



Monmouth County Park System

Odyssey Adventures Backpacking Gear Requirements

Prepare yourself for an awesome trip! Make sure you arrive with both your daily gear and your overnight gear.

REQUIRED BACKPACKING GEAR

Please arrive wearing:

- Wicking or dry-fit shirt
- Sturdy sneakers or hiking boots
- Wicking or quick drying shorts
- Sun-shielding hat
- Sunscreen

The Park System can provide a duffel bag, sleeping bag, and sleeping pad for all campers. If you have your own, feel free to use that instead.

Please make sure everything fits into the backpack provided:

- Snacks
- Insect repellent (small bottle or wipes)
- Hand sanitizer (small bottle)
- Sunscreen
- Water bottle or hydration reservoir (at least 2 liters)
- Reusable, non-breakable plate, mug, spoon and fork
- Small flashlight with extra batteries (headlamps work best)
- Sweatshirt or lightweight jacket for those cool summer evenings (fleece works best)
- Toiletries (soaps, toothbrush, toothpaste, deodorant, extra contacts, brush, etc.)
 - ▶ Pack these in a Ziploc bag so you can easily put “smell-ables” away at night
- Pajamas
- Extra underwear and socks for the next day
- Sunglasses with retainer strap (optional)

SMALL BACKPACK TO LEAVE IN BUS

- Bathing suit
- Towel
- Clean clothes (if you want for the ride home)

What is a “smell-able”?
Anything that has an odor in it that might interest wild critters. Food, toiletries and the shirt you spilled your dinner on are all considered “smell-ables”.

PLEASE NOTE: The Monmouth County Park System will not assume any responsibility for lost, stolen, or damaged personal belongings.

Labeling clothing and belongings is highly recommended.

QUESTIONS?

Please contact Douglas Kalucki at 732-842-4000, ext. 4236.