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**FOR IMMEDIATE RELEASE**  
Tuesday, February 13, 2018

**MONMOUTH COUNTY PARK SYSTEM PLANS AN ARRAY OF  
OFFERINGS AT THE CLAYTON PARK ACTIVITY CENTER**



UPPER FREEHOLD— This spring, the Monmouth County Park System continues to expand its program offerings at the Clayton Park Activity Center, Upper Freehold. Acquired in 2015, the Activity Center allows the Park System to host yoga, parent/child music classes, craft workshops and more in the western portion of the county. Here's what is planned during March, April and May at the site:

**Sumac Basket**

**Saturday, March 10 from 10 a.m.-4:30 p.m.**

Make this lovely and functional basket that measures 8" x 8" x 12". The cost is \$40 per person plus a \$35 materials fee; pre-registration is required.

### **Vinyasa Flow Yoga**

**Tuesdays, March 13-May 1 from 9:30-11 a.m. (Eight weeks at \$108 per person)**

**Tuesdays, May 15-June 19 from 9:30-11 a.m. (Six weeks at \$80 per person)**

Join Nationally Certified Instructor Mary Jane Kasliner for this class designed for students with some yoga experience. Pre-registration and fee required.

### **Miss Melissa's Aardvarks**

**Thursdays, April 5-June 7 from 9:30-10:15 a.m.**

**Thursdays, April 5-June 7 from 10:30-11:15 a.m.**

Sing and dance with your little ones age 6 months-5 years during this early childhood development class. The cost is \$160 per parent/child pair plus \$40 materials fee. The cost of a second child is \$110; \$70.00 additional sibling. Pre-registration required.

### **To Dye For: Indigo Shibori Workshop**

**Saturday, April 7 from 10 a.m.-2:30 p.m.**

Discover the beauty of shibori during this hands-on workshop led by Kate Eggleston. The cost is \$45 per person plus a \$5 material fee; pre-registration is required.

### **Climb Time**

**Saturday, April 7 from 1-5 p.m.**

Try the Park System's 25' portable climbing wall. Climbers must be 42" or taller and age 8 or older (under 18 with adult). **FREE!**

### **Shibori Sampler**

**Wednesdays, April 11-May 16 from 11 a.m.-1 p.m.**

Create a sampler of nine blocks showcasing a variety of Japanese resist dye techniques. Class includes all materials. The cost is \$135 per person; pre-registration is required.

### **My First Bird Feeder**

**Saturday, April 28 from 11 a.m.-12:30 p.m.**

Create a bird feeder and learn about some of the backyard birds it will attract. Open to ages 7-12 with adult. The cost is \$20 per kit; pre-registration is required.

### **Spring Wildflower Hike**

**Friday, May 4 from 10-11 a.m.**

Look for short lived flowers that emerge in spring during this moderate hike. Open to ages 12 and up, under 18 with adult. The cost is \$5 per person; pre-registration is required.

### **Clayton Park Open House**

**Saturday, May 12 from 9 a.m.-12 p.m.**

Enjoy the Park System's portable climbing wall and crafts during this Open House. **FREE!**

### **Basket Duo**

**Friday, May 25 from 10 a.m.-4 p.m.**

Make one 8" x 8" and one 4" x 4" basket. The cost is \$40 per person plus a \$35 materials fee; pre-registration is required.

For more information on any of these programs or to register, visit [www.MonmouthCountyParks.com](http://www.MonmouthCountyParks.com) or call 732-842-4000, ext. 1. For persons with hearing impairment, the TTY/TDD number is 711. The Monmouth County Park System, created in 1960 by the Monmouth County Board of Chosen Freeholders, is Monmouth County's Open Space, Parks, and Recreation agency.

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