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FOR IMMEDIATE RELEASE

Tuesday, May 21, 2013

**SUNNYSIDE EQUESTRIAN CENTER HOSTS
NATURAL HORSEMANSHIP WORKSHOPS**

LINCROFT — Learn the fundamentals of natural horsemanship with Bekah Koutsos, a 2 Star Parelli Professional, at the Monmouth County Park System’s Sunnyside Equestrian Center. Located on Middletown-Lincroft Road, Lincroft, the Center is hosting numerous workshops including *Communicating with Savvy*, *Horsenality in Depth*, and *Trail Riding Confidently* from Saturday, June 1 through Tuesday, June 4. Participants can sign up for as many sessions they like. Multi-session packages are available. For some classes, registrants have the option of full participation with their horses or paying the reduced “audit” fee to attend as an observer. Private lessons with Bekah Koutsos are also available. For more information or to register, please visit www.monmouthcountyparks.com or call (732) 842-4000. For persons with hearing impairment, the TTY/TDD number is 711. The Monmouth County Park System, created in 1960 by the Monmouth County Board of Chosen Freeholders, is Monmouth County’s Open Space, Parks and Recreation agency.

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