
Strengthening Families

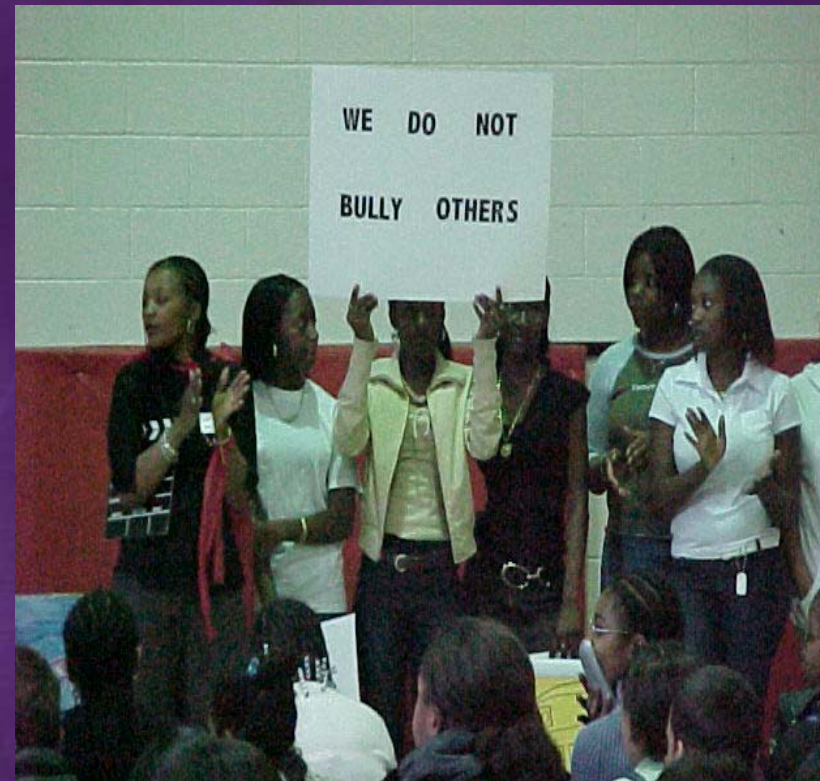
“by improving the conditions and opportunities for children and families to live in a safe, violence-free and drug-free environment.”

Who we are...

- ◆ Serving Monmouth County since 1967
- ◆ Each year an average of 10,000 children and families receive healthy messages through our prevention and education programs
- ◆ Programs are available to schools, community groups, PTA's, parents, businesses and human service professionals

Our programs include . . .

- ◆ Bullying Prevention Program
- ◆ Project P.E.A.C.E.
- ◆ Community Partnerships for Healthy Adolescents
- ◆ Project Oz



Strengthening Families Program



- ◆ Research-based
- ◆ Proven effective
- ◆ Children's component
- ◆ Parent component
- ◆ Parent/child component

Goals



- Build communication skills, social skills
- Establish effective discipline
- Supports parental role

Components

- 14- week program
- Family meals
- Family projects
- Observe modeling; practice skills



For information

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