok.org](mailto:webmaster@njmok.org)

The 90 second trailer is located on the website [www.njomk.org](http://www.njomk.org). The notice is at the top of the home page, just click. A monitor appears, click on the "play" button on the bottom of the monitor. They will be scheduling train-the-trainer youth/adult workshops. Participants will receive the DVD, discussion guide, and hands on facilitation practice. Each group may initiate their own unique follow up community service project. If interested please contact Gloria Kraft, 4-H Agent and OMK New Jersey State Team Leader or Rachel at the above contact information.



## ANNOUNCEMENTS (cont.)



### TODAY IS THE DAY TO BE PART OF CONSERVATION'S POWER!

This is the theme for the 2007 Poster Contest sponsored by Freehold Soil Conservation District and the NJ Association of Conservation Districts.

Students in 2nd—12th grades are encouraged to explore conservation practices in their community—in homes, schools, farms, or parks, etc.—that save energy or help to create alternative or renewable energy.

Have you heard about solar, wind, or alternative fuel resources, of no-till farming practices, or do you practice energy conservation at home? This is a fine opportunity to learn about energy conservation and create an entry for the 2007 Conservation Poster Contest.

**Who Can Participate?** The NJ Conservation Poster Contest is open to all students in grades 2-12. Youth groups, home schooled and all public, parochial and private school students are invited to participate. Monmouth County students enter through Freehold SCD.

**Why Participate?** Learn about the power of conservation; highlight your community's efforts to conserve energy; show how conservation can make a difference for us all; and win prizes and school recognition.

Local Prizes: 1st-\$100 bond; 2nd-\$75 bond; and 3rd-\$50 bond. All first place winning entries are submitted for State level competition and one Grand Champion winning poster will be reproduced onto a pocket folder and distributed statewide.

Entry forms are available at the Freehold Soil Conservation District office, by email: [info@freeholdscd.org](mailto:info@freeholdscd.org) or by calling 732-683-8500.

**ENTRY DEADLINE  
MARCH 9, 2007**

Please bring your poster to the 4-H office so that Virginia can photograph it before you deliver it to the SCD office. Thanks!

### CUB SCOUTS THANK 4-H & REQUEST MORE 4-H PROGRAMMING

Rick Pereira, Cub Master of Pack 515 in Howell thanks The Raging Reptiles for visiting their pack meeting in April 2005 and making their meeting "very interesting". Mr. Pereira is requesting another 4-H program for the 3rd Friday of April at 7:30 PM at the Howell Middle School South. Teen leaders, this would be a wonderful community service project. If you can assist with this project, call Rita at (732)431-7263 for more details.

### SIX FLAGS OFFERING GROUP RATES

Are you looking for a group field trip? Group ticket order forms for groups over 15 can be ordered by contacting Lisa Dillon, Monmouth County 4-H Alumni Association member at (732)928-2000 X 2864. Picnic facilities are also available for groups over 100.

### YOUTH HORSE COUNCIL MEETINGS

1st Tuesday from 6:30pm-7:00pm at the 4-H office. Show off your leadership skills, help plan community service projects, and educational programs for the county wide horse program. Also, we are planning a St. Patrick's Horse Party on March 23rd. We would love all 4-H horse projects to help. If you would like more information please contact Kelly or David Sagui.

### TACK SALE

**JANUARY 27, 2007**

**11:00AM-3:00PM**

Please contact Jackie Knapp for more information at (732) 202-8351.



# ANNOUNCEMENTS (cont.)



## HORSE REGISTRATIONS DUE

**REMINDER:** Horse Registrations are due annually and it's that time of year again. All registration forms are due **no later than April 1, 2007.**

(This is a Sunday, so have them to the office by: **4:30 on March 30, 2007**)

Remember, horses must be registered to be eligible for the State 4-H Horse Show, fair, trail and some other county, state and national events.

Here are some additional tips to ensure your paperwork will be accepted for 2007.

- Each registration form must be submitted in **triplicate**.
- All information must be complete, legible and accurate.
- If applicable, complete the lease/borrow form in **triplicate**.
- The photo of the animal(s) must be in **color** on each copy and **fit** in the square on the form.
- The helmet policy must be signed and on file in the 4-H office.
- The health records and current coggins are not due until April 16, 2007. **Please do NOT include them with the registration forms.**

### QUALIFYING SHOWS

April 22, 2007—English	East Freehold
May 12, 2007—Western	East Freehold (this date is correct it is a Saturday)

### NJ 4-H IS SPONSORING A FAMILY AND FRIENDS NIGHT WITH THE NETS

The NETS vs. MAGIC game is set for Saturday, January 20th at 8:00pm—Continental Airlines Arena in East Rutherford.

