



County of Monmouth

Your prescription copayments at a glance

Show this to your doctor and discuss ways to pay less for your medications.

If you need a long-term medication, you may pay less over time by using Express Scripts Pharmacy®. We'll deliver up to a 90-day supply right to you and **standard shipping is free**. To learn more about your benefit, log in at [express-scripts.com](https://www.express-scripts.com) and select Benefits Overview from the drop-down menu under Benefits. First-time visitors, please take a moment to register before using this service.

County of Monmouth

Retail	Retail
\$5 Generic	\$20 Brand
Mail	Mail
\$0 Generic	\$15 Brand
Specialty	Specialty
Same as mail	Same as mail

County of Monmouth - Advantage EPO

Retail	Retail
\$5 Generic	\$20 Brand/\$35 Non-Preferred Brand
Mail	Mail
\$15 Generic	\$50 Brand/\$87.50 Non-Preferred Brand
Specialty	Specialty
Same as mail	Same as mail

KEEP THIS INFORMATION

For more information about your benefit,
log in at [express-scripts.com](https://www.express-scripts.com)

or call Member Services toll free at (800) 711-0917

Note: If you request a brand-name medication when a generic equivalent is available, you will pay the applicable copayment, plus the difference in cost between the brand and the generic.

For short-term prescriptions, such as antibiotics, use a participating retail pharmacy

As a member, you can go to any of nearly 60,000 retail pharmacies, including most major drugstores. Just ask your retail pharmacy if it's in our network. You can also log in at express-scripts.com and select **Find a Pharmacy** from the menu under **Prescriptions**.

Use generics and preferred medications

If you are taking a medication that's not on the preferred list, ask your doctor to consider prescribing a lower-cost generic or preferred brand-name drug. To find out which drugs are preferred, log in at express-scripts.com and select **Price a Medication** from the **Prescriptions** menu. Enter your drug's name and view cost and coverage information on the results page.

Prior authorization: When is a coverage review necessary?

Some medications are covered only after you first receive approval through a coverage review (prior authorization). This review uses plan rules based on FDA-approved prescribing and safety information, clinical guidelines and uses that are considered reasonable, safe and effective.

During this review, Express Scripts asks your doctor for more information than what is on the prescription before the medication may be covered under your plan. To find out whether a medication requires a coverage review, log in at express-scripts.com anytime, select **Price a Medication** under **Prescriptions**, and search for your medication. On the pricing results page, select "View coverage notes" to see coverage details.

Drug Quantity Management: The right medication in the right amount

When you are prescribed certain medications that are a part of a drug quantity management (DQM) program, Express Scripts will make sure you get it in the amount – or quantity – considered safe and effective by the U.S. Food & Drug Administration (FDA)

You get the right amounts for good health and the health of your family. There is nothing that you need to do differently when you submit a prescription for a medication in a DQM program – you'll get the recommended amount, which should last until it's time for a refill.

Step Therapy: Step therapy is in place to make sure you get safe and proven-effective medication for your condition – at the lowest possible cost to you and your plan sponsor

Here's how step therapy works:

A panel of independent licensed physicians, pharmacists and other medical experts work with Express Scripts to recommend medications for the step therapy program.

First-step medicines – Generic and lower-cost brand-name medications. They are proven to be safe and effective, as well as affordable. Step therapy suggests that you should try these medications first because in most cases they provide the same health benefit as more expensive drugs, but at a lower cost.

Second-step medicines – Typically brand-name medications. They are best suited for patients who do not respond to first-line medicines.

The first time you try to fill a prescription that isn't for a first-step medicine, your pharmacist should explain that step therapy asks you to try a first-step medicine before a second-step drug. Only your doctor can change your current prescription to a first-step medicine covered by your program.

To get a first-step medicine that your plan covers, ask your pharmacist to call your doctor and ask for a new prescription. If it's easier, you could call your doctor to ask for a new prescription.

Livongo: Diabetes Remote Monitoring

Under this program, participating members receive a welcome kit, which includes Livongo's connected glucose meter, a lancing device, 300 test strips, 300 lancets, and a carrying case. Members also receive:

- Unlimited test strips and lancets shipped to their front door
- Coaching by phone, by text message, and through the Livongo Certified Diabetes Educators
- Online access to blood glucose readings, along with graphs and insights

Specialty medications: Get individualized service through Accredo

Specialty medications are drugs that are used to treat complex conditions, such as cancer, growth hormone deficiency, hemophilia, hepatitis C, immune deficiency, multiple sclerosis and rheumatoid arthritis. Accredo, an Express Scripts specialty pharmacy, is composed of therapy-specific teams that provide an enhanced level of individual service to patients with special therapy needs.

Whether they're administered by a healthcare professional, self-injected, or taken by mouth, specialty medications require an enhanced level of service. By ordering your specialty medications through Accredo, you can receive:

- Toll-free access to specialty-trained pharmacists and nurses 24 hours a day, 7 days a week
- Delivery of your medications within the United States, on a scheduled day, Monday through Friday, at no additional charge
- Most supplies, such as needles and syringes, provided with your medications
- Safety checks to help prevent potential drug interactions
- Refill reminders
- Up to a **90-day supply** of your specialty medication for just one copayment

SaveonSP: Specialty copay assistance program

SaveonSP is a copay assistance program for a selection of specialty medications where member copays will be reduced to \$0. Express Script's leverages existing Manufacturers' Copay Assistance programs to maximize savings and reduce overall plan and member costs. Please refer to the County's Benefits Intranet Page to view the list of medications.

Automatic refills: A convenient program for your long-term medications

When you refill certain home delivery prescriptions, you'll be asked whether you want to enroll. Once you enroll and are ready for a refill or renewal, your medications will automatically ship to you. Find out more about how automatic refills works by logging in at express-scripts.com.

Stretch your home delivery payments with the Extended Payment Program

Instead of paying in full up front, you'll be billed for the cost of your medications over three installments. You can enroll online.

We are here to help:

- For any questions or more information about your prescription plan ...
 - Log in at express-scripts.com or get the Express Scripts® mobile app at express-scripts.com/mobileapp
 - Call the Member Services number on the back of your card
- To speak to a pharmacist about your prescriptions ...
 - Call the Member Services number on the back of your card
- To register to receive your prescriptions by home delivery ...
 - Log in at express-scripts.com or use the mobile app
 - (Register using your member ID number.)

Express Scripts manages your prescription plan for your employer.

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