

Monmouth County Park System

Presents



Natural Horsemanship
Clinic

with Bekah Koutsos
Parelli 2 Star Professional

June 28-July 2, 2011

Sunnyside Equestrian Center
Middletown, New Jersey

“The Parelli Method of horse training teaches expertise and success with horses based on the way horses relate and communicate in their natural world - hence the term “natural horsemanship”. The natural approach to horse training is effective with all horse breeds, all disciplines and all styles of riding including Western, dressage, jumping, cross country, drag hunting, polo, racing, or simply happy hacking.”

~ Parelli

Demonstrations - Group Classes
Private Lessons

Auditors Welcome!



Photos by Maria Werzman & Lydia Mayer

Parelli Natural Horsemanship Demonstration by Bekah Koutsos

Do you want to learn how to speak Horse and gain an understanding of life through a horse's eyes? Have you heard about Parelli Natural Horsemanship and wondered what it's all about or want to get started but don't know how? Then don't miss this opportunity!

Witness how the use of body language can create a two-way communication between horse and human as Bekah and her equine partner Genesis demonstrate the Parelli Seven Games, explain the prey/predator relationship and more!

See how this communication and understanding of the horse's learning process is the foundation of trust and understanding for a long-lasting relationship. Learn how to be more provocative for your horse, and how to lay the ultimate foundational training for your horse, so that you can be successful at whatever your goals may be!

After each demonstration, Bekah will be available to answer questions, meet everyone and talk about your horsemanship needs/goals.

Amazed by what you see? Learn more by attending the Horseless Horsemanship Workshops. Want to get started with YOUR horse? Sign up for the Introduction to Level 1 class.

\$10 per person

Walk-ins Welcome!

Tuesday, June 28th 4:30-5:30 pm

Wednesday, June 29th 4:30-5:30 pm

Thursday, June 30th 8:00-9:00 am

Saturday, July 2nd 8:00-9:00 am & 1:00-2:00 pm



Meet Bekah Koutsos

2 Star Licensed Parelli Professional



Horses have always been Bekah's passion. She has known from a very young age that she wanted to help people using horses as the catalyst. For over 23 years, Bekah has been investing in her horsemanship journey...taking riding lessons, attending horse camps, working at numerous barns and under many equine professionals. Knowing that she wanted to pursue a career in horses, Bekah set out to learn all she could. While in college she volunteered for all the specialty programs that were offered within her major. One of these programs took her to England to attend

the Talland School of Equitation where she studied Classical Dressage, Equitation and Eventing from several Olympic and internationally competitive riders. At the completion of this program, she was certified by the BHS (British Horse Society) as an instructor. She also attended a course at the High Hopes Therapeutic Riding Center in Old Lyme, CT and received her NARHA (North America Riding for the Handicapped Association) Certification as a Therapeutic riding instructor. Bekah received her bachelor's degree in Equine Business Management with concentrations in teaching, training and therapeutic riding. After college, Bekah became certified through ARIA (American Riding Instructor's Association) in Level 1 Hunt Seat.

With her heart for horses, people and continual learning, the Parelli Program was a completely natural progression! In 2005, Bekah began her Parelli journey, originally thinking it was exactly what she needed to help many of her rescued and "problem" horses. Little did she know it would impact her relationship with ALL of her horses and students! She quickly rose through Level 3 with her "main squeeze" Genesis whom she continues to

develop through level 4. Her dream of becoming a Parelli Professional emerged.

In January 2009, Bekah attended an 8-week module at the Parelli Center. She was thrilled when she was asked to participate in the Extern Program! After completing a 12 week Externship at the Parelli University, Bekah was awarded the honor of being a 1 Star Parelli Professional! Then in January of 2010, Bekah received her 2nd Star while attending a one week follow up instructor course.