Reduced tickets are on sale and can be obtained by calling or e-mailing Rich Davis 201-635-3305 or [rdavis@njnets.com](mailto:rdavis@njnets.com).

Your price:

Lower Level	\$73.00
Second Level Center Rows 1-15	\$48.00
Second Level Center Rows 16-24	\$33.00
Second Level Corner Rows 1-15	\$33.00
Second Level Corner Rows 16-24	\$28.00

NJ 4-H will receive support per ticket sold and you will receive a Nenad Krstic red replica jersey with each ticket purchased.

### 2007 LAKE TOPANEMUS PARK CLEAN-UP DAY

After this year's successful clean-up day on April 1st and some suggestions we received, the Lake Topanemus Park Commission agreed to hold the annual clean-up day on the first Saturday of every April. This way those individuals who would like to be involved in this worthwhile community effort will know the date in advance.

This would make an excellent Community Service Project for clubs that may be interested.

As always, thank you for your continued interest in and support of Lake Topanemus Park.

Best Regards,  
Apyrl Basile, Vice President & Vice Chairman  
[www.laketopanemuspreservationsociety.org](http://www.laketopanemuspreservationsociety.org)



# UPCOMING EVENTS

## 4-H COUNTY PUBLIC PRESENTATION REGISTRATION FORM

### County Public Presentations

March 30, 2007 **OR** April 4, 2007 both at 6:30pm at the 4-H Office

Please check the date you will present:

- March 30, 2007 at 6:30pm**
- April 4, 2007 at 6:30pm**

Name \_\_\_\_\_ Grade \_\_\_\_\_

Club(s) \_\_\_\_\_

Title of Presentation \_\_\_\_\_

Brief Explanation of Presentation \_\_\_\_\_

If giving a team demonstration, please indicate the name of your partner: \_\_\_\_\_

Category: Please indicate what type of presentation you will be conducting.

- Demonstration** -teaches through showing and explaining. The member describes activity and completes a product using actual ingredients, tools etc.
- Illustrated Talk**-tells how something is done and must include visuals. An illustrated talk is fundamentally the same as a demonstration, except the visual aids (flip charts, power point, transparencies, display board etc.) are used instead of having an actual product.
- Formal Speech**-given from memory with brief notes or an outline on index cards used as an aid. Purpose is to stimulate thought or present a point of view.
- Performing Arts**-incorporates dramatics (monologues or group scenes), oral interpretation of literature, creative movement, dance, musical performance (vocal or instrumental) and puppetry. The presenter introduces the performing art, performs, and concludes with invitation for feedback.

Please note that the time frame for presentations is as follows:

Prep Grades 1-3	no time requirement
Grades 4-7	5-7 minutes
Grade 8-13	8-15 minutes

*All equipment such as easels, slide projectors, extension cords etc. must be provided by the presenter.*

\_\_\_\_\_ **I have a time conflict with March 30<sup>th</sup> and April 4<sup>th</sup> and need to be contacted for a make-up date.**

I will volunteer to be a room host. \_\_\_\_\_ Yes \_\_\_\_\_ No

*A room host introduces the judge and assists the judge as necessary.*

\_\_\_\_\_  
Member's Signature

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Leader's Signature

### REGISTRATION DEADLINE IS MARCH 15, 2007

*Note: Please remember that all members are eligible to participate in County Public Presentations as long as they completed a Club Presentation. The presentation you present at the Club level needs to be the same as the County level presentation. If you have any questions please feel free to contact the 4-H Office.*



# UPCOMING EVENTS (cont.)



All 4-H Prep Members are invited  
January 20<sup>th</sup> to  
TAKE a TRIP AROUND THE  
WORLD...

- Our journey will begin at 10AM in the 4-H Office, 4000 Kozloski Rd., Freehold.
- It will take us to 4 countries as well as 4 different continents.
- At 1:30PM we will return to our port of origin
- All 4-H Prep (K-Gr. 3) members & their Prep age friends are welcome.
- Journey fee is \$10.00 per child. \$25.00 for families with 3 or more children.
- Adults are welcome as volunteers. Registration deadline is 1/12/07
- If interested please contact Kelly Valente at 732-431-7265 or Diane Gregorio at 732-974-7004.
- If you have food allergies please contact the 4-H office.

