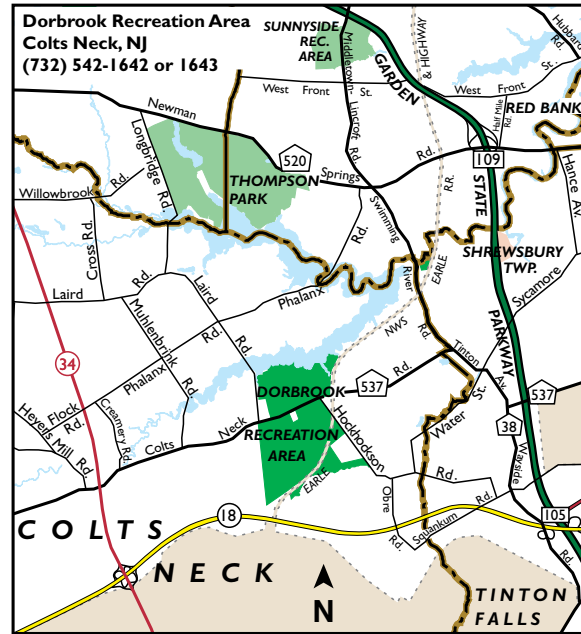


## Park Hours

Dorbrook Recreation Area is open every day of the year from 7am to dusk.

## For More Information

For more information on the Monmouth County Park System and its 40 parks, historic sites, recreation areas and golf courses, please call (732) 842-4000, ext. 4312 Mon.-Fri. 8am-4:30pm and Sat.-Sun.-Holidays 10am-4pm, or visit online.



From the Garden State Parkway, Exit 109: Southbound, turn right onto Rt. 520 (Newman Springs Rd.). Northbound, turn left onto Rt. 520 (Newman Springs Rd.). Travel 1.5 miles on Rt. 520 turn left onto Swimming River Rd., then right onto Rt. 537 West, follow to Dorbrook main entrance on right.

From Hwy 34: Southbound, turn left onto Rt. 537 East, Northbound, turn right onto Rt. 537 East, follow to Dorbrook main entrance on left.

From Hwy 18, Exit 19: Take Rt. 34 North. Turn right onto Rt. 537 East, follow to Dorbrook main entrance on left.



Monmouth County  
Board of Chosen Freeholders  
Board of Recreation Commissioners



G13092-4/13

## Monmouth County Park System

# Dorbrook Recreation Area

Colts Neck, NJ



[www.monmouthcountyparks.com](http://www.monmouthcountyparks.com)

## Welcome to Dorbrook Recreation Area

*Dorbrook was developed with active recreation in mind. From cooking classes to soccer camps, the Park System offers a wide variety of programs and activities at this 535-acre site. Attractions include an accessible 2.5 mile paved trail; Challenger Place, New Jersey's first, barrier-free playground; and the Sprayground, a water playground open during the warm weather months.*



*Characterized by rolling, open fields and a rural atmosphere, Dorbrook falls within the Navesink Area Watershed and fronts the Swimming River Reservoir, helping to preserve a clean water source for the county.*

## Activity Center, Program Building and Visitor Center

(732) 460-1167 Activity Center

(732) 542-1642 Program Building & VC

The homes of former owners provide space for many of the indoor activities held at Dorbrook. From Tai Chi classes to play groups and crafts, there are programs available for people of all ages and abilities. There's even a specially designed instructional kitchen for cooking classes.

## Program Directory

This booklet contains a complete listing of more than 5,000 classes, programs and events offered by the Monmouth County Park System each year. It is published seasonally, with an extra issue each year just for summer camps. Visit [www.monmouthcountyparks.com](http://www.monmouthcountyparks.com); pick up a copy in the parks (while supplies last); or have a copy mailed to your home, free of charge. Call (732) 842-4000, ext. 4312.



## Athletic Fields

(732) 542-1642

Athletic fields are available by reservation for soccer, field hockey, flag football, women's lacrosse and softball. Only official games allowed (no practices). Please call for more information and fees.