At her facility in South Carolina, Dark Horse Equestrian Centre, Bekah offers private and semi-private lessons as well as weekly play groups, clinics and boarding. Bekah also travels throughout the southeast and midwest teaching. She brings her passion for horses, for assisting her students on their journey through Parelli Natural Horsemanship and the focus of never-ending self improvement with her in her lessons, clinics and workshops. Her goal is to help her students to be the best that they can be for their horse and to help them achieve their individual goals.

Bekah enjoys Endurance, Dressage, Eventing, Show Jumping, working cows, driving and equipping young horses with the foundation that they need for success in any discipline. She has over 12 years experience training, teaching, starting horses and working with problem horses. With such a wide variety in her background and hundreds of horses handled, she has a lot to offer her students.





Natural Horsemanship Clinic Schedule and Course Descriptions

Horse-less Horsemanship Workshops

Would you love to understand how to speak the language of horses, but don't own a horse? Are you are unable to bring your horse to participate or are not sure if Parelli is the program for you? This is the class for you! Using simulations and games Bekah Koutsos will help you understand the way our horses communicate with their friends in the herd naturally. Get familiar with the tools and games used to communicate and develop a language with our equine friends. Class size is limited to maximize hands-on time. Auditors are welcome at all classes for a fee of \$25. Pre-registration to audit is not required.

Communicating with Savvy - People often say that horses can "smell fear." The truth is it has way more to do with their perception of the human's body language than with their nose! Gain a deeper awareness of your body language and how it communicates with your horse. Learn how to bring your life (energy) up and down, how to use rhythm and patterns to communicate with your horse, and how to savvy horses!

Tuesday, June 28th 5:30-6:30 pm..... \$35.00
Wednesday, June 29th 5:45-6:45 pm..... \$35.00

Savvy Seat - Fluidity in riding is learning how to equally "flow-with-the-go & go-with-the-flow"! Learn how to unlock the mystery of staying relaxed on a moving animal. Dramatically improve your seat, balance and confidence so you can stop relying on your reins for balance and learn how to have a truly "independent seat." Through simulations, learn how to follow the movement of the horse, "unlock" stiff places, and relax and engage muscles as you need them. Then learn how to isolate, separate and recombine common riding maneuvers to help you execute them better the next time you ride.

Tuesday, June 28th 6:45-7:45 pm..... \$35.00
Wednesday, June 29th 7:00-8:00 pm..... \$35.00

Private Lessons

Have a specific issue with your horse? Not sure what you need to do next? Need an evaluation of you and/or your horse? Get the one-on-one attention that will fast track your progress! Private lessons are a great way to get your specific questions answered and walk away with a wealth of new skills to improve on. Lessons can focus on non-mounted or mounted activities at any level. For the comfort of the participant, no auditors please. *Discounts are available to all Savvy Club members with proof of membership.*

Days and times vary. Please see registration sheet \$80.00

Safe and Savvy Trail Riding

Saturday, July 2nd 2:00-5:00 pm \$115.00

Trail riding can be the most relaxing and enjoyable time spent with your horse, but it can also be frustrating and frightening if you or your horse are unconfident on the trail. Jigging, spooking, and bolting are many of the problems a lot of riders face when taking their horse into unfamiliar territory. Join us for this trail riding class and set you and your horse up for success! Start on the ground in the arena and learn the prior and proper preparation to determine when you and your horse are ready to hit the trails, build confidence for you and your horse, and gain natural trail safety and savvy tips to make your experience fun and exciting. Then, with your new skills you'll go on a trail ride (or trail walk if you don't feel confident in the saddle) and practice your new skills. Don't miss this opportunity to go on a trail ride with a Par-elli™ Instructor! *Approximately half the time will be spent with ground skills and half on riding skills. Each participant will only move on to riding if both the horse and rider are ready.*

What we will cover in On Line sessions:

Pre-ride check: Learn how to tell if your horse is ready to ride and what to do if he is not