## TRIP AROUND THE WORLD - REGISTRATION FORM

Family Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Child's Name & Age: \_\_\_\_\_

Child's Name & Age: \_\_\_\_\_

Child's Name & Age: \_\_\_\_\_

Adult Volunteers: \_\_\_\_\_

Total Amount Enclosed: \$ \_\_\_\_\_

Mail to: RCE of Monmouth County 4-H Office  
4000 Kozloski Road, PO Box 5033  
Freehold NJ 07728  
ATTN: Kelly – Prep Rally



## UPCOMING EVENTS (cont.)



### VOLUNTEERS NEEDED FOR 4-H PREP MEMBERS

#### TAKE A TRIP AROUND THE WORLD

Hi Everyone—

As most of you have heard, we are having a program for our prep members on January 20th here at the 4-H office. They will be taking a Trip Around the World. :-)

We are in need of some volunteers. Please read the different areas in which we need volunteers and let me know if you will be able to help out.

#### **Flight Attendants or Pilots**

The volunteer will help the members fly to their different countries and assist the presenter in the room, if necessary. The time you are needed would be from 10AM until 2PM. Need a minimum of 3 volunteers.

#### **Spanish Speaking Person(s)**

When our preps are in Mexico on a layover, they will be eating lunch in our breakroom. We would like the members to be read a story in Spanish while they eat. The time you are needed would be from 11:45AM until about 12:45PM. Need 1 volunteer. If others would like to teach some Spanish words to the members, that would be great as well.

#### **Kitchen Workers**

The preps will be having tacos and Mexican fare while on their layover. We need workers to help prep the meal and to help members make their plates and with the clean up. The time you are needed would be from 10AM until about 2PM; if you are not able to work the whole time, just let me know. Need a minimum of 2 volunteers.

#### **Assistants to the Presenters**

There will be 10-15 preps visiting each country and the prep may need some assistance with a craft or help participating. Need a minimum of 3 volunteers.

#### **Photographer**

The photographer will capture the day and get quotes from the members and the parents. Need a minimum of 1 volunteer.

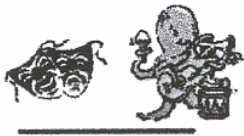
#### **General Volunteers**

The general volunteers will assist with various tasks throughout the day. You can volunteer anytime from 9:00AM until 3:00PM. Need a minimum of 2 volunteers.

Also if anyone would like to serve on the prep committee, just let Kelly Valenti know by calling (732)431-7265 or e-mail [dumas@aesop.rutgers.edu](mailto:dumas@aesop.rutgers.edu). Please also remind everyone about this program being offered for members in grades 1-3.



# UPCOMING EVENTS (cont.)



## **4-H Performing Arts Clubs Day**

February 24th 10AM to 2PM—Saturday  
Agriculture Building

Rutgers Cooperative Extension of Monmouth County  
4000 Kozloski Road, P.O. Box 5033, Freehold NJ 07728

Are you a 4-H club leader of a performing arts club?  
OR are you interested in becoming one?

Then the 4-H Performing Arts Clubs Day is for you!

- Talent Showcases
  - Workshops on 4HCCS Imagination in Action Theatre Arts Curricula
    - Play the Role! - Acting
    - Become A Puppeteer! - Puppetry
    - Set the Stage! - Stagecraft
- Learning! Sharing! Making New Friends! Enjoying The Fun!  
Registration Cost \$5.00

For more information, contact Ellen Williams, 4-H Agent  
Rutgers Cooperative Extension of Monmouth County

Phone: (732)431-7266

E-mail: [williams@aesop.rutgers.edu](mailto:williams@aesop.rutgers.edu)

### REGISTRATION

4-H Performing Arts Clubs Day, Saturday, February 24th  
Rutgers Cooperative Extension of Monmouth County  
4000 Kozloski Road, P.O. Box 5033, Freehold NJ 07728

Name: \_\_\_\_\_  
 Age: \_\_\_\_\_ Grade: \_\_\_\_\_ County: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

I am in a 4-H performing arts club  
 The name of the club is: \_\_\_\_\_  
 The leader is: \_\_\_\_\_

I am NOT in a 4-H performing arts club.  
 Make check payable to Monmouth County 4-H Office Account.

