



Parents of Toddlers Survival Series

Thursday, February 27 | 6 – 8 p.m.

Henry Hudson Activity Center
945 State Hwy 36 | Leonardo 07737

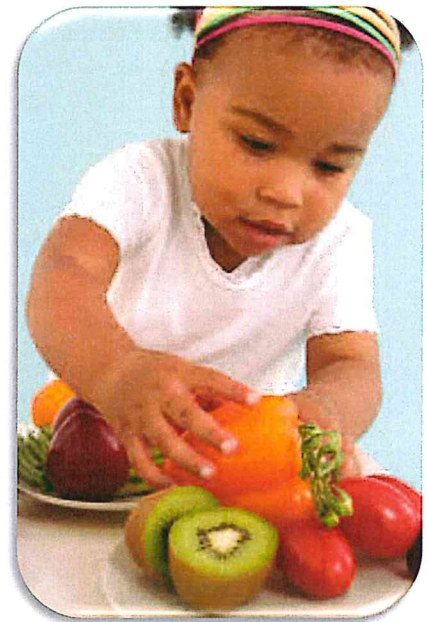
The Bayshore Family Success Center in partnership with the Visiting Nurse Association of Central Jersey and The Monmouth County Park System invites parents of toddlers to join us for the second presentation in our series on **Surviving the Terrible Twos (and threes)!** This presentation will address **Toddler Nutrition.**

Topics include:

- > Calories required
- > Healthy eating
- > Packing healthy lunches for daycares and day trips

Program is free, & registration is required by Monday, February 24. For more information, please contact Darcy Dobens at 732.241.7098 or ddobens@cymca.org.

Dinner & Child Care provided.



THE BAYSHORE FAMILY SUCCESS CENTER
810 Union Avenue, Union Beach, NJ 07735

TheCommunityYMCA/bfsc

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The Center is operated by The Community YMCA and funded by the New Jersey Division of Family and Community Partnerships.