



# Fort Monmouth Recreation Center Summer Programs

Check out these wonderful programs currently available at the Fort Monmouth Recreation Center, Tinton Falls, this summer.



## Adults: Active Adults 55+

### Balanced Fitness for Senior Adults

(ages 55 and up)

The four building blocks of fitness will be used to create a new, fitter you! Cardio endurance, strength/power training, flexibility and balance will be emphasized as we encourage you to begin or continue exercising. Come see what the benefits of exercising will do for you!

Six 1-Hr Sessions \$42.00 Per Person

Fort Monmouth Rec Ctr Group Fitness Room

Fri, Jun 5-Jul 10 10:15-11:15 AM ..... MCV53A

Fri, Jul 24-Aug 28 10:15-11:15 AM .....MCW53A

### Fitness Stretch

(ages 55 and up)

Improve flexibility with 30 minutes of stretching, range of motion and light movement. The work out can be modified to suit individual ability. Participants will exercise while seated and while standing and holding the back of a chair for support.

Six 30-Min Sessions \$45.00 Per Person

Fort Monmouth Rec Ctr Group Fitness Room

Fri, Jun 19-Jul 24 1:30-2:00 PM .....MGM53A

### Summer Sundays Open Basketball

(ages 14 and up, under 18 with adult)

Sundays, July 5-August 30, 11:00 AM-2:30 PM

Fort Monmouth Recreation Center, Tinton Falls

If you love the game and want a place to play or practice, drop-in and enjoy our climate controlled courts. We will provide basketballs for playing half court hoops or bring your own. Under 17 must have a parent present.

Cost: \$5 per person per day or purchase a monthly pass for \$30; cash or check only

### Gentle Yoga

(adults)

The benefits of yoga are numerous. Yoga poses gently elongate muscles, relieving stiffness, taking pressure off of joints and increasing range of motion. Yoga is often recommended by doctors to help alleviate symptoms of arthritis and to strengthen bones that become weak with the aging process. It can also assist you in balance, which becomes more difficult as we get older. Poses can be done safely using props such as being seated in a chair or using a wall for support in standing balance poses. Finish with relaxation and breathe control.

Instructor: Sonya Burke, RYT Yoga Alliance Certified Instructor

Eight 1-Hr Sessions \$92.00 Per Person

Fort Monmouth Rec Ctr Group Fitness Room

Mon, Jun 15-Aug 3 1:00-2:00 PM ..... XV053A

Mon, Aug 17-Oct 12 1:00-2:00 PM ..... XV253A

No class 9/7

### NEW Water Class for Seniors

(ages 55 and up)

Water classes are a great way to have fun and get in shape. The one hour class will include stretching, warm up, strength, aerobic work and cool down. Exercises can be modified to suit ability. Experienced instructor. Please bring two screw top, one gallon jugs to class.

Six 1-Hr Sessions \$60.00 Per Person

Fort Monmouth Rec Ctr Pool

Fri, Jun 19-Jul 24 11:00 AM-12:00 PM .....M1053A

Pre-registration is required for most of the programs listed in this brochure.

Call 732-842-4000, ext. 1, or visit [www.monmouthcountyparks.com](http://www.monmouthcountyparks.com).

## Adults: Arts & Crafts

### Knitting & Sewing

#### Beginner Sewing and Beyond

(adults)

Learn the basic sewing skills you will need to make clothing, items to beautify your home, gifts, etc. We will start by making a skirt and move on to other items as time allows. We will cover understanding and using a pattern, assembling a garment including inserting a zipper, hemming, etc. You must have basic knowledge of the sewing machine you will be bringing to class. A supply list will be mailed upon registration. For those who have previously taken the beginner sewing class or have had some sewing experience, please choose a simple pattern.

Six 2-Hr & 30-Min Sessions \$80.00 Per Person

Fort Monmouth Rec Ctr Prog Rm C (120)

Thu, Jun 25-Jul 30 7:00-9:30 PM ..... Z7753A

## Adults: Education & Enrichment

#### Coffee Club Mahjong

(adults)

Shuffle your tiles and build your walls as you play this ancient, fast-paced Asian game. Both American rules and Chinese rules will be followed. All levels welcome. Drop in for just one session and pay \$4.00 (cash or check only).