PLEASE CHECK:	DON'T DO	CURRENTLY DO	WANT TO LEARN
Dance (what type?)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Instrumental Music (what type?)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Singing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Acting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Puppetry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Clowning	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Double Dutch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Twirling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Musical Theatre	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other _____			



# UPCOMING EVENTS (cont.)

NJ Junior Breeder's Symposium  
 Registration Form – Saturday - March 24, 2007  
 Cook College – Rutgers University

**EACH participant MUST have a separate registration form**

<b>Name:</b>	<b>County/FFA Chapter:</b>	
<b>Street:</b>		
<b>Town:</b>	<b>State:</b>	<b>Zip:</b>
<b>Phone:</b>	<b>Cell Phone:</b>	
<b>Email:</b>	<b>Species:</b>	

Make checks payable to: **NJ Junior Breeders Fund** and mail to:  
 NJ Junior Breeder's Fund, attn: Lynn Mathews, P.O. Box 330, Trenton, NJ 08625

\$12.00 per person for all day programs – this includes lunch  
 \$7.50 per person for all day *without* lunch  
 \$5.00 per person for poultry or rabbits – **Afternoon program ONLY!**

9:30 am – 11:00 am                      **Skill-a-thons or Bob Mowrey**  
**\*\*\* Circle the segment you wish to attend\*\*\***

Fifteen (15) minutes will be spent at each station testing what you may know and teaching some facts you may not know.

- Feed, Forage, and Poisonous Plants for each species – Dairy/Beef, Goats/Sheep, and Equine.
- Hands On Identification and Near Infrared Reflectance Spectroscopy (NIR) to determine forage quality.

**OR –**

- Bob Mowrey – Learning Oral Reasons - for students Grade 9 and above

11:15 am – 11:45 am                      Extension Conference Center  
  
 Lunch - Pizza and Soda (for those who paid for lunch)  
 Fruit will be available as well

Turn Over



# UPCOMING EVENTS (cont.)



### Afternoon Events

12:00 pm – 1:30 pm

#### Hands On Events

Choose Three (3) Electives – \*\*\*Circle the segment you wish to attend\*\*\*  
 Segments will be 30 minutes each

<p style="text-align: center;"><b>Ruminant Nutrition</b></p> <p>How many stomachs does a cow have? Take a look at the inside of a cow and learn about methane gas</p>	<p style="text-align: center;"><b>Swine Management</b></p> <p>Can pigs really eat your leftovers? Watch the piglets at their first dental visit and more</p>
<p style="text-align: center;"><b>Bob Mowrey</b></p> <p>How did I place that class? And why?                  Hands On, Conformation, Judging, and Note Taking from an expert</p>	<p style="text-align: center;"><b>Equine Nutrition</b></p> <p>How long is a horses' small intestine? You can take a look and even touch one if you want</p>
<p><b>Germ Warfare/Electronic Id</b></p> <p>How did my livestock contract Johne's disease?                  An interactive game teaching about germs/diseases, how they spread, and what role electronic identification plays in agriculture</p>	

2:00 pm – 3:30 pm

#### Hands On Events

Choose one (1) event per participant – please circle event

- Dairy Clip off - separate sign up sheet – only for 4H/FFA students
- Sheep & Goat Judging
- Treadmill Demonstration

3:30 pm

Wrap up – turn in evaluation form and receive a ticket for a chance drawing for a great prize.

#### Rabbits or Poultry

12:00 pm – 12:30 pm

#### Registration

12:30 pm – 3:00 pm

#### Rabbits

1. Health Concerns – Red Bank Vet Hospital
2. "What Does the Judge Mean?" – deciphering judges comments - Mary Stamets
3. Judging – Hands on Judging Workshop – Mary Stamets

12:30 pm – 3:00 pm

#### Poultry

1. "Managing the Small Flock" - Buck Buckalew
2. "Reflections from a Poultry Judge" – Leroy Cranmer
3. "Avian Influenza Update from NJDA"

Turn Over



# UPCOMING EVENTS (cont.)

**Charlotte's Web**

**Tell your family, tell your friends!**

For every ticket purchased through [www.fourhcouncil.edu](http://www.fourhcouncil.edu) to see Paramount Pictures and Walden Media's production of **Charlotte's Web** (opening December 15 in theaters across the country) a donation of \$1 will be made by Hollywood Movie Money to 4-H to support your state's 4-H program.

