2019 Monmouth County Board of Chosen Freeholders

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Phone: 1-877-222-3737
732-431-7450
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Funded by a grant from the
New Jersey Department of Human Services
Division on Aging Services

New Jersey's Monmouth County
The Place You Want to Be

www.visitmonmouth.com

Tenth Annual

Caregiver Retreat

Saturday, October 19, 2019
Brookdale Community College
Upper Level, Donald J. Warner
Student Life Center
9 a.m. - 2 p.m.

Presented by

Monmouth County Office on Aging

CALL NOW TO REGISTER
Seating is LIMITED!
732-431-7450

Many local care providers will be participating in this caregiver event. You will have a chance to speak with the vendors and arrange for a follow-up consultation or information if needed.

- Allied Health High School
- Alzheimer's Association
- Alzheimer's N.J.
- Arbor Terrace of Middletown & Tinton Falls
- Ascend Hospice
- Beacon of LIFE
- Cancer Support Community
- Caregiver Volunteers of Central Jersey
- Family & Children's Service (FCS)
- Garland Law Offices, P.A.
- Halcyon Elder Care
- Imperial Healthcare
- Jewish Family Services - Senior Medicare Patrol
- Mental Health Association of Monmouth County
- MOCEANS
- Monmouth County Division on Aging, Disabilities and Veterans Services
- Monmouth County Surrogate's Office
- O.E.I. Captel
- Preferred Home Healthcare & Nursing Services
- Rutgers / COPSA / Care 2 Caregivers
- SCAN, Social Community Activities Network, Eatontown
- South Jersey Legal Services
- Tri-State Pharmaceutical
- Visiting Physicians Services
- VNA Health Group
- We Care Adult Care, Red Bank

Monmouth County Office on Aging

Caregiver Retreat Agenda

Saturday, October 19, 2019 - Brookdale Community College, Lincroft, NJ

9 a.m. **Registration, Vendors and Continental Breakfast**

9:30 a.m. **Welcome & Opening Remarks**

Colleen Smith, *LCSW, Caregiver Specialist*
Susan Moleon, *M.A., Executive Director, Monmouth County Office on Aging*
Lillian G. Burry, *Monmouth County Board of Chosen Freeholders*

Keynote Address -

Lynette Whiteman, *Executive Director, Caregiver Volunteers of Central Jersey Guilt, Acceptance and Chocolate - One Woman's Caregiving Journey*

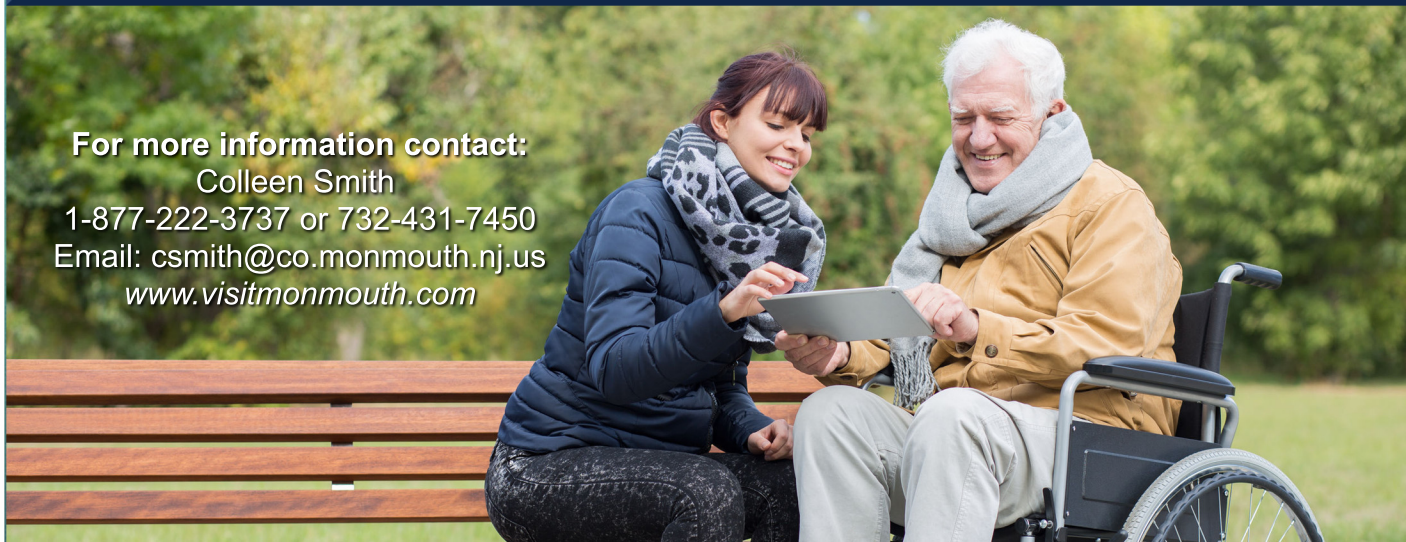
Concurrent Sessions (please choose one)

A. ***How to Have Conversations about End of Life including DNR, DNI, DNH, Advanced Directives, POLST and others.***
Marianne M. Holler, D. 0., Visiting Physicians

B. ***Senior Scams and How to Avoid Them***
Charles Clarkson, Esq., Senior Medicare Patrol, JFS of Middlesex County

C. ***Communication Tips & Strategies,***
Mary Anne Ross, Alzheimer's New Jersey

Want to Attend the Retreat but have no one to care for your loved one? The Monmouth County Statewide Respite Care program will fund a day of respite at We Care Adult Care. Please inquire at 732-431-7450.



For more information contact:
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