Seven 2-Hr Sessions \$25.00 Per Person

Fort Monmouth Rec Ctr Lobby

Tue, May 19-Jun 30 9:30-11:30 AM..... M2152X

Tue, Jul 7-Aug 18 9:30-11:30 AM..... MAJ53X

Tue, Aug 25-Oct 6 9:30-11:30 AM..... MAK53X

#### **NEW** Using the Law of Attraction to Attract Your Perfect Customer

(adults)

Are you getting your ideal customer, one who values your work, is willing to pay the price you choose, loves to refer you to other similar minded customers and who is ultimately your perfect customer? The Law of Attraction is based on the energy vibration we send out from our thoughts and what is received back or what materializes in our lives. This workshop helps you to create your own personal mission statement and ties it into defining your perfect customer. By the end of this workshop, you will have gained greater clarity on your ideal, perfect customer and will take away your own Strategic Customer Attraction Plan to put into action immediately.

One 2-Hr Session \$30.00 Per Person

Fort Monmouth Rec Ctr Prog Rm C (120)

Tue, Jun 23 7:00-9:00 PM..... MH553A

Sat, Aug 1 9:00-11:00 AM ..... MH853A

## Adults: Health & Wellness



#### The Emotional Side of Weight Loss - Creating Your Awesome Body Through the Law of Attraction and EFT

(ages 16 and up)

What's stopping you from achieving your desired body? Dee Ballington, Transformational Life Coach, teaches you how to use the Law of Attraction to deliberately create your future, awesome self! Emotional Freedom Technique (EFT) or Tapping, is an energy healing technique that aids in the unblocking of subconscious and conscious limiting thoughts that prevent you from moving forward with your weight loss efforts. This workshop is packed with exercises in goal setting, creation of a self mission statement, interactive EFT and Law of Attraction techniques and processes, as well as a guided meditation and information to take home and practice. Leave feeling emotionally lighter!

One 3-Hr Session \$45.00 Per Person

Fort Monmouth Rec Ctr Prog Rm C (120)

Sat, Jun 20 9:00 AM-12:00 PM ..... MGZ53A

Tue, Aug 4 6:30-9:30 PM ..... MH453A

## Adults: Outdoor Adventures

### On the Water

#### Kayak Rolling - Level 2

(adults)

Rolling, rolling, rolling, keep those kayaks rolling! Let's have fun at the pool while learning to roll a kayak and other self rescue skills. Whether you're a whitewater or flatwater paddler, learning this important skill will give you the confidence to get to the next level of your paddling. A low student to instructor ratio will ensure that you get some personal attention as you develop your skills. Paddlers ages 14 and up are welcome, but must be accompanied by an adult. All equipment is provided. This class will be taught in Whitewater style kayaks.

One 4-Hr Session \$35.00 Per Person

Fort Monmouth Rec Ctr Outdoor Area

Sun, Jul 12 8:30 AM-12:30 PM ..... W8453A

Sun, Aug 9 8:30 AM-12:30 PM ..... W8653A

Add the parks to your weekend plans!

Visit our website and click

**"This Weekend in the Parks"**

for a list of the fun we have scheduled.

[www.monmouthcountyparks.com](http://www.monmouthcountyparks.com)

## Kayak Rolling Refresher

(adults)

Designed for those who have previously taken the Kayak Rolling - Level 2 course and want to get in some practice rolling. This refresher session is not an instruction session on how to roll, but instead an opportunity to practice and fine tune your skills in a controlled environment.

**One 3-Hr Session \$27.00 Per Person**

Fort Monmouth Rec Ctr Pool

Tue, Jun 30 5:00-8:00 PM..... WAZ53A

Sun, Aug 16 9:00 AM-12:00 PM.....WB053A

## Balanced Fitness for Senior Adults

(ages 55 and up)

The four building blocks of fitness will be used to create a new, fitter you! Cardio endurance, strength/power training, flexibility and balance will be emphasized as we encourage you to begin or continue exercising. Come see what the benefits of exercising will do for you!