See a great movie & help support 4-H.

[www.fourhcouncil.edu](http://www.fourhcouncil.edu)

**In Theatres December 15**

G (GENERAL AUDIENCES)

Charlotte'sWebMovie.com

No endorsement of this product by 4-H is implied or intended.

If you have any problems ordering tickets online, contact Hollywood Movie Money Customer Service at 866-342-0676

[www.fourhcouncil.edu](http://www.fourhcouncil.edu)

Have questions about ways to promote the opportunity? Contact the National 4-H Council Marketing & Communications team at [4hmarketing@fourhcouncil.edu](mailto:4hmarketing@fourhcouncil.edu).



## UPCOMING EVENTS (cont.)



### SOUTH JERSEY 4-H TEEN CONFERENCE

March 9-11, 2007

**“Back to the Future with 4-H”**

**Celebrating 50 years of SJTC; Clarion Hotel Little Egg Harbor NJ**

#### WORKSHOP SELECTIONS

##### SESSION 1—Workshops

1. Get Moving Get Healthy With New Jersey 4-H  
*Presenters: Sue Makres, Atlantic County 4-H Program Associate*
2. Let's Talk Trash-4-H Environmental Ambassadors Take Action  
*Presenters: Jeannette Rea-Keywood, Cumberland County 4-H Agent and Cassidy Wagner, Cumberland County 4-H Teen Council Member*
3. Pet First Aid & Safety  
*Presenters: Michele Roszbach*
4. A Stitch In Time  
*Presenters: Sharon Gore, Mercer County 4-H Program Associate*
5. Say Cheese  
*Presenters: James Stanmore, and Gloria Kraft, Burlington County 4-H Agent*
6. Explore Your World Through GPS/GIS  
*Presenters: Debi Cole, Atlantic County 4-H Agent*
7. The Art of Paper Folding  
*Presenters: Lynn Wells, Monmouth County 4-H Alumni and Diana Vogel, Monmouth County 4-H Ambassador*

##### SESSION 2—Workshops

1. Speak Out For Military Kids  
*Presenters: Rachel Everett, Morris County 4-H Agent; James Donoghue and Logan Sennstrom*
2. From Heart to Hands  
*Presenters: Sharon Gore, Mercer County 4-H Associate*
3. Make Your Voice Heard!  
*Presenters: Evan Humble, Burlington County 4-H Alumni and Jamie Padulese, Burlington County 4-H Alumni*
4. Youth Taking The Lead  
*Presenters: Members of the Atlantic County 4-H Junior Horse Council and Teen Council, and the Middlesex County 4-H Teen Council*
5. Making Changes!  
*Presenters: Jeannette Rea-Keywood, Cumberland County 4-H Agent; Sara Cobb, 4-H Youth & Family Program Coordinator; Gina Pace, Cumberland County 4-H Teen Council Member*
6. Imagine A World Without Hunger  
*Presenters: Evelyn Benton, Branch Director—Community Food Bank of NJ, Southern Branch*
7. National 4-H Teen Opportunities  
*Presenters: Macy Compton, 4-H Program Coordinator and Amy Smith, Monmouth County Teen Council and STAC Member*

##### SESSION 3—Workshops

1. Job or Career...What's Your Choice?  
*Presenters: Atlantic City & Trenton 4-H Workplace Readiness Project Teachers*
2. Keep It Safe  
*Presenters: Sean Trout, Burlington County 4-H Alumni*
3. Harness Your Inner Energy  
*Presenters: Jennifer Kiely-Kelder, Reiki Master and Sarah Sakowski, Monmouth County 4-H Ambassador*
4. Don't Slurp Your Soup  
*Presenters: Virginia Krzyzanowski, Monmouth County 4-H Program Associate and Taryn Leary, Monmouth County Teen Council President*
5. 4-H Presentations Go High Tech Effectively  
*Presenters: Annette Devitt, Salem County 4-H Agent*
6. My Space, Your Space, Our Space  
*Presenters: Laura Bovitz, Middlesex County 4-H Agent and James Tavares, 4-H Camp Director*
7. Scream Theater  
*Presenters: Undergraduate students from Rutgers University*



# UPCOMING EVENTS (cont.)



## What is South Jersey 4-H Teen Conference?

An annual ten-county conference for teens in grades 8-13 (one year out of high school) that focuses on leadership and personal development. The conference will increase awareness of the history of SJTC and the New Jersey 4-H Program, past, present and future.

