

## GUIDE TO MENTAL HEALTH SERVICES IN MONMOUTH COUNTY

### MENTAL HEALTH ASSOCIATION OF MONMOUTH COUNTY

119 Avenue of the Commons

Suite 5

Shrewsbury, NJ 07702

732-542-6422

732-542-2477 (Fax)

E-mail: [mha@mentalhealthmonmouth.org](mailto:mha@mentalhealthmonmouth.org)

[www.mentalhealthmonmouth.org](http://www.mentalhealthmonmouth.org)

#### HOT LINES

##### 24-HOUR EMERGENCY SERVICES

2 <sup>nd</sup> Floor Youth Helpline	1-888-222-2228
CentraState Medical Center	732-780-6023
Jersey Shore Medical Center	732-776-4555
Monmouth Medical Center	732-923-6999
Riverview Medical Center	732-219-5325
Domestic Violence & Sexual Assault (180 Turning Lives Around)	732-264-4111
Mobile Response and Stabilization (Children)	1-877-652-7624
NJ Child Abuse (Anonymity Guaranteed)	
Division of Youth and Family Services	1-877-652-2873
Protective Services for Elderly and Disabled	732-531-9191

#### INFORMATION AND REFERRAL

Mental Health Association of Monmouth County	732-542-6422
Monmouth County Mental Health Board	732-431-7200
United Way, First Call for Help	211
PerformCare (Children and Families)	1-877-652-7624
Monmouth ResourceNet	<a href="http://www.monmouthresourcenet.org">www.monmouthresourcenet.org</a>

#### MENTAL HEALTH TREATMENT CENTERS WITH

##### IN-PATIENT

CentraState Medical Center	732-294-2850
Jersey Shore Medical Center	732-775-5500
Monmouth Medical Center	732-923-6909
- Children's Crisis Intervention Services	732-923-6925
Riverview Medical Center	732-530-2478
* Trenton Psychiatric Hospital	609-633-1502
* (Admission only through community hospitals.)	

**OUT-PATIENT**  
**CHILDREN & ADULTS**

<b>CPC Behavioral Health Care</b>	<b>732-842-2000</b>
• 270 Highway 35, Middletown	
• 37 Court Street, Freehold	
• 1088 Route 34, Aberdeen	
<b>Jersey Shore Behavioral Health Services</b>	<b>732-643-4363</b>
3535 Route 66, Neptune	
<b>Monmouth Medical Center/Pollak Clinic</b>	<b>732-923-5220</b>
5 North Bath Ave., Long Branch	
<b>Riverview Medical Center</b>	<b>732-345-3400</b>
661 Shrewsbury Ave., Shrewsbury	

**DAY PROGRAMS**

<b>Bridges</b>	<b>732-780-8933</b>
86 VanderVeer Rd., Howell	
<b>Community Care</b>	<b>732-462-5553</b>
3443 Rt. 9 N., Freehold	
<b>Community Connection</b>	<b>732-923-5220</b>
75 N. Bath Ave., Long Branch	
<b>CPC Adult Services</b>	<b>732-290-1700</b>
1088 Rt. 34, Aberdeen	
<b>CPC Circle of Friends (Children)</b>	<b>732-842-2000</b>
270 Hwy. 35, Middletown	
<b>Gateway</b>	<b>732-578-9090</b>
20 Meridian Rd., Eatontown	
<b>Guiding Light</b>	<b>732-774-0911</b>
1930 Heck Ave., Bldg. 3, Suite 1, Neptune	
<b>Jersey Shore Children's Programs</b>	<b>732-869-2784</b>
402 Hwy. 35, Neptune	
<b>Center for Vocational Rehabilitation</b>	<b>732-544-1800</b>
15 Meridian Rd., Eatontown	
<b>Morning Glory</b>	<b>732-918-9905</b>
3443 Hwy 66, Neptune	
<b>Park Place</b>	<b>732-869-2760</b>
1011 Bond St., Asbury Park	
<b>Riverview Mental Health Day Programs</b>	<b>732-345-3400</b>
661 Shrewsbury Ave., Shrewsbury	

**RELATED MENTAL HEALTH SERVICES**

**ALCOHOL AND DRUG ABUSE**

<b>ALA Call/NJ Substance Abuse Hot Line</b>	<b>1-800-322-5525</b>
<b>Community YMCA Family Services</b> 166 Main St., Matawan	<b>732-290-9040</b>
<b>CPC/Addiction Recovery Services</b> 270 Hwy. 35, Middletown	<b>732-842-2000</b>
<b>Discovery, Inc. (Long-term inpatient)</b> 80 Conover Rd., Marlboro	<b>732-946-9444</b>
<b>JSAS Healthcare</b> 1200 Memorial Dr., Asbury Park	<b>732-988-8877</b>
<b>Jersey Shore Medical Center</b> 100 Pkwy, Bldg. 5, Suite D, 3535 Rt. 66, Neptune	<b>732-643-4363</b>
<b>Monmouth County Division of Alcohol &amp; Drug Abuse Services</b> P.O. Box 3000, Kozloski Rd., Freehold	<b>732-431-6451</b>
<b>New Hope Foundation (Inpatient detox and rehab)</b> 80 Conover Rd., Marlboro	<b>732-946-3030</b>
<b>Prevention First</b> 1405 Hwy. 35, Ocean	<b>732-308-0113</b>
<b>Riverview Medical Center/Addiction Recovery Services</b> 661 Shrewsbury Ave., Shrewsbury	<b>732-345-3400</b>

