



MONMOUTH COUNTY EMPLOYEE ASSISTANCE PROGRAM

Self-care. Connect

Do you need help or assistance?



- *Emotional Wellness*
- *Occupational Wellness*
- *Relationship Wellness*
- *Substance Use / Abuse*
- *Conflict Resolution*
- *Legal & Financial Matters*
- *Child or Adult Dependent Issues*
- *Teen Bullying and Peer Pressure*
- *Educational Wellness*
- *Managing School or University*

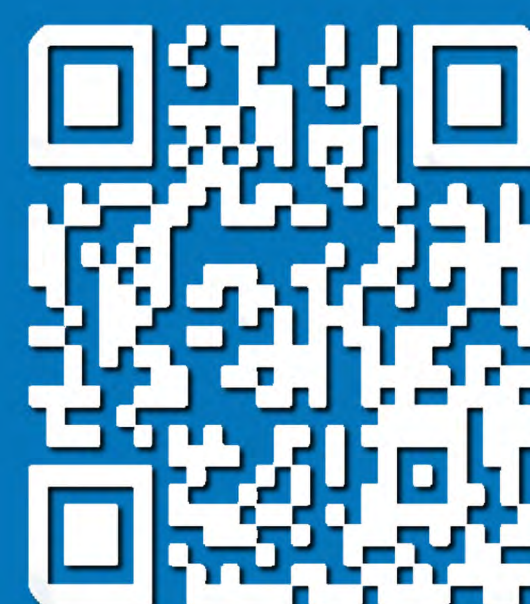
Self-care. Connect
Chat or Call:

877-747-1200

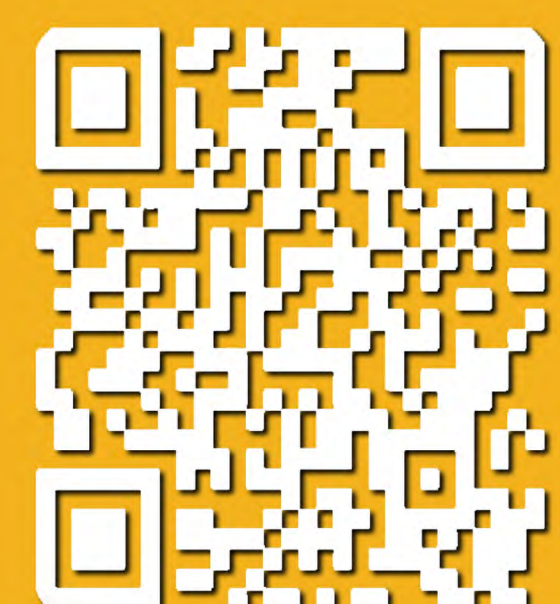
Access your Employee Assistance Program using the Self-care. Connect Application. Scan either the Apple or Android QR Code to download the application. Once you register you can connect with one of our Wellness Coordinators to work with a professional.



Access Code:
Monmouth



Apple Users Scan me!



Android Users Scan me!

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