



Open Enrollment FAQs

What is Open Enrollment?

Open Enrollment occurs once a year, providing benefits eligible County Employees the opportunity to make changes to their medical, dental, and vision plans. This year, Open Enrollment will take place from October 14th through October 31st, with changes effective January 1, 2026, through December 31, 2026.

How do I make changes to my health plans?

If you would like to make changes to your health plans, please complete an enrollment/change form. Forms are available on the intranet or through self-service under *My Employee Forms and Memos*, then *Benefit Forms*. Email completed and signed forms to enrollments@co.monmouth.nj.us by **4 p.m. on Friday, October 31st**.

If I do not want to make any changes to my benefit plans, do I need to do anything?

No. However, all employees are responsible for verifying their health care plan deductions. Please review your deposit stub report and your current benefits enrollment in self-service to confirm it matches your coverage tier.

Do I need to be eligible for medical benefits to add voluntary coverages?

No. All County employees are eligible to add voluntary benefits such as short-term disability, long term disability, critical illness, whole life insurance and pet insurance. Employees can enroll in voluntary benefits through Colonial Life and Aflac.

What if I have questions about the different health plans?

Information about each health plan is available in self-service and on the Benefits Intranet page. If you have additional questions, please consult with your department's Benefit Liaison or contact the Benefits Department at 732-866-3622 or via email at enrollments@co.monmouth.nj.us.