

REFERENCE GUIDE

Monmouth County Behavioral Health Resource Guide



Department of
Health & Human Services
Division of Behavioral Health

**Monmouth County Department of
Health & Human Services
Division of Behavioral Health**

Peter-Donnel Boynton

Director of Health & Human Service

Lynn Seaward, BS, CTTS

Division Director and Mental Health Administrator

Kaitlyn Silagyi, MS, LPC, LCADC, DRCC

Deputy Director and County Alcohol and Drug Director

3000 Kozloski Rd, Freehold, NJ 07728

www.visitmonmouth.com

Telephone: 732 431 6451

Fax: 732 683 8730

Board of County Commissioners

Thomas A. Arnone, *Commissioner Director*

Ross F. Licitra, *Commissioner Deputy Director*

Susan M. Kiley, *Liaison*

Dominick "Nick" DiRocco

Erik Anderson

Monmouth County Division of Behavioral Health

Our Vision:

All the members of our community in the spirit of inclusion, safety and success, regardless of age, gender identity, race, ethnicity, religious beliefs, or country of origin, will have access to the information, services, resources, and support needed to prevent, intervene, treat and recover from behavioral health challenges in a stigma-free environment, so that they may achieve wellness and thrive in their lives.

Our Mission:

The Division of Behavioral Health, through public and private partnerships and collaboration, educates, guides, empowers, advocates, and creates access to locally organized and integrated systems of behavioral health and support services for all members of our community; with wellness and recovery as the goal for all Monmouth County residents.

Monmouth Acts Navigation System

Need resources, but not sure where to look? Our new Navigation System offers support – with a personal touch.

Monmouth County has recently launched the Monmouth ACTS Navigation System – an easy way for residents to find and access appropriate services in Monmouth County to meet their needs. Created as part of Monmouth County's Department of Health & Human Services, the Navigation System will serve as one point of entry for residents to be connected to any human service provider in the County, without needing to make multiple calls and needing to tell their story again and again.

Call one phone number and reach numerous service providers:
.....732-683-8959

As the first-of-its-kind in New Jersey, the Navigation System will offer residents a streamlined way to connect with all resources in the area, including food, housing, medical care, employment, behavioral health care and much more.

How? Residents call the Navigation System at 732-683-8959, and connect with a compassionate, trained social worker. The social worker will talk with the individual about their needs, challenges and if they are receiving any current services. This conversation will help the social worker determine the next steps for the resident: The resident needs a simple electronic referral to the agency(s) that can help the resident who requires immediate attention and the social worker will personally connect the individual to the appropriate agency(s) The resident's needs are significant and complex, so the social worker will connect them to a Service Coordinator who will assist the resident in coordinating referrals to various resources.

Suicide Interventions - 24/7 Hotlines - Emergency Intervenciones Suicidas Líneas directas

Crisis with Imminent Risk of Harm to Self, Others or Property Call 911

ARRIVE Together.....	911
Link to Care.....	Link2care@mcponj.org
Suicide and Crisis Lifeline.....	988
Early Intervention Support Services (EISS).....	732-922-1042
Monmouth County Psychiatric Emergency Screening Services (PESS) at Monmouth Medical Center Child and Family Crisis Clinicians (RWJ Barnabas Health) Services are free to families.....	732-923-6999

Hospital Hotlines 24/7

Bayshore Medical Center.....	732-383-2451
CentraState Medical Center.....	732-780-6023
Jersey Shore University Medical Center.....	732-776-4555
Monmouth Medical Center.....	732-923-6999
Riverview Medical Center.....	732-219-5325

Other Hotline Numbers

2nd Floor Youth Helpline.....	888-222-2228
NJHopeline.....	988
(suicide & crisis)	
Mental Health Association: lifelines.....	732-542-6422
180 Turning Lives Around.....	732-264-4111
(Domestic violence & sexual assault)	