**Six 1-Hr Sessions \$42.00 Per Person**

Fort Monmouth Rec Ctr Group Fitness Room

Fri, Jun 5-Jul 10 10:15-11:15 AM..... MCV53A

Fri, Jul 24-Aug 28 10:15-11:15 AM.....MCW53A

## Brand New to Yoga Series! Level 1

(adults)

Think yoga isn't for you? Think again! Come and discover yoga at your own pace in a fun, relaxed and positive atmosphere. Enjoy all the benefits of yoga while learning proper breathing techniques, alignment and safety. Designed for beginners, this program will teach foundational yoga postures with each class building on the previous. You will reduce stress as you gain confidence, flexibility, strength and focus. Our certified instructor will help you develop an understanding of yoga while paving the way to enhanced health and vitality. Please bring a yoga mat and a towel or blanket. Instructor: Lisa Mandragona

Fort Monmouth Rec Ctr Group Fitness Room

**Ten 1-Hr Sessions \$115.00 Per Person**

Mon, Jun 8-Aug 17 6:00-7:00 PM ..... XV453X

No class 7/27

Instructor: Sonya Burke

**Eight 1-Hr & 30-Min Sessions \$98.00 Per Person**

Tue, Jun 16-Aug 4 10:30 AM-12:00 PM ..... XV653X

Tue, Aug 18-Oct 6 10:30 AM-12:00 PM ..... XV753X

## Co-Ed Open Basketball - 30 & up

(ages 30 and up)

Looking for a place to play some hoops but don't want the commitment of a structured league? This basketball program is open to men and women age 30 and over. Emphasis of this program is exercise and fun. Prefer to just drop in? Pay \$5 per person, cash or check only, to drop by for one session.

**Eight 2-Hr Sessions \$35.00 Per Person**

Fort Monmouth Rec Ctr Gym A

Thu, Jun 18-Aug 13 8:00-10:00 PM..... M6953X

No class 7/2

Mon, Jun 22-Aug 10 7:00-9:00 PM ..... M6853X

Mon, Aug 17-Oct 19 7:00-9:00 PM ..... M7153X

No class 9/7 & 10/12

Thu, Aug 20-Oct 8 8:00-10:00 PM..... M7053X

## Easy Morning Yoga

(adults)

Experience the benefits of waking up to yoga by taking your morning stretch one step further. This class will take you through a variety of asanas (postures) that help develop strength, flexibility and balance, and is designed for all body types, ages and fitness levels. Bring a yoga mat if you have one.

Instructor: Talena Ward, Certified Kripalu Yoga Instructor

**Eight 1-Hr Sessions \$96.00 Per Person**

Fort Monmouth Rec Ctr Group Fitness Room

Thu, Jul 9-Aug 27 10:00-11:00 AM ..... XUX53X

## Adults: Sports & Fitness

**NEW**

### Aqua Boot Camp

(adults)

Splash your way into shape with an invigorating aquatic boot camp. Aqua Boot Camp blends it all together into a workout that strengthens muscles, improves flexibility and your overall fitness levels. All levels welcome!

**Six 1-Hr Sessions \$60.00 Per Person**

Fort Monmouth Rec Ctr Pool

Thu, Jun 11-Jul 16 11:00 AM-12:00 PM ..... M4153A

Thu, Jul 23-Aug 27 11:00 AM-12:00 PM ..... M4253A

**NEW**

### Aqua Fusion

(adults)

Join us as we splash our way into shape with this newly designed combo class that will integrate deep water running with strength and core training. Flotation belts and a variety of resistance equipment will be used. All levels welcome!

**Six 1-Hr Sessions \$60.00 Per Person**

Fort Monmouth Rec Ctr Pool

Thu, Jun 11-Jul 16 5:00-6:00 PM ..... M4553A

Thu, Jul 23-Aug 27 5:00-6:00 PM..... M4653A

**NEW**

### Aqua Kickboxing/Tabata

(adults)

Dive your way into this high intensity of Tabata interval training without the impact. Aqua Kickboxing provides upper and lower body conditioning. The combination of Kickboxing/Tabata offers improved strength, balance and overall conditioning while burning calories and increasing endurance. All levels welcome!

**Six 1-Hr Sessions \$60.00 Per Person**

Fort Monmouth Rec Ctr Pool

Wed, Jun 10-Jul 15 7:30-8:30 AM ..... M4353A

Wed, Jul 22-Aug 26 7:30-8:30 AM..... M4453A

Pre-registration is required for most of the programs listed in this brochure.

Call 732-842-4000, ext. 1, or visit [www.monmouthcountyparks.com](http://www.monmouthcountyparks.com).

