



CONTACT: Karen Livingstone
Communications
732-842-4000, ext. 4256
klivings@monmouthcountyparks.com

or

Patti Conroy
Visitor Services
732-842-4000, ext. 4247
pconroy@monmouthcountyparks.com

FOR IMMEDIATE RELEASE

Wednesday, September 16, 2020

PARK SYSTEM PLANS *WOMEN'S SPA RETREAT DAY*

ABERDEEN — The Monmouth County Park System is hosting a ***Women's Spa Retreat Day*** from 9 a.m.-5 p.m. on Saturday, September 26 at the Freneau Woods Park Visitor Center, Aberdeen. Take the day to rejuvenate with a walk in the woods, guided meditation, a discussion on make-up tips, and an aromatherapy bracelet workshop. Participants will also enjoy morning tea with a light breakfast and make mason jar salads for lunch. The cost is \$110 per person; pre-registration required. For more information or to register, visit www.MonmouthCountyParks.com or call 732-842-4000, ext. 1. For persons with hearing impairment, the Park System TTY/TDD number is 711. The Monmouth County Park System, created in 1960 by the Monmouth County Board of Chosen Freeholders, is Monmouth County's Open Space, Parks and Recreation agency.

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