



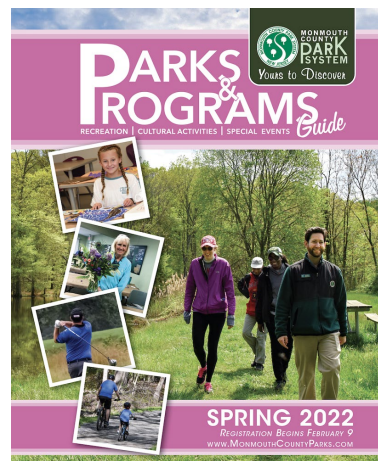
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FOR IMMEDIATE RELEASE
Wednesday, January 26, 2022

**MONMOUTH COUNTY PARK SYSTEM TO RELEASE SPRING
*PARKS & PROGRAMS GUIDE***



LINCROFT — This spring try ***Forest Bathing***, go on an ***Evening Garden Walk***, and become a ***Budding Backyard Birder*** with the Monmouth County Park System. These are just some of the fantastic programs the Park System has planned for the season. Other upcoming offerings include ***Ceramic Bunnies***, ***Glow in the Dark Zipline*** and ***Early Riser Hikes***. Check out the spring issue of the Park System's ***Parks & Programs Guide*** for a full listing of its arts & crafts, nature, recreation and sports programs planned for March, April and May.

Copies of the spring issue of the ***Parks & Programs Guide*** will be available at most county parks and online (www.MonmouthCountyParks.com) beginning on Friday, February 4. Registration starts at 8

a.m. on Wednesday, February 9. Registration will be available online 24/7; by phone by calling 732-842-4000, ext. 1, Monday-Friday, 8 a.m.-4:30 p.m.; or in person by visiting Park System Headquarters in Thompson Park, 805 Newman Springs Road, Lincroft, Monday-Friday, 8 a.m.-4:30 p.m.

For more information about the Park System or to receive a copy of the ***Parks & Programs Guide***, please visit www.MonmouthCountyParks.com or call 732-842-4000, ext. 4312. For persons with hearing impairment, the TTY/TDD number is 711. The Monmouth County Park System, created in 1960 by the Monmouth County Board of County Commissioners, is Monmouth County's Open Space, Parks and Recreation agency.

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