

# Benefit Notification Sign-Up

## Learn about upcoming Wellness Programs, Voluntary Benefits, and Open Enrollments:

- Log into your Self-Service portal.
- Under “Personal Assistant” click on “Sign Up for Benefit Notifications.”
- Enter the requested information and begin receiving valuable notifications that will provide useful information to help you and your dependents maintain optimal levels of good health!



MONMOUTH  
*A Commitment  
to Wellness*

### ☑ PERSONAL ASSISTANT

- > Self Service and FAQ Documentation
- > Closing & Delayed Opening Notification
- > Wellness Program Registration
- > Employee Guide
- > NJ CS Promotional Job Announcements
- > **Sign Up for Benefit Notifications**
- > Retirement Seminars