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**SCREENING OF THE AWARD-WINNING FILM “RIDING MY WAY BACK”
AT SUNNYSIDE EQUESTRIAN CENTER**

MIDDLETOWN— The Monmouth County Park System and its partner Special People United to Ride (SPUR) is pleased to announce that the Sunnyside Equestrian Center, 628 Middletown-Lincroft Road, Middletown, will host a screening of the award-winning film “Riding My Way Back” on Sunday, November 9 at 3 p.m. This short new documentary tells the powerful story of how therapeutic riding helped a veteran with Post Traumatic Stress Disorder and Traumatic Brain Injury begin to heal. A suggested donation of \$5 can be given at the door.

The film chronicles one soldier’s journey back from the brink of suicide. In 2010, Staff Sergeant Aaron Heliker returned from multiple deployments to Iraq and Afghanistan with a traumatic brain injury (TBI) and Post-Traumatic Stress Disorder (PTSD). At his most desperate and isolated, on 42 medications and suicidal, Aaron is introduced to the unlikely of saviors: a horse named Fred. Through caring for Fred, Aaron begins the difficult process of reconnecting to the world around him and healing the invisible wounds of war that nearly defeated him.

While “Riding My Way Back” had its premiere at the GI Film Festival 2014 in May of this year, and won The Founders’ Choice Award, the producers of the film are looking at Veteran’s Week 2014 as their national launch, premiering the movie at the Capitol Visitor Center in Washington, DC, and at over 75 equine centers across the country.

Producers and directors, Oscar nominee Robin Fryday, Peter Rosenbaum and Richie Goldman have launched an ambitious program, The Riding My Way Back Film Project. Engaging PATH Intl. (Professional Association of Therapeutic Horsemanship International) centers nationwide, the film will be screened at riding centers, universities, and mental health centers during Veteran's Week 2014.

For more information on "Riding My Way Back", please visit www.ridingmywayback.com.

For more information about SPUR, please visit www.spuronline.org or call 732-224-1367 ext.

4#. Information about the Sunnyside Equestrian Center and the Monmouth County Park

System can be found online at www.monmouthcountyparks.com or by calling 732-842-4000.

For persons with hearing impairment, the Monmouth County Park System's TTY/TDD

number is 711. The Monmouth County Park System, created in 1960 by the Monmouth County

Board of Chosen Freeholders, is Monmouth County's Open Space, Parks, and Recreation

agency.