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FOR IMMEDIATE RELEASE
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HAVE A BLAST WITH THE PARK SYSTEM THIS JULY!



The pie eating contest at the Monmouth County Fair.

MIDDLETOWN — July is Parks and Recreation month! The Monmouth County Park System has filled the month with activities for county residents to enjoy. Here's what is planned for July:

Teen Night: Basketball, Board Games and More

Tuesdays, July 1, 8, 15, 22 & 29 from 7-8:30 p.m.

Fort Monmouth Recreation Center, Tinton Falls

Teens age 13-18 are invited to shoot some hoops in our air conditioned, full court gym. If basketball's not your thing, we have air hockey, foosball and other table games, as well as some classic board games. The cost is \$5 per person; cash or check only.

Boat Tours of the Manasquan Reservoir

Friday, July 4 at 2 p.m., 3 p.m., 4 p.m., 5 p.m., 6:30 p.m. & 7:30 p.m.

Saturdays & Sundays, July 5 & 6, 12 & 13, 19 & 20 and 26 & 27 at 2 p.m., 3 p.m., 4 p.m. & 5 p.m.

Wednesdays, July 9, 16, 23 & 30 at 2 p.m., 3 p.m. & 4 p.m.

Manasquan Reservoir, Howell

These 45-minute tours, are narrated by Park System Naturalists and include opportunities to view local wildlife. The cost is adults: \$6; children 12 & under: \$3.75. Please call to confirm schedule as tours are both weather and water level dependent.

Seining at the Bayshore

Mondays, Wednesdays & Fridays, July 2-30 from 11 a.m.-12 p.m.

Bayshore Waterfront Park, Port Monmouth

Discover marine life while seining the bay. Seining will now be held on the beach across from Monmouth Cove Marina. Participants should park in the East Pews Creek parking lot on Old Port Monmouth Road. Open to ages 5 and up, under 18 with adult. Weather permitting. Sorry, NO GROUPS. FREE!

Wildlife Wednesday

Wednesday, July 2 from 3-3:45 p.m.

Manasquan Reservoir Environmental Center, Howell

Explore new ways to enjoy nature during this program designed for ages 5 and up (with adult). The cost is \$5 per person; cash or check only.

Independence Day Celebration

Friday, July 4 from 12-3 p.m.

Historic Longstreet Farm, Holmdel

Join the farm staff as they celebrate the holiday with old-fashioned games and contests. FREE!

Life, Liberty and the Pursuit of Happiness

Friday, July 4 from 1-4 p.m.

Historic Walnford, Upper Freehold

Come celebrate July 4th in the 1776 setting of the Waln house. We'll have the quill pens sharpened and the inkwells filled for you to scribe your own declaration of independence or bill of rights. FREE!

Parent/Child Morning Chores at Longstreet Farm

Saturday, July 5 at 8 a.m.

Historic Longstreet Farm, Holmdel

Rise and shine! Come help the staff with morning chores. You and your child (age 4 & up) can milk a cow, collect eggs and feed the animals. The cost is \$15 per pair; \$5 per additional person. Cash or check only.

You Can Sail

Saturday, July 5 at 10 a.m., 11:30 a.m. & 1 p.m.

Manasquan Reservoir, Howell

Drop-in for the opportunity to sail a 15-foot American sailboat. We'll provide the captain, you provide the crew. Maximum three people per boat. Cost is \$30 per boat; cash or check only.

Family Gym Time

Saturday, July 5 from 10 a.m.-2 p.m.

Sunday, July 6 from 11:30 a.m.-2:30 p.m.

Fort Monmouth Recreation Center, Tinton Falls

Enjoy tunnels, gym mats, trampolines, scooters and other play equipment. No instruction provided. Parent supervision is required. The cost is \$10 per family; cash or check only.

Drop-In Surprise Story Time

Saturday, July 5 from 11-11:45 a.m.

Deep Cut Gardens, Middletown

Join us for a reading from a nature- or garden-related book. If the weather is nice, look for the clue at our entrance that leads to the secret spot in the gardens. If it's rainy, we'll be inside the Horticultural Center. FREE!

Mill Demonstration

Saturdays & Sundays, July 5 & 6, 12 & 13, 19 & 20 and 26 & 27 from 1-4 p.m.

Historic Walnford, Upper Freehold

See the 19th century mill in action. FREE!

Men's Open Gym Basketball

Sundays, July 6, 13, 20 & 27 from 9-11 a.m.

Fort Monmouth Recreation Center, Tinton Falls

Shoot some hoops on our full court gym. The cost is \$5 per person; cash or check only.

Music Man Rich Marzec

Sunday, July 6 from 1-3 p.m.