## Athletic Courts: Tennis & Basketball

(732) 542-1642

Athletic courts are available on a first-come, first-served basis when not reserved or in use for park programs. Play singles or doubles matches on the tennis courts or take lessons offered spring through fall. Attention, hoop-shooters! Round up some friends and practice your skills on the basketball courts; classes are also available.

## Group Picnic Shelters

(732) 842-4000, ext. 1

Dorbrook has 2 reservable Group Picnic Shelters for large groups, up to 50 people. Portable grills are available.

## In-Line Skating Rink

(732) 542-1642

This rink is available for rental and league use. It is also open for walk-on play when not reserved or in use. Participants are required to wear the proper safety gear while skating. Please call for more information.

## Programs for Everyone

[www.monmouthcountyparks.com](http://www.monmouthcountyparks.com)

(732) 842-4000, ext. 1

A wide variety of recreational programs and camps are offered at Dorbrook year-round: parent/child classes like Morning Song, cooking, dance, fitness, swim and sports clinics.



Recreation programs and inclusion coaching are also available for individuals with disabilities. Please call the Therapeutic Recreation Division at (732) 460-1167 for more information.

## More Important Information

Fishing, swimming and boating are prohibited in the Swimming River Reservoir.

To avoid contact with the tick that carries Lyme Disease, stay away from tall grass and shrubby areas; wear long, light-colored pants tucked into your socks; and check yourself frequently for ticks.

Bicyclists, in-line skaters and skateboarders under age 17 are required to wear a helmet.

## Protect Your Parks

The Park System preserves and manages natural and cultural resources on more than 15,000 acres of land in Monmouth County. Protecting water quality, eliminating invasive plant species, and promoting healthy wildlife habitats are just a few objectives. Please help protect the park by leaving flowers, plants, animals, and other features as you found them; adhering to posted park rules; using designated containers for trash, recyclables and pet waste; and keeping your pets leashed. Alcoholic beverages are not permitted.

## Playground & Sprayground

(732) 542-1642

Challenger Place is a universally accessible playground for children of all abilities. It has elevated surfaces and wider entry areas for children in wheelchairs to access the equipment. The Sprayground is a zero-depth playground with water features—a great place to cool off and splash around, free of charge, from May to September, 7 days a week (weather-permitting). Children under 12 must be accompanied by an adult.



**Large group gatherings/outings are not permitted in this park without a reservation.**

## Trail Standards

- **Easy:** shorter, well-maintained trails for casual walking
- **Moderate:** longer trails with some grades/obstructions for hiking, equestrians and all-terrain bicycles; may be suitable for some walkers and runners
- ◆ **Challenging:** long, more primitive trails with steep grades/obstructions for hardy experienced hikers, equestrians, and all-terrain cyclists (none at this park)

## Trail Accessibility Standards (TAS)

The following trail slope or flatness standards meet the NJ Barrier Free provisions of the Uniform Construction Code.

- ♿ **Challenge Level 1:** Maximum running slope (front to back) is just over 6% (1:16) with level rest areas every 200 ft. where slope is greater than 5% (1:20).

Max. cross slope (side to side) is just over 3% (1:30).

## Dorbrook Recreation Area

209 County Route 537, Colts Neck, NJ 07722

Visitor Center (732) 542-1642

Ranger Station (732) 542-1643

[www.monmouthcountyparks.com](http://www.monmouthcountyparks.com)



## Trail Key

- **West Loop:** This EASY 1.1 mile (1.7 km) paved loop trail travels through the woods along the reservoir.
- ♿ Park at Playground or Courtside lot. Note: About 0.1 mile (0.14 km) exceeds TAS for cross slope.
- **East Loop:** This EASY 1.3 mile (2.1 km) paved loop trail travels around farmed fields to the athletic facilities. Park at Courtside lot.
- ♿ **Mini Loop:** This EASY 0.4 mile (0.6 km) paved loop travels around the athletic facilities. Park at Courtside lot.
- **Unpaved spur:** This 1/4 mile unpaved trail spur travels from the East Loop along the reservoir shoreline.