### Conference Theme

This year's theme is "Back to the Future with 4-H—Celebrating 50 Years of SJTC". The conference will mark SJTC's golden anniversary with a look at our past and how it relates to 4-H's future. Workshop topics will include 4-H project areas, citizenship, community service and personal development. You will be able to interact with 4-H alumni and current members while making new friends, developing life skills and having lots of fun.

### What Does the Program Offer?

- \*Workshops
- \*Opportunity to meet teens from other counties
- \*Saturday afternoon activity
- \*Motivational speakers
- \*Banquet and dance
- \*Fun and much more

### Registration Information

**Who can attend?** Youth in Grades 8-13 (one year out of high school)  
**When is it?** March 9-11, 2007  
**Where is it?** Clarion Hotel, Little Egg Harbor, NJ  
**How do I register?** Contact your county 4-H office.  
 Registration is due in early February.  
**What does it cost?** \$165.00\*  
 \*Cost includes hotel accommodations, program supplies, Saturday afternoon activity and all meals from Friday evening until Sunday morning.

## Tentative Schedule

### **Friday, March 9**

5:00-7:00 Registration  
 6:00-7:30 Light Supper  
 6:45-7:30 Advisor Meeting  
 7:30-8:30 Opening Session  
 8:30-10:30 Friday Evening Program  
 10:30-11:00 County Meetings  
 11:00-12:00 Free Time  
 11:00-1:30 Advisors Meeting  
 11:00-11:30 Hospitality Room Open  
*Delegates in Rooms!*  
**Midnight**

### **Saturday, March 10**

8:00-8:45 Breakfast  
 8:30-8:45 Morning Announcements  
 9:00-10:00 Workshop Session A  
 10:15-11:15 Workshop Session B  
 11:30-12:30 Workshop Session C  
 12:30-1:30 Lunch  
 1:30-4:00 Afternoon Activities  
 4:00-6:00 Free Time  
 4:30-5:30 County Youth Rep interviews  
 6:00-7:00 Prep for Evening Program (no co-ed visiting)  
 6:45-7:00 County Rep Line-Up  
 7:00-8:30 Banquet  
 9:00-11:30 Dance  
 11:00-11:45 Hospitality Room Open  
*Delegates in Rooms!*  
**Midnight**

### **Sunday, March 11**

8:30-9:15 Breakfast  
 9:15-9:30 Morning Announcements/Door Prizes  
 9:30-11:00 Closing Session  
 Inspiration  
 Summary  
 Evaluation  
 Check Out  
 11:00-11:30

Remember to bring a non perishable food item as a donation for the Food Bank!

## January 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Happy New Year	2 Youth Horse Council 6:30PM/ Horse Leaders Mtg	3	4	5	6 4-H Goat Extravaganza
7	8	9 Small Animal Adv. Mtg 7:30PM	10	11	12	13
LG Cook Winter Camp 1/12-1/14						
14 Winter Camp Ends	15 Martin Luther King Day Office Closed	16	17 Teen Council Mtg 7:30PM	18 Public Presentations Workshop	19	20 Prep Rally "A Trip Around the World!"
21	22	23	24	25 4-H Assoc. Mtg 7:00PM	26	27 Tack Sale 11-3:00PM
28	29	30	31			

## February 2007

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Record Book Workshop 6:30-8:00PM	2	3
4	5	6 Youth Horse Council 6:30PM/ Horse Ldr Mtg 7	7	8	9 Deadline for Jersey Fresh grant to 4-H office.	10
11	12 Lincoln's Birthday Office Closed	13 Small Animal Adv Mtg 7:30PM	14 Teen Council Mtg 7:30PM	15	16	17
18	19 President's Day Office Closed	20	21	22	23	24 4-H Invitational Performing Arts Club Day 10:00AM-2:00PM
Shooting Sports Instructor training in Ballston Spa, NY. 2/23-25						
25	26	27	28			
Shooting Sports Instructor training ends.						



**RUTGERS COOPERATIVE EXTENSION**

NEW JERSEY AGRICULTURAL EXPERIMENT STATION  
RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY

Rutgers Cooperative Extension of Monmouth County  
4000 Kozloski Road, PO Box 5033, Freehold NJ 07728

---

**Official Business**

NONPROFIT ORGANIZATION

U.S. POSTAGE

PAID

FREEHOLD, NJ

PERMIT NO. 166