## Lunchtime Stretch

(adults)

Enjoy 30 minutes of stretching specifically geared for those who are at a desk all day. Exercises can be modified to suit ability. Feel free to bring your own yoga mat or borrow one of ours.

**Six 30-Min Sessions \$42.00 Per Person**

Fort Monmouth Rec Ctr Group Fitness Room

**Fri, Jun 19-Jul 24 12:30-1:00 PM ..... MGN53A**

## Pilates Cardio & Toning

(adults)

Come steal some "me time" and work from the core outwards! While following all the principles of the Pilates method, we will challenge ourselves by strengthening, toning, and elongating our bodies. Increase flexibility and cardio-endurance, AND reduce stress. You'll be glad you did!

**Six 1-Hr Sessions \$54.00 Per Person**

Fort Monmouth Rec Ctr Group Fitness Room

**Fri, Jun 5-Jul 10 9:00-10:00 AM .....MCX53A**

**Fri, Jul 24-Aug 28 9:00-10:00 AM .....MCY53A**

## Relax & Renew

(adults)

Restore and renew your body, mind, and spirit as you tune into the body's natural ability to heal itself. A blissful blend of gentle stretching to open the body, guided meditation to calm the mind, combined with Restorative and Yoga Nidra will completely unwind the mind, body, breath and nervous system. Start the week off right as we reduce stress and experience total body relaxation. All levels are welcome. Please bring a yoga mat and a towel or blanket.

Instructor: Lisa Mandragona

**Ten 1-Hr Sessions \$115.00 Per Person**

Fort Monmouth Rec Ctr Group Fitness Room

**Mon, Jun 8-Aug 17 7:00-8:00 PM ..... XV853A**

No class 7/27

## Family Gym Time

(all ages, under 18 with adult)

**Sundays, July 5-August 30, 11:00 AM-2:30 PM**

Fort Monmouth Recreation Center, Tinton Falls

Family Gym Time has it all. Play hoops or enjoy our other sports equipment in our climate controlled gymnasium. We will bring out tunnels, gym mats, scooters and more play equipment for your entertainment. ***This is an open play format with no instruction provided; adult supervision is required for those under 17 years old.***

**Cost: \$10 per family per day  
(cash or check only)**

**For more information, please call 848-456-4278.**

## Families: Nature

### Nighttime Nature at Fort Monmouth Recreation Center

(all ages, under 18 with adult)

Nature at the Rec Center? Absolutely! Our six acres, including a small stream and woods on our south border, are home to a variety of creatures. From the winged to the four legged, the noisy to the stealthy, the dark to the bright, we'll see who we can find on a late summer evening. Back inside, we'll enjoy a sweet reward as we share our favorite finds. Stay and play in our games area – the Rec Center will be open until 10:00pm! Please bring a flashlight and insect repellent.

**One 1-Hr & 30-Min Session \$15.00 Per Family**

Fort Monmouth Rec Ctr Lobby

**Thu, Aug 27 7:30-9:00 PM ..... MAN53A**

## Families: Sports & Fitness

### Goodbye Summer Pool Party

(all ages, under 18 with adult)

Celebrate with us as you enjoy the last open swim of the season. We'll have snacks and sodas, dance music, games - and the pool! Bring your towels or beach chairs and let's end the summer with a bang. Pre-registration suggested but not required.

**One 5-Hr Session \$20.00 Per Family \$7.00 Per Person**

Fort Monmouth Rec Ctr Pool

**Sun, Aug 30 11:00 AM-4:00 PM ..... MAM53X**

### Kids Play

(ages 2-5, with adult)

Make friends and play games in our air conditioned, full court gymnasium. Tunnels, mats, trampolines and more; we'll set up the fun, you explore it together!

**One 1-Hr & 30-Min Session \$10.00 Parent/Child \$5.00 Additional Sibling**

Fort Monmouth Rec Ctr Gym A

**Sat, Jul 11 10:00-11:30 AM .....MD053X**

**Sat, Aug 1 10:00-11:30 AM .....MD153X**

**Sat, Aug 15 10:00-11:30 AM .....MD253X**

## POOL TIME AT FORT MONMOUTH RECREATION CENTER

**NEW**

### Open Swim Time

(all ages)

We are proud to announce the long anticipated opening of the Recreation Center pool! With a full schedule of open swim times and aquatics classes, the pool will be open from June 8-August 29. Open swim will include Early Bird Workout, Senior Lap Swim, Lunch Laps and Family Swim.