Click [here](#) to see *The Guide to Alcohol and Addiction Services in Monmouth County*

**DEVELOPMENTAL DISABILITIES**

<b>Family Resource Associates</b> 35 Haddon Ave., Shrewsbury	<b>747-5310</b>
<b>ARC Monmouth Unit</b> 1158 Wayside Rd., Tinton Falls	<b>493-1919</b>
<b>Ladacin Network (Cerebral Palsy)</b> 1701 Kneeley Blvd., Wanamassa	<b>493-5900</b>
<b>SEARCH Day Program (Autistic)</b> 73 Wickapecko Dr., Ocean	<b>531-0454</b>
<b>Special Child Health Services</b> 141 Bodman Pl., Red Bank	<b>224-6950</b>

**FINANCIAL AID**

<b>Consumer Credit Counseling Service</b> 106 Apple St., Suite 105, Tinton Falls	<b>1-888-845-5669</b> <b>ext. 6510</b>
<b>Monmouth County Division of Social Services, (Welfare Board)</b> P.O. Box 3000, Kozloski Rd., Freehold	<b>732-431-6000</b>
<b>Social Security Administration</b> 645 Neptune Blvd., Neptune	<b>1-800-772-1213</b>

**LEGAL SERVICES**

<b>Community Health Law Project</b> 1 Main St., Suite 413, Eatontown	<b>732-380-1012</b>
<b>Division of Mental Health &amp; Guardianship Advocacy</b> 630 Bangs Ave., Room 343, Asbury Park	<b>732-869-2262</b>
<b>Legal Aid Society</b> P.O. Box 86, Asbury Park	<b>732-776-7733</b>
<b>New Jersey Protection and Advocacy</b> 210 S. Broad St., Trenton	<b>1-800-292-9742</b>
<b>Ocean/Monmouth Legal Services</b> 303 W. Main St., 3 <sup>rd</sup> Floor, Freehold	<b>732-866-0020</b>
<b>Office of the Child Advocate</b> 135 W. Hanover St., P.O. Box 092, Trenton	<b>1-877-543-7864</b>

**MISCELLANEOUS**

<b>Affordable Housing Alliance</b> 59 Broad St., Eatontown	<b>732-389-2958</b>
<b>Bureau of Special Services, City of Asbury Park</b> 1 Municipal Plaza, Asbury Park	<b>732-502-5731</b>
<b>Easter Seal Society (Housing/Special Needs)</b> 1 Executive Center, Ocean	<b>732-918-1188</b>
<b>Family Consultation (Families of the Mentally Ill)</b> MHA, 119 Ave. of the Commons, Suite 5, Shrewsbury	<b>732-542-6422</b>
<b>Fort Monmouth Homeless Shelter</b>	<b>732-542-8264</b>
<b>Intensive Case Management Services/PACT</b> CPC, 270 Hwy. 35, Middletown	<b>732-842-2000</b>
<b>Keansburg Resource Network</b> 13 Kennedy Way, Keansburg	<b>732-495-8222</b>
<b>Long Branch Concordance</b> 279 Broadway, Long Branch	<b>732-571-1670</b>
<b>Mercy Center</b> 1106 Main St., Asbury Park	<b>732-774-9397</b>
<b>Partners in Independence</b> MHA, 119 Ave. of the Commons, Suite 5, Shrewsbury	<b>732-542-6422</b>
<b>Red Bank Resource Network</b> 101-103 Suite B Shrewsbury Avenue, Red Bank	<b>732-383-5135</b>
<b>VNA Boarding Home Program</b> 141 Bodman Pl., Red Bank	<b>732-747-1204</b>

