



**2019 Monmouth County  
Board of Chosen Freeholders**

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**Monmouth County Office on Aging  
Department of Human Services**  
3000 Kozloski Road, Freehold, NJ 07728  
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732-431-7450  
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Funded by a grant from the  
New Jersey Department of Human Services  
Division on Aging Services



[www.visitmonmouth.com](http://www.visitmonmouth.com)

# Tenth Annual Caregiver Retreat

Saturday, October 19, 2019  
Brookdale Community College  
Upper Level, Donald J. Warner  
Student Life Center  
9 a.m. - 2 p.m.



*Presented by*

**Monmouth County  
Office on Aging**

**CALL NOW TO REGISTER  
Seating is LIMITED!  
732-431-7450**

Many local care providers will be participating in this caregiver event. You will have a chance to speak with the vendors and arrange for a follow-up consultation or information if needed.

- Allied Health High School
- Alzheimer's Association
- Alzheimer's N.J.
- Arbor Terrace of Middletown & Tinton Falls
- Ascend Hospice
- Beacon of LIFE
- Cancer Support Community
- Caregiver Volunteers of Central Jersey
- Family & Children's Service (FCS)
- Garland Law Offices, P.A.
- Halcyon Elder Care
- Imperial Healthcare
- Jewish Family Services - Senior Medicare Patrol
- Mental Health Association of Monmouth County
- MOCEANS
- Monmouth County Division on Aging, Disabilities and Veterans Services
- Monmouth County Surrogate's Office
- O.E.I. Captel
- Preferred Home Healthcare & Nursing Services
- Rutgers / COPSA / Care 2 Caregivers
- SCAN, Social Community Activities Network, Eatontown
- South Jersey Legal Services
- Tri-State Pharmaceutical
- Visiting Physicians Services
- VNA Health Group
- We Care Adult Care, Red Bank

## Monmouth County Office on Aging Caregiver Retreat Agenda

Saturday, October 19, 2019 - Brookdale Community College, Lincroft, NJ

9 a.m. Registration, Vendors and Continental Breakfast

9:30 a.m. Welcome & Opening Remarks

Colleen Smith, LCSW, Caregiver Specialist

Susan Moleon, M.A., Executive Director, Monmouth County Office on Aging

Lillian G. Burry, Monmouth County Board of Chosen Freeholders

Keynote Address -

Lynette Whiteman, Executive Director, Caregiver Volunteers of Central Jersey Guild, Acceptance and Chocolate - One Woman's Caregiving Journey

Concurrent Sessions (please choose one)

A. **How to Have Conversations about End of Life including DNR, DNI, DNH, Advanced Directives, POLST and others.**

Marianne M. Holler, D. O., Visiting Physicians

B. **Senior Scams and How to Avoid Them**

Charles Clarkson, Esq., Senior Medicare Patrol, JFS of Middlesex County

C. **Communication Tips & Strategies,**

Mary Anne Ross, Alzheimer's New Jersey

**Want to Attend the Retreat but have no one to care for your loved one? The Monmouth County Statewide Respite Care program will fund a day of respite at We Care Adult Care. Please inquire at 732-431-7450.**

**For more information contact:**

Colleen Smith

1-877-222-3737 or 732-431-7450

Email: [csmith@co.monmouth.nj.us](mailto:csmith@co.monmouth.nj.us)

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