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**FOR IMMEDIATE RELEASE**  
Monday, February 12, 2018

**MONMOUTH COUNTY PARK SYSTEM OFFERS *MY SMART HANDS***

COLTS NECK— The Monmouth County Park System is pleased to announce its brand-new offering ***My Smart Hands***. Designed for parents/caregivers and their babies age 3-15 months, this program uses instruction, interactive games and songs to teach American Sign Language (ASL). Participants will learn recommended first signs, discuss the benefits of using ASL with infants and easy techniques for successfully integrating signs into everyday life.

The Park System is offering two sessions of this exciting new program on Fridays, March 2-23 at the Dorbrook Recreation Area Activity Center, Route 537, Colts Neck. The first session is from 9:45-10:30 a.m. and is open to ages 3-9 months with adult; the second session is from 10:45-11:30 a.m. and is open to ages 9-15 months with adult. The cost of each session is \$55 per child. There is an additional materials fee of \$25 for the required book and CD. Pre-registration is required.

For more information regarding this program or the Monmouth County Park System, visit [www.MonmouthCountyParks.com](http://www.MonmouthCountyParks.com) or call 732-842-4000. For persons with hearing impairment, the TTY/TDD number is 711. The Monmouth County Park System, created in 1960 by the Monmouth County Board of Chosen Freeholders, is Monmouth County's Open Space, Parks, and Recreation agency.

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