- Saddling and Mounting: Learn to saddle and mount the savvy way
- Reading Horses' personalities and strategies for each one
- Communication Basic Equine Psychology:
Learn why horses do what they do and why force, fear and intimidation do not work
- Understanding Thresholds
- Problem Solving
- On Line Transitions

Riding sessions will cover:

- Three Rein Positions: Learn how the three rein positions set you up for success, and one rein riding
- Lateral Flexion: Why this is important for horses
- How to ask your horse to go and stop and relax
- Emergency Dismount: Learn to dismount your horse quickly, efficiently, and safely in an emergency situation
- Open and close gates

Prerequisite: All participants should be comfortable walking and trotting their horses in an enclosed area prior to this clinic.

Parelli Equipment Needed: Rope Halter, 12 foot line, saddle, saddle pad, carrot stick, savvy string, natural hackamore or snaffle bridle, bareback pad is optional

Recommended Resources: New Parelli Level 1&2 Pack On Line and Freestyle, Level 1/2 Parelli Patterns: On Line and Freestyle, Success Series #1, 2, 3, 4,7,8.

Trailer Loading De-Mystified!

Saturday, July 2nd 9:00am-12:00 pm..... \$115.00

How many times have we seen this: Someone is trying to load their horse after (or before) a show. The horse won't load, so a crowd starts forming, people bring out brooms, whips, ropes, and all kinds of contraptions, join arms behind the horse to push...the list could go on and on. More often than not, the horse, human, or both, end up with injuries and both have a horrible experience. We often get so frustrated when our horses won't "load right up" into the trailer. Meanwhile, our horses think we're the crazy ones to even ask such a thing! To them it looks like the ultimate death trap...horses know that they taste good, and they also know that bears live in caves...not them! Horses are extremely claustrophobic by nature and the trailer is the ultimate "squeeze." They have to step up onto something, between two walls, and under the roof, with something surrounding all sides. They know that they are trapped, no way out, and if something bad happens, they're done.

Learn how to build confidence in your horse and develop the communication to break down the trailer loading process into manageable steps that your horse will accept and even welcome. Make the trailer the ultimate "sweet spot" and make it an extremely positive experience for your horse!

Prerequisite: Horses must be weaned and accepting of the halter and being led. **Equipment Needed:** Rope Halter, 12-foot line, Carrot Stick and Savvy String

Recommended Resources: New Parelli Level 1&2 Pack On Line, Success Series #1 & #2 (Horsenalities & The Seven Games—The Secret to Teaching Horses Parelli)

Introduction to Level One – Language of Horses 101

Thursday, June 30th 9:00 am-12:00 pm \$115.00

Begin the partnership! Discover how to communicate, gain respect and trust, and the safe, savvy way to do everything with horses! This introduction clinic is On Line (on the ground) and will introduce you to the ABC's of the language of horses as developed by Pat Parelli, the Seven Games of Parelli Natural Horse-Man-Ship, and the theory behind them. This knowledge will help you to understand how horses feel, think, act, and play. Through this understanding you will build a relationship that leads to more fun, safety, and results. You will be able to sensitize your horse to the things you would like for him to be sensitive to and desensitize him to stimulus that doesn't need to mean anything.

What we will cover

- Communication and Basic Equine Psychology:
Learning why horses do what they do and why force, fear and intimidation do not work
- Familiarizing yourself with your tools
- Simulations to help you clearly understand the concepts you are learning
- Personal Space
- Identifying when your horse is acting like a partner
- Seven Games as your communication tool: Learning how to communicate with your horse in THEIR own language
- Opposition Reflex: Learn to tell if fear or dominance is the root of your horse's resistance and what to do about it.
- Emphasis on the primary Games 1, 2 & 3
- Zoneology & Phases
- Developing your use of Body Language to Communicate
- *No Riding*

Prerequisite: Horses must be weaned and accepting of the halter and being led. **Equipment Needed:** Rope Halter, 12-foot line, Carrot Stick and Savvy String