*Please view the monthly schedules on our website at [www.monmouthcountyparks.com](http://www.monmouthcountyparks.com) (click "Fort Monmouth Recreation Center" under the "Parks" drop-down menu).*

*Open Swim fees: \$5/person, \$15/family of four  
Monthly swim passes available for purchase at the Rec Center at a cost of \$30/person or \$60/family of four.*

*For more information, please call 848-456-4278, ext. 1#.*



## Kids: Arts & Crafts

### Glitzy Girlz Glamore Party Hour

(ages 6-12)

Come hang out with some Glitzy Girlz and have a night of pampering fun! Dress in your favorite outfits. We will enjoy straightening and curling our hair, pedicures, manicures, and light make-up. Come with your singing voices as we will have our karaoke machine set up for open singing.

**One 2-Hr Session \$25.00 Per Person**

Fort Monmouth Rec Ctr Prog Rm C (120)

Fri, May 15 7:00-9:00 PM ..... M3952A

### KidzArt Painting Workshop

(ages 6-11)

Create a beautiful painting in each session. Instructor will provide step-by-step instruction, and students will be encouraged to engage their own creativity to make their painting unique. All supplies included.

**One 1-Hr & 30-Min Session \$24.00 Per Child**

#### Celebrate Summer

Fort Monmouth Rec Ctr Prog Rm A (118)

Thu, Jul 16 4:30-6:00 PM ..... Z4753A

Tue, Jul 28 4:30-6:00 PM ..... Z4853A

Tue, Aug 4 4:30-6:00 PM ..... Z4953A

Thu, Aug 20 4:30-6:00 PM ..... Z5053A

## Kids: Education & Enrichment

**NEW**

### Cards and Dominoes Club

(ages 11-15)

Learn to play card games such as Egyptian rat screw, hearts, solitaire and much more! Then, enjoy playing and learning strategy with new friends! Snacks and drinks provided.

**Eight 1-Hr & 30-Min Sessions \$40.00 Per Person**

Fort Monmouth Rec Ctr Prog Rm C (120)

Mon, Jul 6-Aug 24 4:30-6:00 PM ..... U2253A

## Engineering for Kids

(ages 4-14)

Calling all future engineers! Apply science, technology, engineering and mathematics to real-life problems. Hands-on learning connects innovation, collaboration, imagination and fun. Change the way your child thinks about math and science. What will your child build?

Fort Monmouth Rec Ctr Prog Rm C (120)

### Lego Robotics: Robo Battles

(ages 7-14)

Learn to design, program and control fully functional robotic models using a laptop computer. Complete a series of real-life activities using Lego Robotics.

**Six 1-Hr & 30-Min Sessions \$180.00 Per Person**

Thu, Jun 11-Jul 16 5:30-7:00 PM ..... XVE53A

### Electronic Game Design

Don't just play video games, create your own! Learn video game creation in a noncompetitive, step-by-step process. Students will take home a copy of their final project to play at home.

**Six 1-Hr Sessions \$120.00 Per Person**

Wed, Jul 22-Aug 26 5:00-6:00 PM ..... XV153A

Wed, Jul 22-Aug 26 6:30-7:30 PM ..... XVD53A

## Private Swim Lessons at Fort Monmouth Recreation Center

(all ages)

Benefit from intense, one-on-one instruction from a qualified instructor. Lessons will be geared toward all ability levels and ages, from beginners to those perfecting competitive strokes.

Lessons are available on Mondays and Wednesdays from June 22-August 19 in 30-minute sessions between the hours of 5:00-8:00 PM.

**Cost: \$38 per person per lesson**

**For a list of available dates and times, and to register, visit us online at [www.monmouthcountyparks.com](http://www.monmouthcountyparks.com) or call 732-842-4000, ext. 1.**

Pre-registration is required for most of the programs listed in this brochure.

Call 732-842-4000, ext. 1, or visit [www.monmouthcountyparks.com](http://www.monmouthcountyparks.com).