MENTAL HEALTH: DAY PROGRAMS

Center for Vocational Rehabilitation

15 Meridian Rd, #1, Eatontown.....732-544-1800

Community Care.....732-462-5553

3443 Route 9 N, Suite 1100, Freehold

Community Connections.....732-923-5220

75 N. Bath Ave, Long Branch

CPC Behavioral Healthcare.....800-250-9811

Gateway Day Treatment.....732-922-0591

1 Center St, Ocean

Monmouth Partial Care.....732-866-1700

1930 Heck Ave., Bldg. 3, Suite 1, Neptune

Morning Glory Partial Care.....732-918-9905

645 Neptune Blvd, Neptune

Riverview Medical Center Behavioral Health Services - Outpatient Acute Partial Hospitalization Program.....732-345-3400

661 Shrewsbury Ave., Shrewsbury

Unity Place.....848-208-2636

1075 Stephenson Ave, Suite C, Oceanport

MENTAL HEALTH SERVICES: INPATIENT

Carrier Clinic.....	800-933-3579
CentraState Medical Center.....	732-780-6023
Hampton Behavioral Health Center.....	800-603-6767
Jersey Shore University Medical Center.....	732-775-5500
Monmouth Medical Center.....	732-923-6909
Princeton House.....	888-437-1610

*State Hospital Admission
only through community hospitals:*

Ancora Psychiatric Hospital.....	609-561-1700
Greystone Psychiatric Hospital.....	973-538-1800
Trenton Psychiatric Hospital.....	609-633-1500

MENTAL HEALTH SERVICES: OUTPATIENT

YMCA of Greater Monmouth County 166 Main St., Matawan.....	732-290-9040
CPC Integrated Healthcare	800-250-9811
JSUMC Behavioral Health 61 Davis Ave., Neptune	732-643-4363
Monmouth Medical Center/Pollak Clinic 5 North Bath Ave., Long Branch.....	732-923-5220
Booker Behavioral Acute Partial Hospitalization Program at Riverview Medical Center 661 Shrewsbury Ave., Shrewsbury.....	732-345-3400
Stress Care of New Jersey, LLC 500 Park Ave., Manalapan.....	732-679-4500
Catholic Charities	732-747-9660 (Office) 800 360 7711 (Access Center)
180 Turning Lives Around 1 Bethany Rd, Bldg. 3, Suite 42, Hazlet	888-843-9262
Jewish Family & Children's Service Asbury Park, Eatontown & Morganville	732-774-6886
Mercy Center Family Resource Center 1106 Main St., Asbury Park.....	732-774-9397
Mental Health Association 106 Apple St., Ste. 110, Tinton Falls	732-542-6422
Ocean Township Human Services 601 Deal Rd., Ocean	732-531-2600

BEHAVIORAL HEALTH SELF-HELP

Collaborative Support Programs of NJ (CSP)

Neptune C.A.R.E. (CWC).....732-455-5358
Freehold Wellness Center.....732-625-9485

Family Based Services.....732-542-4502
(Support for parents & caregivers)

National Alliance on Mental Illness (NAMI)

<http://www.nami.org>.....800-950-6264

NAMI Monmouth.....732-462-6448

No Stigma Network, Inc.

nostigmanetwork@gmail.com.....732-533-7632
<https://www.nostigmanetwork.org/>

NJ Self Help Clearing House.....800-367-6274

Parents Anonymous.....800-843-5437
(Child abuse prevention)

Peer Recovery Warm Line.....877-292-5588

* Shore Club House.....732-759-1595

SELF HELP GROUPS

Alcoholics Anonymous.....908-687-8566

Al-Anon/Alateen.....888-944-5678

Cocaine Anonymous.....800-347-8998

Parents Anonymous.....800-843-5437

Gambling Helpline.....800-426-2537

Narcotics Anonymous.....800-992-0401

Nar-Anon.....877-424-4491

Self-Help Clearinghouse.....800-367-6274

DEVELOPMENTAL DISABILITIES

Arc of Monmouth.....732-493-1919
Wayside Rd., Tinton Falls

Family Support Center of NJ.....732-262-8020
35 Beaverson Blvd., Building 11, Brick

Family Resource Associates.....732-747-5310
35 Haddon Ave., Shrewsbury

LADACIN Network.....732-493-5900
(Lifetime assistance for developmental and
challenging individual needs)
1701 Kneeley Blvd., Wanamassa

CASE MANAGEMENT

**City of Asbury Park
Dept. of Social Services**.....732-775-2100
Municipal Plaza, Asbury Park

CPC Integrated Healthcare (ICMS)
Integrated Case Management Services.....800-250-9811

Partners in Independence.....732-542-6422
(Supportive housing)
Mental Health Association of Monmouth County
106 Apple St., Ste. 110, Tinton Falls

**RWJ Barnabas Institute for
Prevention and Recovery:**
Monmouth County Case Management Program.....833-233-4377

HOUSING

Affordable Housing Alliance732-389-2958
59 Broad St., Eatontown

Collaborative Support Programs of NJ (CSP)
Monarch Housing.....732-625-9516 ext. 2.

