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**FOR IMMEDIATE RELEASE**

Friday, September 4, 2015

**FORT MONMOUTH RECREATION CENTER SITE OF  
COMMUNITY HEALTH FAIR**

TINTON FALLS— On Saturday, September 12, the Monmouth Medical Center Community Health Education Team, part of Barnabas Health, will host a *Community Health Fair* at the Monmouth County Park System's Fort Monmouth Recreation Center, 2566 Guam Lane, Tinton Falls. Held from 9 a.m.-1 p.m., the event will offer free screenings for blood pressure, body mass index, and cardiac risk assessment. Learn about diabetes education, Barnabas Health Hospice & Palliative Care, and the NJ Sharing Network. There will also be a Safe Kids booth offering safety tips for sports and everyday activities.

Those attending are invited to enjoy light refreshments of fruit, granola bars, juice and water. Admission and parking for the *Community Health Fair* are free. For more information regarding this event or the Monmouth County Park System, visit [www.monmouthcountyparks.com](http://www.monmouthcountyparks.com) or call 732-842-4000. For persons with hearing impairment, the TTY/TDD number is 711. The Monmouth County Park System, created in 1960 by the Monmouth County Board of Chosen Freeholders, is Monmouth County's Open Space, Parks, and Recreation agency.

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