**NEW Engineering for Kids Camps**

(entering grades K-6)

Don't let those important S.T.E.M. skills get rusty over the summer! Apply science, technology, engineering, and mathematics to real-life problems. Hands-on learning connects innovation, collaboration, imagination, and fun. Change the way your child thinks about math and science. What will your child build?

**Five 7-Hr Sessions \$398.00 Per Person**

Fort Monmouth Rec Ctr Prog Rm C (120)

**Engineering for Pirates**

(entering grades K-2)

Join the crew as we search for buried treasure, build your own pirate ship, and go fishing for treasure.

**Mon-Fri, Aug 24-28 9:00 AM-4:00 PM ..... XVP53A**

**Survivor Camp**

(grades 3-5)

Stranded on an abandoned island filled with obstacles campers will have to work collaboratively with their tribe members in specific engineering-related projects to survive and escape the island.

**Mon-Fri, Jul 13-17 9:00 AM-4:00 PM .....XVQ53A**

**NEW Teen Fantasy Football**

(ages 12-15)

Want to learn about fantasy football? Learn the ins and outs of fantasy football strategy. During the second meeting all participants will draft their own team to compete against each other all football season long! Snacks provided.

**Two 1-Hr & 30-Min Sessions \$20.00 Per Person**

Fort Monmouth Rec Ctr Prog Rm C (120)

**Thu, Aug 13-20 6:00-7:30 PM..... U1453A**

**Kids: Sports & Fitness**

**Golf Fundamentals for Kids**

(ages 6-10)

Come learn how to play golf, using SNAG™ (Starting New at Golf) equipment! Learn all the basic elements of golf in a modified form. Falling somewhere between regulation and miniature golf, participants will learn the basic skills necessary to eventually transition to a golf course. Full shots, chipping, pitching and putting will be covered.

**Six 50-Min Sessions \$45.00 Per Person**

Fort Monmouth Rec Ctr Gym A

**Thu, May 14-Jun 18 4:00-4:50 PM.....M2352A**

**Teen Open Gym Basketball**

(ages 13-18)

**Wednesdays, June 3-August 26, 5:30-7:30 PM**

Fort Monmouth Recreation Center, Tinton Falls

If you love the game and want a place to play or practice, drop-in and enjoy our climate controlled courts. Teens under 17 must have a parent present.

**Cost: \$5 per person per night or purchase a monthly pass for \$30; cash or check only**

**For more information, please call 848-456-4278.**

**NEW Minecraft™ Comes Alive!**

(ages 8-11)

Every wonder what it would be like to play your favorite game in real life? Minecraft™ Comes Alive! Scavenge and trade for wood torches, diamonds, and other treasure to create a realistic Minecraft™ adventure.

**One 1-Hr & 30-Min Session \$15.00 Per Person**

Fort Monmouth Rec Ctr Gym B

**Wed, Jun 10 4:00-5:30 PM..... U1553A**

**Sat, Jun 20 10:30 AM-12:00 PM..... U1653A**

**Wed, Jul 1 7:00-8:30 PM..... U1753A**

**Sat, Jul 11 10:30 AM-12:00 PM..... U1853A**

**NEW Mini Minecraft™ Comes Alive!**

(ages 5-7)

Every wonder what it would be like to play your favorite game in real life? Minecraft™ Comes Alive! Scavenge and trade for wood torches, diamonds, and other treasures to create a realistic Minecraft™ event. Younger adventurers only.

**One 1-Hr Session \$12.00 Per Person**

Fort Monmouth Rec Ctr Gym B

**Wed, Jun 10 6:00-7:00 PM..... U1953A**

**Sat, Jun 20 9:00-10:00 AM..... U3351A**

**Thu, Jul 9 5:00-6:00 PM ..... U2053A**

**Sat, Jul 11 9:00-10:00 AM ..... U2153A**

**Touché! Intro to Fencing**

(ages 6-17)

Swordsmanship with sportsmanship. Experience the excitement and fun of fencing without club fees or equipment costs. Professional fencing instructors will develop skills including strength, balance and coordination. All equipment will be provided. Space is very limited to ensure technique feedback in this unique Olympic sport.