Declarations, Inc......732-792-6990
Supportive Housing Hwy. 33, Bldg. 6, Suite1, Freehold

Easter Seals NJ.....732-380-0390
615 Hope Rd., Building 3, Eatontown

HABcore, Inc......732-544-1975
PO Box 2361, Red Bank

RHD Coastal Wellness.....732-361-5845
2040 Sixth Ave., Suite C, Neptune City

Monmouth County Centralized Homeless Intake

Applications only through
Monmouth County Division of Social Services
732-431-6000, ext. 4613, after 4 p.m. call 211

LEGAL SERVICES

Community Health Law Project
3301 Rt. 66, Bldg. C, Suite 130, Neptune.....732 380 1012

Disability Rights NJ.....800-922-7233
TTY call through NJ Relay at 711
210 S. Broad St., 3rd floor Trenton

**Division of Mental Health and
Guardianship Advocacy**.....732-869-2262
630 Bangs Ave., room 317, Asbury Park

Legal Aid Society.....732-556-8268
2407 Route 66, Ocean Township

South Jersey Legal Services.....732-414-6750
303 W. Main St., 3rd floor, Freehold

SUBSTANCE USE SERVICES OUTPATIENT TREATMENT

Advanced Health and Education	888-687-6977
3 Corbett Way, Eatontown	
Central Jersey Comprehensive Treatment Center	
11 Highway 35, Cliffwood.....	888-308-5583
Community Care Behavioral Health and Rehab	
3443 Route 9 North, Freehold.....	732-462-5553
The Counseling Center at Freehold	732-431-5300
4345 Route 9 North, Freehold	
CPC Integrated Healthcare	800-250-9811
Transportation available for certain programs	
Discovery Institute for Addictive Disorders	
80 Conover Rd., Marlboro.....	732-946-9444
High Focus Centers	732-303-9900
6 Paragon Way, Freehold	
Jersey Shore University Medical Center	
61 Davis Ave., Neptune.....	732-643-4400
Jewish Family and Children's Service	
705 Summerfield Ave., Asbury Park.....	732-774-6886
JSAS Health Care	732-988-8877
685 Neptune Blvd., Neptune	
New Hope Integrated Behavioral Healthcare	
2 Monmouth Ave., Freehold.....	732-308-0113
190 Chelsea Ave, Long Branch.....	732-870-8500
Ocean Township Human Services	
601 Deal Rd., Ocean.....	732-531-2600
Pinnacle Treatment Center: Middletown Medical	
600 State Rt. 35, Middletown.....	732-706-1300
Preferred Behavioral Health	732-458-1700
40 Christophe Way, Eatontown	
Princeton House (women only)	
615 Hope Road, Building 1, Tinton Falls.....	888-437-1610
Recovery CNT	732-484-9661
20 Gibson Place, Freehold	
Recovery Innovations	732-380-7061
1 Corbett Way, Eatontown	
RESA Treatment Center	
199 Main Street, Suite 2A, Keansburg.....	732-495-1474
Riverview Medical Center Behavioral Health Services- Addiction Recovery Services	
661 Shrewsbury Ave., Shrewsbury.....	732-345-3400
Stress Care of New Jersey LLC	
500 Park Ave., Manalapan.....	732-679-4500
YMCA of Greater Monmouth County	
Counseling Services	
166 Main St., Matawan.....	732-290-9040

METHADONE TREATMENT

Central Jersey Comprehensive Treatment Center 111 Highway 35, Cliffwood.....	888-308-5583
JSAS Health Care 685 Neptune Blvd., Neptune	732-988-8877
Middletown Medical 600 Route 35, Middletown	732-706-1300