Recommended Resources: New Parelli Level 1&2 Pack On Line, Success Series #1 & #2 (Horsenalties & The Seven Games—The Secret to Teaching Horses Parelli)

Advanced Level One **– Partnership & Patterns**

Friday, July 1st 12:00-3:00 pm \$115.00

Horses have survived for centuries using Opposition Reflex or reading a predator's intention and doing the opposite. When you realize that Opposition Reflex is the reason you get frustrated, disillusioned, and get mediocre results with your horses, you'll move into a whole new level of understanding about what you need to learn to make incomparable progress, and it doesn't matter what riding experience level you're at now. Improve the quality of your Seven Games, and learn to put them to a purpose, using obstacles continue to develop a calmer, braver horse. The focus of this clinic will be developing a strong lasting partnership with your horse on the ground; therefore, no prerequisite riding skills are required.

What we will cover:

- Simulations to help you clearly understand the concepts at this level
- Understanding Equine/Prey animal Psychology
- Understanding the Prey/Predator Relationship
- Put the Seven Games to use by playing with the Level 1 Patterns
- Emphasis on purpose Games 4, 5, 6 & 7
- Horsenalities as they apply to On Line Patterns
- Ingredients of trailer loading
- Seven keys to success
- Preparations for riding: How playing on the ground leads to a successful ride!
- In depth look at CONFIDENCE building for YOU and your horse!
- *No Riding*

Prerequisite: Horses must be weaned and accepting of the halter and being led. **Parelli Equipment Needed:** Rope Halter, 12-foot Line, Carrot Stick, and Savvy String,

Recommended Resource: New Parelli Level 1&2 Pack On Line, Level 1/2 Parelli Patterns: On Line, Success Series #1 & #2 (Horsenalities & The Seven Games—The Secret to Teaching Horses Parelli)is recommended before attending the clinic and will help accelerate your learning experience!

Level 1/2 Freestyle

Thursday, June 30th 12:30-3:30 pm..... \$115.00

This is where you will learn to have fun, play games and really enjoy your horse! You will move from being safe to having more fun by developing positive reflexes in your horse's responses, and increasing emotional fitness for the horse and human on the ground and in the saddle. Using obstacles and puzzle solving learn how to be effective and fair and read what your horse is trying to tell you so you can take the Seven Games to Level 2 proficiency. Learn how to safely read and prepare your horse for saddling, mounting and riding. Approximately half the time will be spent with ground skills and the other with riding skills. The riding portion will be walk/trot and focusing on safety and foundational communication. Each participant will only move on to riding if both horse and rider are ready.

What we'll cover:

- Reading Horses' intentions, and strategies for each one
- Understanding thresholds
- Get your horse in the mood to be your partner
- Play on a 22-foot line and continue to establish your Patterns from greater distances
- Emotional fitness: learn how to be firm and fair without getting mean or mad
- Maintain your confidence as you move into riding by honoring your thresholds
- Identifying when your horse has given you permission to get on and ride
- Saddling with Savvy
- Phases for turning
- Freestyle patterns (Follow the rail, Figure 8, Weave) test if your horse is maintaining his responsibilities
- Basic Fluidity

Prerequisite: Level 1 Clinic highly is recommended OR self assessment of On Line Level 1. All participants should be comfortable walking and trotting their horses in an enclosed area prior to this clinic. Horse must be started under saddle and able to walk, trot, and stop.

Parelli Equipment Needed: Rope halter, 22-foot Line, Carrot Stick and Savvy String, saddle pad, shims (if you have them), saddle and hackamore or bridle for riding.

Recommended Resource: New Parelli Level 1&2 Pack On Line and freestyle, Level 1/2 Parelli Patterns: On Line and Freestyle, Success Series (Horsenalities, Seven Games, Safe Ride, and Natural Rider) is recommended before attending the clinic and will help accelerate your learning experience!