Historic Longstreet Farm, Holmdel

Enjoy piano music from the 1890s. FREE!

Historic Seabrook-Wilson House Open for Tours

Sundays, July 6, 13, 20 & 27 from 1-4 p.m.

Bayshore Waterfront Park, Port Monmouth

Visit this house, which dates back to the early 1700s, and see displays on the ecology of the bay and local history. FREE!

Eco-Kayak Drop-In Tour of the Navesink River

Tuesday, July 8 from 3-4:30 p.m.

Thursday, July 10 from 6:30-8 p.m.

Monday, July 21 from 3-4:30 p.m.

Hartshorne Woods Park, Middletown

Join a Park System Naturalist for a paddle on the beautiful Navesink River. Meet at the Claypit Creek section of the park. Novice paddlers welcome. All equipment is provided

- single and tandem kayaks are available. Wear appropriate clothing that can get wet. Open to ages 12 and up, under 18 must be accompanied by an adult. First come, first served. Weather dependent. The cost is \$20 per person; cash or check only.

Thompson Park Evening Canoe Rental

Wednesdays, July 9 & 23 from 6-9 p.m.

Thompson Park, Lincroft

Canoes will be available for rent on Marlu Lake. All equipment provided; limited number of canoes available. Canoes must be returned to shore no later than 9 p.m. Fee is \$15 per boat for 1-3 people for two hours; cash or check only.

Roving Park System Naturalist

Friday, July 11 at 8 a.m.

Turkey Swamp Park, Freehold

Friday, July 25 at 8 a.m.

Perrineville Lake Park, Millstone - Meet in the Agress Road parking lot

Join our Roving Park System Naturalist for a walk and learn about seasonal points of interest. Meet in the main parking lot. FREE!

Thompson Park Canoe Rental

Saturdays & Sundays, July 12 & 13 and July 26 & 27 from 10 a.m.-3 p.m.

Thompson Park, Lincroft

Canoes will be available for rent on Marlu Lake. All equipment provided; limited number of canoes available. Fee is \$15 per boat for 1-3 people for two hours. Cash or check only.

Climb Time

Saturday, July 12 from 10 a.m.-2 p.m.

Dorbrook Recreation Area, Colts Neck

Saturday, July 19 from 10 a.m.-2 p.m.

Thompson Park, Lincroft

Join us for a chance to try our 25 foot rock climbing wall. Climbers must be 42 inches or taller. FREE!

Threshing Demonstration

Saturday & Sunday, July 12 & 13 from 12-2 p.m.

Historic Longstreet Farm, Holmdel

This weekend we will be threshing our wheat. See this labor-intensive way of harvesting and processing wheat as it would have been in the 1890s. FREE!

Blacksmith Demonstration

Sunday, July 13 from 1-3 p.m.

Historic Longstreet Farm, Holmdel

Come see what the Blacksmith is making in his workshop. FREE!

Discover Disc Golf

Saturday & Sunday, July 19 & 20 from 10 a.m.-3 p.m.

Thompson Park, Lincroft

Ages 7 and up (under 18 with adult) will enjoy discovering how many throws it takes to hear the "cling" of the goal. Course map and list can be picked up at the Thompson Park Visitor Center. FREE!

Open Shoot Archery

Saturday, July 19 from 10 a.m.-1 p.m.

Thompson Park Activity Barn, Lincroft

If you are looking to try your hand at archery, join us for this open shoot. All equipment is provided. No outside equipment permitted. There is limited instruction during this program open to ages 8 and up (under 18 with adult). Cost is \$8 per person; cash or check only.

Monmouth County Fair

Wednesday-Saturday, July 23-26 from 5-11 p.m.

Sunday, July 27 from 11 a.m.-6 p.m.

East Freehold Showgrounds, Freehold

Enjoy the old-fashioned fun of this country fair including 4-H exhibits, rides, entertainment, fireworks, home and garden competitions, pie eating contests and other

special attractions. Admission is \$8; ages 12 and under free. Some attractions require additional fees.

What's the Buzz

Saturday & Sunday, July 26 & 27 at 3 p.m.

Manasquan Reservoir Environmental Center, Howell

Join a Park System Naturalist and look for hummingbirds, bumblebees and butterflies in our pollinator garden. FREE!

To learn more about these Park System activities, please visit

www.monmouthcountyparks.com or call the Park System at 732-842-4000. For persons with hearing impairment, the Park System TTY/TDD number is 711. The Monmouth County Park System, created in 1960 by the Monmouth County Board of Chosen Freeholders, is Monmouth County's Open Space, Parks, and Recreation agency.

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