HALFWAY HOUSE

Epiphany House 300 Fourth Ave., Asbury Park (women & children) 373 Brighton Ave., Long Branch (women)	732-775-0720
Philip House (men) 190 Chelsea Ave., Long Branch	732-870-8500

RESIDENTIAL WITHDRAWAL MANAGEMENT

Bergen Regional Medical Center 230 E. Ridgewood Ave., Paramus	800-730-2762
Maryville, Inc 1903 Grant Ave., Williamstown	856-629-0244
New Hope Integrated Behavioral Healthcare 80 Conover Rd., Marlboro	732-946-3030
Pyramid Healthcare 600 South White Horse Pike, Hammonton	888-694-9996

SHORT-TERM RESIDENTIAL

Discovery Institute for Addictive Disorders 80 Conover Rd., Marlboro	732-946-9444
Maryville, Inc 1903 Grant Ave., Williamstown	856-629-0244
New Hope Integrated Behavioral Healthcare 80 Conover Road, Marlboro	732-946-3030
Pyramid Healthcare 600 South White Horse Pike, Hammonton	888-694-9996

PREVENTION SERVICES

- Prevention First: A Division of Preferred Behavioral Health**.....732-663-1800
www.preventionfirst.net
- Wellspring Center for Prevention**.....732-254-3344
www.wellspringprevention.org
- RWJ Barnabas Institute for Prevention and Recovery**
www.rwjbh.org.....732-837-9427
- CentraState Health Awareness Center**
www.centrastate.com.....732-308-0570

HARM REDUCTION CENTER

- VNA of Central Jersey**
816 Sunset Ave., Asbury Park.....732-502-5100

RECOVERY SUPPORT SERVICES

- Preferred Behavioral Health STAR Program**
(Support Team for Addiction Recovery)732-663-1800 ext. 7186
- Hope Sheds Light**.....855-850-HOPE
rise@hopeshedslight.org
- RWJ Barnabas Institute for Prevention and Recovery: Monmouth County Case Management Program**.....732-837-9427

COUNTY ALLIANCES TO PREVENT SUBSTANCE USE DISORDER

Municipal Alliances

- Colts Neck**.....732-308-4505
- Eatontown**.....732-389-7621
- Hazlet**.....732-264-1700 x8693
- Highlands/Antlantic Highlands**.....908-601-5091
- Holmdel**.....732-946-2820 x1224
- Keyport**.....732-739-5156
- Long Branch**.....732-615-2277
- Millstone**.....732-580-0717
- Neptune Twp.**.....732-869-1202
- Shore Alliance**.....732-816-7103
- Wall Township**.....732-820-4792

COUNTY ALLIANCE COORDINATOR

William "Billy" Horbatt
732-431-6451
William.Horbatt@co.monmouth.nj.us

INTOXICATED DRIVING

Monmouth County Intoxicated Driver Resource Center (IDRC)
Tel. 732-308-3713
Fax: 732-625-3907
Monmouth County Human Services Building
3000 Kozloski Rd., Freehold, NJ 07728

STIGMA

The Monmouth County Stigma-Free Initiative is a countywide program that aims to reduce the stigmas associated with mental illness and substance use disorder. We are dedicated to raising awareness of the diseases of mental illness and substance use disorders to create a culture wherein residents feel supported by their community and neighbors and feel free to seek treatment for the diseases without fear of stigma.

For more information contact us on our website:

<https://www.stigmfree-monmouth.org/>

NJ Governor's Council on Mental Health Stigma ***www.nj.gov/mhstigmacouncil***

The campaign to educate and enlighten the public about the importance of mental health is paramount to our efforts. Mental health stigma is the last frontier of discrimination and we are in the midst of an evolution and revolution in mental health. We now know that it is likely that everyone will experience or be touched by a mental illness at least once in their lives.

Therefore, we must remember that mental illness does not discriminate, people do.

When we discriminate against those with mental illness we are discriminating against our mothers and fathers, sons and daughters, sisters and brothers, friends and neighbors. Embracing mental health and learning more about mental illness will enrich and strengthen the communities in which we live.

This reference guide was printed courtesy of the
Monmouth County Board of County Commissioners

Rev 7/2024