Level 2/3 On Line and Freestyle

Tuesday, June 28th 9:00-12:00 pm \$115.00

Refine your skills, take control of your predator tendencies and strengthen the rapport with your horse! Gain a deeper connection with your horse in the saddle to improve responsiveness, understand and improve fluidity, and balance impulsion. Find out how little it take to communicate with your horse doing it in your body first then with a carrot stick and/or savvy string. Work on transitions, leads, straightness, and lightness.

Prerequisite: This class is for students with Level 2 + On Line and riding skills. All participants should be comfortable walking, trotting and cantering their horses in an enclosed area prior to this clinic. Previous Level 1 or Level 2 clinics are recommended, but a thorough understanding of the basic concepts and skills as presented in the home study pack is expected.

Parelli Equipment: halter, 12, 22, 45-foot Lines, Carrot Stick™, Savvy String, saddle, shims (if you have them), saddle pad, bridle for riding (Confidence or Cradle with Finesse Reins preferred)

Recommended Resources: New Parelli™ Level 1/2, & 3 Pack On Line and Freestyle, Level 1/2 & 3 Parelli™ Patterns: On Line and Freestyle, and Full Success Series is recommended before attending the clinic and will help accelerate your learning experience!

Beginning Level 3 **- Excellence & High Level Communication**

Wednesday, June 29th 9:00am-12:00 pm..... \$115.00

Move from Level 2 into Level 3/Level 4 On Line tasks. Can you: EXTREME friendly, lead by tail, ear, leg, etc, stick to me, improve circling consistency at different lengths and speeds, walk/trot/canter transitions, sideways toward you, over pole, barrel, etc, squeeze under tarp...and more! Prepare for liberty. Play with your 22 or 45 line. This class is for students that are at the end of Level 2 and in to Level 3 or higher On Line with the horse they are bringing. Challenge yourself...you may be farther along than you think!!

Prerequisite: This class is for students who are studying in Level 3 and are self-assessed to Level 3 On Line and Official or Self-Assessed Level 2 Graduate. All participants should be comfortable walking, trotting and cantering their horses in an enclosed area prior to this clinic. Previous Level 1 or Level 2 clinics are recommended, but a thorough understanding of the basic concepts and skills as presented in the home study pack is expected.

Parelli Equipment: Halter, 12, 22, 45-foot Lines, Carrot Stick, Savvy String, plastic bag, saddle, shims, saddle pad, bridle for riding (Confidence or Cradle with Finesse Reins preferred)

Recommended Resources: New Parelli Level 1/2, & 3 Pack On Line and Freestyle, Level 1/2 & 3 Parelli Patterns: On Line and Freestyle, and Full Success Series is recommended before attending the clinic and will help accelerate your learning experience!

Program Information

- **All programs will be held at Sunnyside Equestrian Center**
628 Middletown-Lincroft Road, Middletown, NJ
- Advanced registration is required to participate in all classes. Classes will be filled on a first-come, first-served basis. If the program you wish to attend is full, you will be placed on a waiting list and you will not be charged.
- **All riders must wear an ASTM/SEI certified helmet at all times when mounted.**
- All participants must sign a release form in order to participate in any class.
- All individuals attending a program with a horse must provide a copy of the horse's current Coggins with the registration forms. *No stallions are permitted.*
- Auditors are welcome at all group classes and workshops for a fee of \$25 for each class audited. Advanced registration is not required to audit. *For the comfort of the participant no auditors are permitted during private lessons.*
- Return your registration form, release form, proof of coggins (if applicable), and payment to our mailing address:

**Liz Haenchen
Sunnyside Equestrian Center
805 Newman Springs Road
Lincroft, NJ 07738**

Registration packets without the required paperwork will not be accepted.

- Please plan to arrive well before the start of your class(s). All classes will start promptly. Late arrivals may join a group class if it does not cause undue interruption. Late arrival to a private lesson will result in a loss of time.
- The barn and arena are not climate controlled. Please dress comfortably for the weather. Layers are recommended.