**Eight 1-Hr Sessions \$249.00 Per Person**

Fort Monmouth Rec Ctr Prog Rm C (120)

(ages 6-11)

**Fri, Jul 10-Aug 28 5:00-6:00 PM..... XRW53A**

(ages 12-17)

**Fri, Jul 10-Aug 28 6:15-7:15 PM..... XRX53A**

## 2015 Craft Quest Go Green! Edition

Fort Monmouth Recreation Center, Tinton Falls

Let's go green and teach kids the idea of repurposing discarded materials into craft supplies. Each month will be a different craft using recycled items such as cardboard tubes, tissue boxes and bottle caps. Upon pre-registration or dropping in, you will receive a secret code to access the box to collect your craft kit and passport.

Once your project is complete, email a picture of it to Rachel.Cohen@co.monmouth.nj.us and you'll receive a sticker to place in your passport. Collect 12 stickers to receive a Park System drawstring pouch and a certificate of achievement.

**June: T-Shirts**

**July: Egg Cartons**

**August: Laundry Detergent Lids**

Cost: \$10.00 Per Family  
(cash or check only on site)

For more information, contact Rachel Cohen at 732-524-1642, ext. 29.

## Summer Birthday Parties at the Rec Center!

Beat the heat, wind, rain...you name it. Our air conditioned facility is a perfect solution to your summer weather worries. Weekend parties are available on Saturdays from June 14-August 23. All parties consist of one hour of activity time followed by 30 minutes of refreshment time (food and paper goods supplied by birthday parents.)

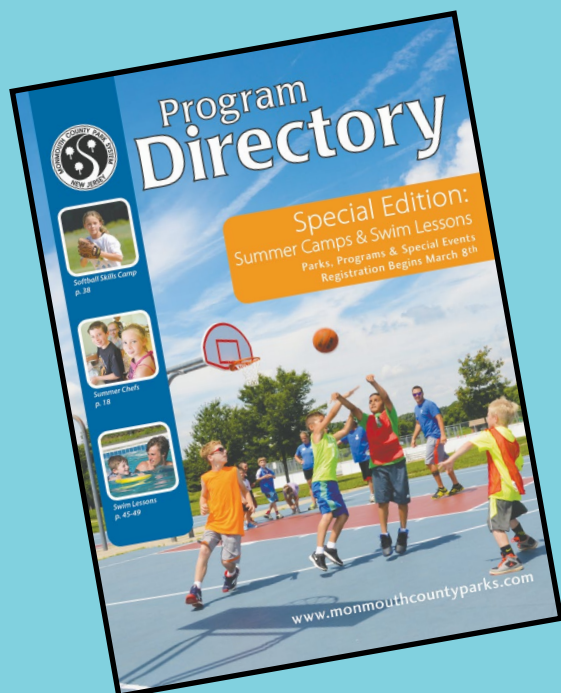
Choose from one of the following:

- **Jammin' in the Gym** - Your choice of sports activities or games and relays. Maximum: 25 children.
- **Dance Party** - Learn all the popular party dances, play musical games and dance till you drop! Maximum: 20 children.
- **Jedi Academy** - Channel the force as you train with a light saber then battle the evil empire to save the republic. Maximum: 20 children.

Fee for each party: \$150

For more information, please call  
848-456-4278, ext. 1#, or email:  
jtroi@monmouthcountyparks.com

## SUMMER CAMP WITH US!



Check out these Summer Camps  
offered this summer at the  
Fort Monmouth Recreation Center:

Bricks 4 Kidz  
Engineering for Kids Camp  
Hunger Games Camp  
IncrediFlix Camp  
Mad Science Summer Camp  
Summertime Fun at the Fort

### Summer Camp Open House

(all ages, under 18 with adult)

Saturday, June 6, 12:00-4:00 PM

Fort Monmouth Recreation Center, Tinton Falls

Whether your child is already registered or you're still looking for options, bring them with you to the Rec Center for a taste of our summer camp.

- Meet the Counselors & Camp Directors
- Create crafts
- Sing Karaoke
- Join games in our gym
- Register your child on the spot
- Pool open from 1:00-3:00 PM
- Tour the facility, including our 144,000 gallon swimming pool!

**We want to see YOU at CAMP!**

For more information, please call 848-456-4278, ext. 4#.

Pre-registration is required for most of the programs listed in this brochure.

Call 732-842-4000, ext. 1, or visit [www.monmouthcountyparks.com](http://www.monmouthcountyparks.com).