### SELF-HELP

<b>NJ Clearing House Self-Help</b>	<b>1-800-367-6274</b>
<b>Al-Anon/Alateen</b>	<b>1-973-744-8686</b>
<b>Alcoholics Anonymous</b>	<b>1-800-245-1377</b>
<b>CHADD (Attention Deficit Disorder Families)</b>	<b>1-609-693-2122</b>
<b>Collaborative Support Programs of NJ (CSP)</b> (Self-help for the Mentally Ill) 8 Spring St., Freehold	<b>1-800-227-3729</b>
<b>Families Anonymous</b>	<b>1-800-736-9805</b>
<b>Family Based Services</b>	<b>732-380-1300</b>
<b>Family &amp; Friends for Mental Health (Support Group)</b> MHA, 119 Ave. of the Commons, Suite 5, Shrewsbury	<b>732-542-6422</b>
<b>Gamblers Anonymous</b>	<b>1-800-GAMBLER</b>
<b>GROW (Adults with Emotional Problems)</b>	<b>1-800-227-3729</b>
<b>Manic-Depressive Support Group</b>	<b>1-800-227-3729</b>
<b>NAMI/National Alliance of the Mentally Ill</b> Colonial Plaza Three, 2107 Wilson Blvd., Suite 300 Arlington, VA 22201-3042	<b>1-800-950-6264</b>
<b>NAMI Greater Monmouth</b>	<b>732-449-2356</b>
<b>NAMI New Jersey</b> 1562 Route 130, North Brunswick, NJ 08902	<b>732-940-0991</b>
<b>Narcotics Anonymous of NJ</b>	<b>1-800-992-0401</b>
<b>Parents Anonymous (Child Abuse Prevention)</b>	<b>1-800-843-5437</b>
<b>Parents Support Group, Inc. (Addicted Children)</b>	<b>1-973-736-3344</b>
<b>Recovery, Inc. (Adults with Emotional Problems)</b>	<b>732-922-8112</b>
<b>Smart Recovery (Adults with Addictive Behaviors)</b>	<b>732-741-0777</b>

### SENIOR CITIZENS

<b>Adult Protective Services</b> 1900 Hwy. 35, Oakhurst	<b>1-800-495-0055</b>
<b>Monmouth County Office on Aging</b> 21 Main and Court Center, P.O. Box 1255 Freehold	<b>1-877-222-3737</b>
<b>SCAN (Senior Citizens Activities Network)</b> Monmouth Mall	<b>732-542-1326</b>

**VOCATIONAL SERVICES**

<b>CPC Employment Services</b> 142 Hwy. 34, Aberdeen	<b>732-290-1700</b>
<b>Center for Vocational Rehabilitation</b> 30 Park Rd., Tinton Falls	<b>732-544-1800</b>
<b>Disability Program Navigator - One-Stop Career Cntr.</b> 145 Wyckoff Rd. Ste. 201, Eatontown	<b>732-683-8850</b> <b>x4011</b>
<b>N.J. Division of Vocational Rehabilitation</b> 60 Taylor Ave., Neptune	<b>732-775-1799</b>

## YOUTH AND FAMILY

<b>180 - Turning Lives Around</b>	<b>732-264-4111</b>
1 Bethany Rd., Bldg. 3, Suite 42, Hazlet	<b>1-888-843-9262</b>
Satellite Office in Neptune	
<b>2<sup>nd</sup> Floor Youth Helpline</b>	<b>1-888-222-2228</b>
<b>Catholic Charities Family &amp; Community Services</b>	<b>732-747-9660</b>
145 Maple Ave., Red Bank	
(Satellite Offices in Asbury Park, Keansburg)	
<b>Collier Services</b>	<b>732-946-4771</b>
160 Conover Rd., Wickatunk	
<b>Community YMCA Family Services</b>	<b>732-290-9040</b>
166 Main St., Matawan	
<b>Counseling Centers for Human Development, Inc.</b>	<b>732-462-9744</b>
211 Elton-Adelphia Rd., Freehold	
112 Middletown Rd., Holmdel	
<b>CPC Behavioral Health Care</b>	<b>732-842-2000</b>
• 270 Hwy. 35, Middletown	
• 37 Court Street, Freehold	
<b>Family &amp; Children's Services</b>	<b>732-222-9111</b>
191 Bath Ave., Long Branch	
<b>Family Growth Program (Sexual Abuse)</b>	<b>732-758-0094</b>
145 Maple Ave., Red Bank	
<b>Family Intervention Services</b>	<b>732-571-1670</b>
279 Broadway, Long Branch	
<b>Family Resource Center / Mercy Center</b>	<b>732-774-9397</b>
1106-1108 Main St., Asbury Park	
<b>Hispanic Affairs &amp; Resource Center</b>	<b>732-774-3282</b>
• 913 Sewall Ave., Asbury Park	
• 12 Throckmorton St., Freehold	<b>732-431-6977</b>
<b>IEP Youth Services, Inc.</b>	<b>732-431-2663</b>
75 W. Main St., Freehold	
<b>Jewish Family &amp; Children's Service</b>	<b>732-774-6886</b>
• 705 Summerfield Ave., Asbury Park	
• 91 E. Front St., Red Bank	
• 25 Kilmer Dr., Bldg. 3, Morganville	
<b>Mental Health Association of Monmouth County</b>	<b>732-542-6422</b>
119 Ave. of the Commons, Suite 5, Shrewsbury	



<b>Ocean Township Human Services</b> 615 W. Park Ave., Oakhurst	<b>732-222-7737</b>
<b>SPAN/Statewide Parent Advocacy Network</b> 35 Halsey St., Newark	<b>1-800-654-SPAN</b> <b>1-973-642-8100</b>
<b>Wall Youth Center</b> 1824 South M St., Wall	<b>732-681-1375</b>
<b>Youth Advocate Program</b> 1 Main St., Eatontown	<b>732-542-0611</b>