



## Monmouth County Park System

# Odyssey Adventures Backpacking Gear Requirements

Prepare yourself for an awesome trip! Make sure you arrive with both your daily gear and your overnight gear.

### REQUIRED BACKPACKING GEAR

Please arrive wearing:

- Wicking or dry-fit shirt
- Sturdy sneakers or hiking boots
- Wicking or quick drying shorts
- Sun-shielding hat
- Sunscreen

The Park System can provide a duffel bag, sleeping bag, and sleeping pad for all campers. If you have your own, feel free to use that instead.

Please make sure everything fits into the backpack provided:

- Snacks
- Insect repellent (small bottle or wipes)
- Hand sanitizer (small bottle)
- Sunscreen
- Water bottle or hydration reservoir (at least 2 liters)
- Reusable, non-breakable plate, mug, spoon and fork
- Small flashlight with extra batteries (headlamps work best)
- Sweatshirt or lightweight jacket for those cool summer evenings (fleece works best)
- Toiletries (soaps, toothbrush, toothpaste, deodorant, extra contacts, brush, etc.)
  - ▶ Pack these in a Ziploc bag so you can easily put “smell-ables” away at night
- Pajamas
- Extra underwear and socks for the next day
- Sunglasses with retainer strap (optional)

### SMALL BACKPACK TO LEAVE IN BUS

- Bathing suit
- Towel
- Clean clothes (if you want for the ride home)

What is a “smell-able”?  
Anything that has an odor in it that might interest wild critters. Food, toiletries and the shirt you spilled your dinner on are all considered “smell-ables”.

**PLEASE NOTE: The Monmouth County Park System will not assume any responsibility for lost, stolen or damaged personal belongings.  
Labeling clothing and belongings is highly recommended.**

### QUESTIONS?

Please contact Douglas Kalucki at 732-842-4000, ext. 4236.