- A limited amount of equipment is available to borrow should you need it. Please indicate on the payment form which equipment you might need. *Equipment will be lent out on a first-come, first-served basis on the day of the class.*
- All reference materials noted in the course description are available to purchase at the Parelli website. www.parellinaturalhorsetraining.com
- If you are a Savvy Club member please provide your membership number when registering. If you are not a member and would like to join, Bekah will be providing the opportunities to sign up throughout the week or you can sign up in advance using the Parelli Savvy Club website.
www.parellisavvyclub.com
- If you have any questions, please call 732-224-1367.



Monmouth County
Board of Chosen Freeholders
Board of Recreation Commissioners
805 Newman Springs Road
Lincroft, NJ 07738

Price List and Signup Sheet

Parelli Natural Horsemanship Demonstrations

| | | |
|---|-----------------|-------|
| Demonstrations | \$10 per person | |
| Tuesday 6/28 4:30-5:30 pm | V1113A | _____ |
| Wednesday, June 29 th 4:30-5:30 pm | V1913A | _____ |
| Thursday 6/30 8:00-9:00 am | V1213A | _____ |
| Saturday 7/2 8:00-9:00 am | V1313A | _____ |
| 1:00-2:00 pm..... | V1413A | _____ |

Demonstration Total _____

Horse-less Horsemanship Workshops

| | |
|-------------------|-----------------------|
| Participate | \$35 per person group |
| Audit | \$25 per person |

Communicating with Savvy

| | |
|--|--------------|
| Tuesday, June 28 th 5:30-6:30 | |
| Participate | V1613A _____ |
| Audit | V1613B _____ |

| | |
|--|--------------|
| Wednesday, June 29 th 5:45-6:45 | |
| Participate | V1513A _____ |
| Audit | V1513B _____ |

Savvy Seat

| | |
|--|--------------|
| Tuesday, June 28 th 6:45-7:45 | |
| Participate | V1713A _____ |
| Audit | V1713B _____ |

| | |
|--|--------------|
| Wednesday, June 29 th 7:00-8:00 | |
| Participate | V1813A _____ |
| Audit | V1813B _____ |

Horseless Horsemanship Workshop Total _____

Group Sessions

| | |
|-------------------|-----------------|
| Participate | \$115 per group |
| Audit | \$25 per person |

| | |
|---|--------------|
| Trailer Loading - Saturday 7/2 9:00-12:00 | |
| Participate | V2413A _____ |
| Audit | V2413B _____ |

| | |
|--|--------------|
| Safe Trail Riding - Saturday 7/2 2:00-5:00 | |
| Participate | V2913A _____ |
| Audit | V2913B _____ |

Introduction to Level 1 - Thursday 6/30 9:00-12:00

| | |
|-------------------|--------------|
| Participate | V2313A _____ |
| Audit | V2313B _____ |

Advanced Level 1 - Friday 12:00-3:00

| | |
|-------------------|--------------|
| Participate | V2513A _____ |
| Audit | V2513B _____ |

Level 1/2 Freestyle - Thursday 6/30 12:30-3:30

| | |
|-------------------|--------------|
| Participate | V2613A _____ |
| Audit | V2613B _____ |

Level 2/3 - Tuesday 6/28 9:00-12:00

| | |
|-------------------|--------------|
| Participate | V2813A _____ |
| Audit | V2813B _____ |

Level 3+ - Wednesday 6/29 9:00-12:00

| | |
|-------------------|--------------|
| Participate | V2713A _____ |
| Audit | V2713B _____ |

Group Session Total _____

Private Lessons \$80 per hour

Savvy Club Members Only:

\$75 per lesson or a block of 4 lessons for \$65 each

| | |
|---------------------|--------------|
| Tuesday 6/28 | |
| 12:30 - 1:30pm..... | V3913A _____ |
| 1:30 - 2:30 pm..... | V4013A _____ |
| 2:30 - 3:30 pm..... | V4113A _____ |

Wednesday 6/29

| | |
|---------------------|--------------|
| 1:00 - 2:00 pm..... | V4213A _____ |
| 2:00 - 3:00 pm..... | V4313A _____ |

Friday 7/1

| | |
|-----------------------|--------------|
| 9:00 - 10:00am..... | V3313A _____ |
| 10:00 - 11:00 am..... | V3413A _____ |
| 11:00 - 12:00 am..... | V3513A _____ |
| 3:30 - 4:30 pm..... | V3613A _____ |

Private Lesson Total _____

Total for all programs _____

Payment Form

Participant Name: _____

Savvy Club number (if applicable): _____

Address: _____

City: _____ State ____ Zip _____

Phone Number Day: _____ Eve: _____

Horse's Name (if applicable): _____

(A copy of a current Coggins must be attached)

I would like to borrow the following equipment for my class(es):

| | |
|--|--------------------|
| _____ Horseman's Halter (rope halter) | _____ 12 foot line |
| | _____ 22 foot line |
| _____ Carrot Stick and Savvy string | _____ 45 foot line |

To pay by check:

Please make checks payable to: **Board of Recreation Commissioners**

To pay by credit card:

1. Please circle one: Visa MasterCard
2. Credit Card Number: _____
3. CVV _____
(This is the 3 digit security code on the back of your card)
4. Expiration Date: _____
5. Amount: _____

I have included the following:

Registration Form ____ Payment Form and Payment ____ Release Form ____
Coggins (copy) ____

Return all forms to:
Liz Haenchen
Sunnyside Equestrian Center
805 Newman Spring Road
Lincroft, NJ 07738

PROGRAM NUMBER _____

MONMOUTH COUNTY PARK SYSTEM
RELEASE FORM



PARTICIPANT NAME _____
(Please print)

I have enrolled myself or my child/dependent in a program sponsored by the Monmouth County Board of Recreation Commissioners (Board) and in connection with the enrollment, I certify that:

1. I have read the synopsis of the program and I hereby accept and assume all of the risks of my or my child's/dependent's participation in the program.
2. To the best of my knowledge, my child/dependent or I are physically able to participate in the program and I know of no physical condition and/or disability, which would prevent my or his/her participation in the program.
3. My child/dependent or I will abide by the decisions of the program leader with regard to all aspects of the activities within the program.
4. To the best of my knowledge, my child/dependent or I have all of the necessary qualifications to perform all activities in the program.
5. I hereby agree to hold harmless and release the Board, its employees, agents, and the County of Monmouth from all claims that I or my child/dependent may have including the institution of a lawsuit against the County of Monmouth, County Board of Recreation Commissioners, its agents, officers or employees for injuries or losses sustained by me or my child/dependent as the result of my or my child/dependent participation in the program.
6. I give permission for the use, without fee, of my or my child's/dependent's name and picture in any broadcast, telecast, or print media account of this program for promotional and publicity purposes.
7. ON OCCASION, MEDICAL EMERGENCIES MAY ARISE WHICH REQUIRE THE MEDICAL SERVICES OF ATTENDING PHYSICIANS, OTHER MEDICAL SERVICES, AND/OR HOSPITAL SERVICES WITHOUT RECEIVING THE PATIENT'S CONSENT. THEREFORE, IN THE EVENT OF NEED FOR EMERGENCY MEDICAL SERVICE, I AUTHORIZE AND CONSENT TO SAID SERVICES BEING PROVIDED TO MYSELF OR MY CHILD/DEPENDENT.

I hereby certify that I am the parent/guardian of _____
and that the aforementioned statements made by me are true and the foregoing statements made by me are not willfully false.

Parent/Guardian (signature)

Dated

Parent/Guardian (print name)